

# Totley Independent

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No. 418



*Totley Show President Les Firth presents Sue Bridgens with the Cup for 'Best in Show 2022'*

## Slow Progress at the Station

*Chris Morgan, Chair of Friends of Dore and Totley Station, writes:* In the last issue it was assumed that planned work over five July weekends would be completed before the *Independent* was published. It wasn't to be. The existing track was relaid through the single platform and a slight improvement made to the gap between the platform and trains at the north end. There's no sign of the new second track through the station. Substantial work was done to remodel Dore Station Junction alongside the Industrial Hamlet but it won't be completed for some time.

The phase of work that's just started is excavation and soil nailing (drilling) near to the flats at West View Lane to prepare the ground in advance of installing a new extended third track. That will run below Poynton Wood from there to Dore Tunnel and the line go-

ing south allowing long freight trains to wait between the Hope Valley and Midland Main lines. This work should have started in May. It will continue until late January, mostly during the working day.

We understood work on the new station footbridge would be starting soon but there's no news on that as yet, or the second platform.

Unfortunately it can take over 6 months to get a planned possession of the tracks with no trains running. The whole plan of project work is having to be rescheduled so the project's likely completion date is slipping back, possibly into mid-2024. That hasn't been publicly confirmed as yet but we've heard engineers are having their contracts extended by 6 months.

*(FODATS news continues on p.5)*

### UKRAINE HUMANITARIAN APPEAL

Apart from donating food, blankets and other essentials through local churches and other organisations, you can help by sending money to the Disasters Emergency Committee at any Post Office, or online at [DEC.org.uk](https://www.dec.org.uk)



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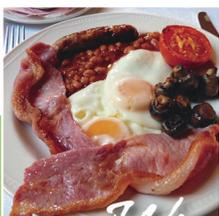
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## All Saints Church

### Remembering Queen Elizabeth

Dear friends, as I write this we are just days after her late Majesty's death. It was an honour and privilege to join those at the Topley Show where we remembered and honoured her Majesty with a minute's silence and a round of applause. I thought it appropriate to share with you an abridged transcript from the sermon at Her Majesty's Commemoration Service at Church on 11 September.

*John 14:1-6 "Do not let your hearts be troubled. You believe in God; believe also in me. My Father's house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you? And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am. You know the way to the place where I am going." Thomas said to him, "Lord, we don't know where you are going, so how can we know the way?" Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me."*

It's hard to shake the image of the Queen listening to these words with a slight knowing smile on her face. "My Father's house has many rooms" of course there are few people in this country who would know what it is to have quite as many rooms as her Majesty.



At her birth nobody expected Princess Elizabeth to become queen. It wasn't until 1936 when Edward 8th abdicated that Princess Elizabeth became 'heiress presumptive'. Suddenly her father was the King and her life changed - in her father's house...

In 1952 with the death of King George VI suddenly she took on responsibility for those rooms, and with them, the kingdom and Commonwealth too. And she has reigned well, hasn't she?

There is so much that we loved and longed for about the way Queen Elizabeth reigned. Perhaps that's why so many of us

experienced such great sadness at her death. One former prime minister said "I think millions of us are trying to understand why we are feeling this deep and personal and almost familial sense of loss." Why so personal, why so familial?

Was it her sense of service? I was in the primary schools on Friday and realised the Queens contemporaries had retired by the time many of those children's parents were born. Yet her majesty continued serve the daily dispatches, taking on diplomatic missions. Even seeing in a new prime minister hours before her death.

Maybe it was her presence; on the television at Christmas, with cards for those reaching 100th birthday or 60th wedding. There to give honour to particular achievements. There to celebrate opening of olympic games with James Bond, or join Paddington for afternoon tea.

So familiar and yet also seemingly transcendent - Joe Biden said "In a world of constant change, she was a steadying presence and a source of comfort"

Her Majesty almost felt as if she was embodying something more, something our hearts long for and desire. An idea, a concept, a surpassing reality. Ironically this is best summed up in the words of French president Emmanuel Macron "above the fluctuations and upheaval of politics, she represented a sense of eternity."

And perhaps that was exactly what she meant to do.

Do you remember that signature on the Jubilee letter - "your servant Elizabeth"? A remarkable thing for a queen to say. Remarkable but not original, for the man who said the words of our reading also referred to himself saying "the son of man came, not to be served but to serve"

The Queen modelled herself on her king. As she said in 2000 "For me the teachings of Christ and my own personal accountability before God provide a framework in which I try to lead my life "

Her Majesty's humility and service was second to none, except the one who she emulated and pointed to. One who gave not just a length of his days but his very life for his people.

The prime minister said "The death of Her Majesty The Queen is a huge shock to the nation and to the world." So many statements pick up on that idea of shock.

In one sense this a slightly strange thing to say isn't it? That a 96-year-old would be approaching the end of her life is not a surprising statement and yet on Thursday we were shocked.

Death always comes as a shock. As humans we would expect to be used to endings, used to death - it is our common experience. But death always feels wrong doesn't it? It feels like an unfinished sentence.

And perhaps here is where we need to follow the Queen's pointing finger just once more. In the face of death Jesus said his friends have nothing to fear. They know that the very next day he was going to go to the cross and give up his life. Jesus was not going to remain dead, but would rise again and go his Father in heaven where he would prepare a place for his friends to join him - those 'many rooms'.

In 1952 the Queen inherited many rooms, in 2022 she inherited the room given to her by her king.

Thomas in the reading above asked Jesus how they could follow him to heaven. Where could they find hope in the face of death. Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me."

He's the way, because it's as we trust in Jesus that we are put right with God. He's the truth, because Jesus was God himself, so it's through him that we know God. And he's the life, because when he died and rose again, he paves the way for us to follow him into eternal life.

Her Majesty believed those words. So Christians believe that on Thursday as her Majesty closed her eyes to this life she woke to the one person she called "your majesty" and heard him say 'well done good and faithful servant.'

*Rev'd Ben Tanner, Vicar*



## Update from Olivia Blake MP

I hope everyone in Hallam was able to enjoy the summer, stay safe in the heat and have some time off. I was deeply saddened to hear of the passing of the Queen. I know she was much loved by many across our city, and I have really enjoyed hearing people's memories of her visits to Yorkshire. I joined the tributes in Sheffield and in

Parliament and attended the King's address in Westminster.

I've spent the last couple of months knocking on doors to hear how the cost-of-living crisis and bus cuts are affecting people locally. I want to thank everyone who has been supporting people across our constituency, whether through food banks or community events. If you are struggling to pay your bills or are worried about how you will make ends meet come the autumn, please get in touch with my office and we will do everything we can to support you: [olivia.blake.mp@parliament.uk](mailto:olivia.blake.mp@parliament.uk).

Nationally I am campaigning for an immediate cut to energy bills, paid for by a windfall tax on the huge profits of North Sea oil and gas companies. I am also joining calls from the National Education Union for the introduction of universal free school meals. Our country is facing a cost-of-living scandal and the Government needs to take urgent action to ensure no child in our city goes hungry at school.

Over the summer I visited Regather Cooperative, a worker-owned, sustainable food co-op in Sheffield (see photo below). It was great to hear about the projects they are running and visit their farm in North East Derbyshire. Huge thanks to all those working to deliver sustainable food across our city. In Parliament I called on the Government to do more to support community run food projects like Regather and Foodhall Sheffield, as part of a longer-term strategy to increase local food sovereignty and ensure the Right to Food.



As many of you will know, for the past two years I have been campaigning for better care for people who experience miscarriage and this month the Government finally published its much-awaited Women's Health Strategy. However instead of honouring its commitments to recording miscarriage data and 24/7 care, the strategy offers little in the way of concrete reform. Pushing reform further into the long grass is unacceptable. People right now are being left to suffer in silence, turned away from support. I will continue to work with campaigners, constituents and cross-party MPs to ensure people receive care and advice after every loss, 24/7 support is available to all, and every miscarriage is recorded. I have already met with the Minister to express my concerns with the women's health strategy, and I will be calling for further reform in the up-and-coming Pregnancy Loss Review.

After being invited by a number of people across Hallam, I attended a round-table with the British Medical Association pensions committee to hear about solutions to the NHS pension taxation crisis. It was an insightful event, and I am

hoping to now meet with people in Sheffield Hallam who have been affected by this. Please get in touch if you are interested in attending.

As the RSPB Hen Harrier Species Champion, I joined Chris Packham and Wild Justice at this year's Hen Harrier Festival to celebrate the beautiful Hen Harrier and discuss what we can do to protect it. I will continue to work with campaigners in Sheffield and across the country to defend this important species.

Following the record-breaking heatwave temperatures of the summer, minds have once again been focused on the climate and nature emergency. I have been working hard to hold the new Government to account on the urgent need for climate action. We need rapid investment in real green technologies, but instead the Prime Minister is scrapping the ban on fracking and granting new oil and gas licences. In Parliament I questioned Ministers on the Government's net-zero strategy, and why it fell short of what is needed to meet our legally binding net-zero targets. I am also proud to be supporting the Climate and Ecology Bill in Westminster, which had its second reading in the Lords earlier in the summer.

If you would like to hear more about what I have been getting up to, you can sign up to my monthly newsletter on my website, and as always, please do get in touch if there are issues you would like me to speak about or campaigns I should join.

*Olivia Blake - MP for Sheffield Hallam*  
[oliviablake.org.uk](http://oliviablake.org.uk)  
[olivia.blake.mp@parliament.uk](mailto:olivia.blake.mp@parliament.uk)

## Successful Fund-Raising Event at the Mohul

On the 10th of August the Mohul restaurant on Totley Rise held a special fund-raising evening in support of the victims of the devastating floods in Bangladesh. About 50 Indian restaurants and takeaways in Sheffield, Chesterfield, and Barnsley took part in the event, and around £30,000 was raised. This will be distributed for the benefit of flood victims in Bangladesh by local MPs there.

In the Mohul itself, Fojal Miah estimates that over fifty people enjoyed a Mohul meal that evening! Talking to *Totley Independent*, he said "we would like to thank everyone in the Totley and Dore community who came along and helped, by ordering meals and also through their generous donations, to make this charity night such a success. We hope to see them again soon".

The Mohul is open every night for restaurant meals and takeaways, with a delivery service also available.

## Friendship Lunches

The Friendship Lunches at the Shepley Spitfire (last Friday of the month), Crosspool Tavern (second Monday) and Ball in Crookes (first Tuesday) are proving to be a huge success. The events comprise a delicious two-course lunch and live entertainment. They are all 'dementia friendly' and therefore ideal for those living with dementia and other health conditions, offering invaluable respite for many families/carers.

To book please contact the venues. For further information and/or to discuss hosting/sponsoring a Friendship Lunch, please contact Kathy Markwick, Freelance Community Consultant, 0772 9528844 [kathymarkwick@gmail.com](mailto:kathymarkwick@gmail.com)

We are very grateful to Age UK Sheffield and People Keeping Well for support and to our poster sponsors, Twelve Trees Care, SCCCC, Sheffcare and Norrie Waite & Slater Solicitors.

Unfortunately the Hammer & Pincers Friendship Lunches have been cancelled.

*Kathy Markwick, Freelance Community Consultant*  
07729 528844

## Friends of Dore & Totley Station

### Steam Specials

Apart from a place to catch trains our current single platform is a popular spot for train watchers of all ages, from small children in push-chairs to great-grandparents. When the Rev Awdry first published his *Thomas the Tank Engine* books he couldn't have imagined how much they would still be inspiring train lovers over 70 years later!

When Queen Elizabeth came to the throne back in 1952 young train spotters would wait on the bridge across to Platforms 2, 3 and 4 or gather on the railway triangle, recording engine numbers in their Ian Allan notebooks. Older enthusiasts kept records of journeys, timing the trains and recording where each locomotive may have come from. Time has moved on. Today young enthusiasts take photos and videos to upload to their YouTube channels.

Amazingly some even record carriage numbers! But what really draws a crowd is a train hauled by a steam engine. Advance notice spreads on many grapevines, not least through our own Facebook Group (see below). Photographing, filming or watching trains seems to be therapeutic.

### Industrial relations

Sadly we're entering a potentially long period of industrial strife. A variety of pent-up grievances is emerging, exacerbated by the highest levels of inflation seen for decades. In order to run smoothly the railway industry relies on many legal employers and several unions. Within individual train operating companies (TOCs) some staff doing identical roles may be on different terms, e.g. Northern crews in the North West and the East. It's an absolute nightmare of trip wires across the industry.

We're already experiencing regular knock-on effects following the expiry of a rest day working agreement at Transpennine Express. That has led to few of their trains operating on Sundays and cancellations on other days, often at short notice. Delays in training by all operators due to Covid restrictions mean there are insufficient trained personnel to cover absences when things go wrong.

Our line is very susceptible to disruption due to old manual

signalling. Both Totley Tunnel East and Grindleford signal boxes are to be replaced over the next 18 months but other boxes remain to the west. The mainline is controlled by big signalling centres in York and Derby that can be kept operational more easily.

No doubt all will be resolved but in the meantime it's disappointing that services are being impacted just when people are returning to the railway. As I write, the latest wave of strikes has been suspended during the period of national mourning. It's probably expecting too much to think heads can be knocked together with a new government to ensure that further strikes are avoided.

### Now the mostly good news

From 12th December we'll be getting regular hourly stopping services out of Sheffield starting at about 14 minutes past each hour and stopping at all stations - no more skips. (There'll remain one 90 minute gap in the evening that can't be resolved until the current work is complete.) That means Northern train departures towards Manchester and the Hope Valley will leave Dore at about 21 minutes past each hour. Trains into Sheffield will run at approximately 58 minutes past the hour, every hour.

This means that our current 8.39 for Manchester will be running at 8.21. Our 8.24 into Sheffield moves to 8.58, but the 8.28 should be more punctual.

All TPE services will be running to and from Liverpool. It remains to be seen if the major changes to most services running through and around Manchester will improve overall reliability.

**Why not try a ride on a train?** Quicker into town than a bus or a car. Quicker to Edale too. Prices are reasonable if you pick the right trains and times.

If you're a Facebook user, you can find and join us by searching for FoDaTS. It's a very active group and is updated frequently with topical information and comments.

Alternatively look for our website at [www.fodats.net](http://www.fodats.net)

If you're not on Facebook and would like more information please send an email to our Secretary; [njbarnes@outlook.com](mailto:njbarnes@outlook.com)

*Chris Morgan, Chairman*



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**Contact David Heslop Chairman Tele: 0114 236 5043, or Peter Babb Secretary Tele: 0114 236 0062 to confirm your attendance or contact us any time to suit you.**

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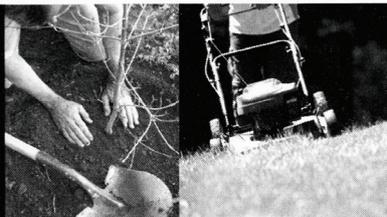
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# What's on at Totley Library



The library has been busier than ever recently which is a delight to see. The Summer Reading Challenge was particularly successful and many new children of all ages registered with the library. We have been successful in a funding application to Sheffield Council Trust who have given us a grant which will go towards the replacement of the heating in the children's library, which should be completed in the next month. Our annual report has been compiled. It is encouraging reading and will be available to view on the website next month. We have a number of new volunteers but we are currently looking for more volunteers to join the gardening team if there are any interested folk who may be able to help!

*Julie Kitlowski, Chair of CRIC Trustees*

## Current Opening Hours

Mondays 1pm - 7pm  
Tuesdays and Wednesdays 10am - 5pm  
Fridays and Saturdays 10am - 1pm

## Community Art Space: Original Art and Prints for Sale

The Community Art Space at Totley Library continues to showcase the works of new and established local artists. If you are looking for an interesting or unique piece of art to enhance your walls, do come and have a look.

New art works by Gina Hodges, Richard Sherlock, Maria Gledden, Ian Geary and Andrew Jeffery (see picture below) are now on display and available for sale.



All art works are exhibited for a period of three months, free of charge, and are available for sale at a price set by the artists. Totley Library takes a small commission on each picture sold to support the ongoing running costs of the library.

The library is looking for local artists who would like to join this exciting community initiative and who would like to exhibit in January 2023. For further information, please call in at Totley Library and take a look at the Art Space or email [carolynjallcroft@gmail.com](mailto:carolynjallcroft@gmail.com).

## Art in the Children's Library

We have an exciting new project, collaborating with King Ecgbert's school Art Dept, to display young people's art work in the Children's library. Come and see the work of our future Monets and Picassos! More information about this initiative will be available soon.

## Totley Library Cinema

Our cinema programme at Totley Library is available for booking in person or by calling 0114 236 3971. Refreshments will be served at all these films. Raffle tickets: £3 per adult and £1.50 per child. Thursday matinee films are free for over-65s.

**Thursday 13 October 3pm - Downton Abbey: A New Era** (PG) The Crawley family goes on a grand journey to the South of France to uncover the mystery of the dowager countess's newly inherited villa.

**Friday 28 October 7pm - Belfast (12)** A young boy and his working-class Belfast family experience the tumultuous late 1960s.

**Sunday 30 October 2pm - Hotel Transylvania 4: Transformania** (PG) After one experiment, Johnny turns into a monster and everyone else becomes human. Now it has to be seen whether they will be able to reverse this experiment.

## Overdue books

Since 1st April 2022, there will be no fines on items that are returned late. Library users are still encouraged to return or renew their library books on time. Lost and damaged items are charged at replacement value.

Please have a look at home for any overdue books and return to the library as soon as possible. This will help ensure all our library users are able to enjoy the newest titles.

You can make a book recommendation online at <http://www.totleycric.org.uk/suggest-a-new-book/> or email us at [book-purchasing@totleycric.org.uk](mailto:book-purchasing@totleycric.org.uk)

## Library Lottery Winners

Unfortunately details of the May and June draw results were omitted from the last issue. Here are the updated details of our lucky winners.

The first-prize winner in the May draw was Simon Gray, and Amanda Hardwick won second prize. In the June draw, first prize was won by David Forster, and second prize was won by Mary Woodhouse.

In the July draw, Ann Butterell won first prize, and John Traynor won second prize. Liz Collins won first prize in the August draw, with second prize being won by Brenda Fryer.

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You may have noticed the new changes to the front of the pharmacy. All of this is to make it easier for you to collect your prescription. In the 21st century, the NHS has increasingly been embracing technology to aid provision of healthcare. Indeed, governments are demanding that all healthcare providers use technology better to deliver efficiencies. During my time at Totley Pharmacy, my team and I have always looked at ways to improve the service we provide to the community, often investing in technology to achieve this. I am proud and excited to reveal that we have invested significantly in new technology again to help you. We are the first pharmacy to provide this technology in Sheffield and North Derbyshire; we are also one of the first in the country.

Modern healthcare hours have not really changed over the years to match changing lifestyles. Due to savage cuts in NHS funding for community pharmacy, pharmacies cannot afford to extend opening hours. This is where modern technology can be used to match patient demand and improve customer service. Over the past few years, feedback from patients has made it clear that some of the biggest bugbears patients have with provision of pharmacy services is waiting in queues at the pharmacy and having to change their daily plans to collect their prescriptions at times dictated to them by their pharmacy. We want to help you by allowing the freedom to collect your prescription at anytime of the day, to fit with your busy lifestyles.

You may have been in need of your prescription yet not had a chance to pick it up due to busy schedules. With our new technology, that is no longer a worry. We have recently installed a new prescription collection machine, allowing you to collect your prescriptions at anytime, even if the pharmacy is closed. Whether you are on the way back from work or wish to collect your medication on the weekend, our new system allows you to have 24/7 access to picking up your prescriptions. The prescription collection machine acts like an ATM for prescriptions. It is simple to use, very quick and totally secure. When we complete your prescription, you will receive a text (or email) with a PIN unique to your prescription. Simply inputting this into the screen at the front of the pharmacy will deliver your prescription in seconds. We estimate you will get your prescription 6 times quicker than the traditional way of collecting prescriptions.



As well as allowing you to collect your prescription at any time, it also allows you to maintain a safe physical distance from crowds of people in busy pharmacies. While this is not as big a concern as it was a couple of years ago, it does make sense for people who have health issues especially as we approach winter. You can even forward your code to a

partner, friend or neighbour to collect on your behalf.

As well as making it much more convenient for patients to collect prescriptions, this new machine will have many other benefits to patients and the whole local community. Currently, staff in pharmacies spend a large amount of their time finding prescriptions for patients. As pharmacies have hundreds of prescriptions at any time, this can resemble looking for a needle in a haystack, especially when patients arrive to collect prescriptions before they are ready. Our prescription collection machine will perform this task much more efficiently. This allows our highly trained staff to spend their time dispensing prescriptions rather than on a simple, mechanical task. This means we will be able to dispense more prescriptions in our working hours and patients can get their medication quicker. Also, when you have an acute prescription after seeing a doctor (such as antibiotics and painkillers), we will also be able to fulfil those prescriptions quicker.

Of course, a modern community pharmacy provides many additional services on top of dispensing prescriptions such as blood monitoring, stop smoking advice and flu vaccines. Freeing up our staff from finding prescriptions allows them more time to provide these additional services. At a time when there are huge backlogs everywhere else in the NHS, and community pharmacies being asked to do more, this will allow us to help the whole NHS. Over the many years I have been a pharmacist in Totley, our pharmacy has become a trusted source of advice and information and we have many people coming to us daily for consultations. Yet again, as the machine will free up our staff time, and reduce queues in the pharmacy, you will find it a lot quicker and easier to speak to a pharmacist or one of our team to seek advice.

We also feel that this technology conveys many of the supposed 'benefits' of internet pharmacies, namely overcoming queues and inadequate hours. I hope this means that local patients currently using internet pharmacies will consider coming back to us instead now that this makes our service so convenient. I know internet pharmacies use slick marketing to trumpet their services, but they do not and never will provide a complete pharmaceutical service. Even worse, their presence damages the nation's pharmacy network making many pharmacies in local communities unviable. The NHS contract is geared such that we need sufficient business to survive, and any prescription that goes to an internet pharmacy deprives local pharmacies of valuable business.

Designed and built in Britain, this machine automates and enhances prescription collection and will revolutionise a patient's prescription journey. In perhaps a decade, such technology will become the norm for collecting medications. To become one of the first people to take advantage of the convenience and benefits it provides, pop in to Totley Pharmacy, or email [totleypharmacyrepeats@hotmail.co.uk](mailto:totleypharmacyrepeats@hotmail.co.uk) or call 01142361070.

Tajinder Singh

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## If you go down to the Brook today....

Friends of Gillfield Wood's stream dipping event was due to start about 1pm in Totley Brook. Neil Dixon, our Sheffield CC woodland ranger, myself and another ranger arrived around noon with the clear expectation of rain. Well, that's it, we thought, people are not going to show up this year as the weather is unsettled and wet. The water level in the brook had improved with the recent rains and was flowing nicely but not too deep, probably 6 inches on average.

Then the weather began to slowly improve. The first family appeared around 1.30pm. And gradually a few more people turned up. We started handing out the nets and containers, then introduced youngsters to stirring the gravel and stones allowing the water to wash any invertebrates into their nets. More families joined us... and more.... and in no time at all we had 24 children excitedly dipping to see what they could find. The children were really pleased with their discoveries with obvious delight in seeing fish, our largest mayfly and the extremely unusual Horsehair or Gordian worm. The latter is the free-living adult stage of a parasite which can use a variety of hosts, some of which are land invertebrates.

Here is a list of fish and invertebrates that we found. Some only have scientific names (shown in *italics*) or common names that apply to a whole group of similar animals.

Trout - very young

Bullhead (*Cottus gobio*) including a number of sprats. Children often think these are tadpoles due to their large heads, but tadpoles are found in ponds not streams.

The mayflies, stoneflies and caddisflies are indicators of a healthy stream. Names in speech marks are often used by fishermen.

Mayflies - 4 families

Heptogeniidae:  
Flat-bodied mayfly

(*Ecdyonurus* species)  
Leptophlebiidae: Prong-gill mayfly (*Habrophlebia fusca*)

Ephemerellidae: 'Blue-winged olive' (*Serratella ignita*)

Ephemeridae: 'Green Drake' (*Ephemera danica*) our largest mayfly. It likes to burrow in the mud and gravel awaiting its prey with its large projecting mandibles.

Stoneflies - 1 or possibly 2 families

Leuctridae: 'Willow or Needle flies' (*Leuctra* species)

Possibly Chloroperlidae - small specimen difficult to see the necessary identification features.

Caddis flies - 3 families

Rhyacophilidae: 'the Green Sedge' (*Rhyacophila dorsalis*). This caseless caddisfly has gills on the side of their abdomen. They are our only predatory caddisfly.

Sericostomatidae: Bush-tailed caddis (*Sericostoma personatum*)

Limnephilidae: Pupa of some - most common Caddis family

The invertebrates below are less likely to be found in a healthy river but are always around in a few numbers.

Water Bug - some live on the surface such as Pond Skaters. Others live below the surface such as Water Scorpions. In Totley Brook they are only found in very slow sections forming pools at the edge of the stream.

Veliidae: Water Cricket (*Velia caprai*) - like a small pond skater with shorter legs.



Our largest mayfly pictured alongside a cased caddisfly (Photo: Neil Dixon)

True Flies - 3 families were found in their larval form.

Craneflies: Dicranota species (*Pediciidae*) and Tipula species (*Tipulidae*)  
Dixidae: Meniscus Midges (*Dixa* species)

Additional finds

Water mite - looking just like their terrestrial representatives.

Gordian worm - not a true worm (Nematomorpha). Also called horsehair worms. They are unsegmented having a smooth body up to 20cm long and only 1mm wide. Rare.

Glossiphoniidae: Leech (*Glossiphonia* species).

They have 6 eyes arranged in pairs in a line down the front of the head. Some of these look after their eggs and young which most people would not expect of a leech.

Gammaridae: Freshwater shrimp (*Gammarus* species)

Sialidae: Alderfly larva - (*Sialis* species). This is an invertebrate with a long evolution of some 200 million years. They are predatory and breath through 7 pairs of jointed gills. You might think these were more legs but only the front 3 pairs are true legs.

Snail - Jenkin's Spire Shell (*Potamopyrgus antipodarum*). This came from New Zealand about 150 years ago. They have travelled across most of the country via waterways.



Flat-bodied mayfly (*Ecdyonurus* spp) with side gills made of a plate and filaments. (Photo: Neil Dixon)



In all this was an excellent day with many families attending and gaining a lot of pleasure from the experience, both children and adults. If you missed the opportunity or would like to see this event run again, please do let Friends of Gillfield Wood know by contacting [fgwsecretary@gmail.com](mailto:fgwsecretary@gmail.com)

Paul Hancock

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# GARDENING

Totley Library are in urgent need of volunteers to join the gardening team. If you are interested please fill in the form online or call into the library for more information.



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## Wild about Rewilding!

OK, so S17 isn't the Serengeti or the Amazon rainforest. But Mother Nature sometimes need a hand. We can all do our bit to restore an area of land to its natural uncultivated state, known as rewilding in the trade, both to benefit wildlife and ourselves in the long term. In our garden it's small scale - and what a fraught business it sometimes is....

Most of our lawn is fairly wild after a few years of deliberate neglect, and it's now a popular playground for birds, small animals and insects. Organisations such as the Royal Society for the Protection of Birds (RSPB) and the British Trust for Ornithology (BTO) tell us that some British bird species are endangered and we should be giving them a helping hand. So we do, and the birds here have been fed for many years using a variety of feeders and feedstuffs alongside what they find from seed heads and fruit that we leave. At the latest count we have had 32 species of birds visiting our garden in the past year. They provide interest all year round and we hope that the varied menu provided helps them to survive and multiply. Since getting wilder, we are also seeing more frogs, two species of newt and an occasional hedgehog. The insect population and variety has grown, too. They all earn their keep and we don't have to use things like slug pellets and insecticides.

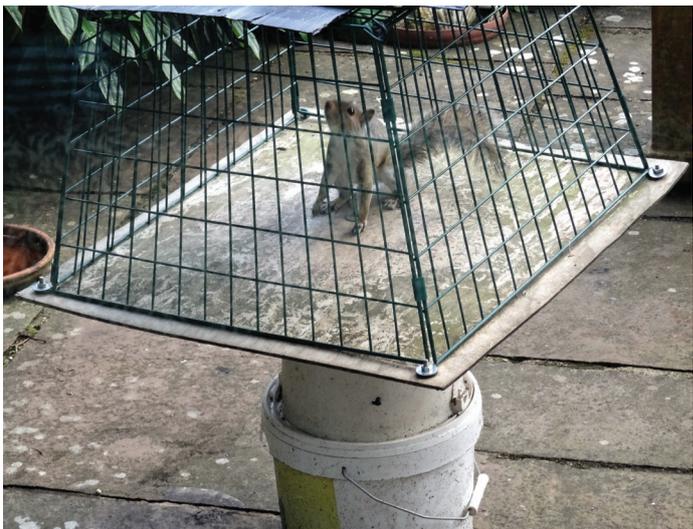
However, it's not all sweetness and light. Increasing numbers of wood pigeons have been a constant nuisance for years. There are over five million breeding pairs in the UK and a pair can produce anywhere between two and six clutches of eggs throughout the year. Whether it's stupidity or malice, our bird baths have been used by the wood pigeons as toilets and they never flush! So cleaning has to take place several times a day. The wood pigeons were also discovering our feeding trays on the ground which were hidden away from their usual areas. They became bolder, found them and cleared the contents pretty quickly. The next stage was to get a ground feeding cage to put over the feeding trays for the smaller birds and exclude the wood pigeons. That worked: the pigeons were excluded but their place was taken up by wood mice which in broad daylight went into the cage and helped themselves.

The next cunning trick was to make a wooden base for the feeding cage and put the whole thing about a foot off the ground mounted on a bucket weighted down with bricks. Amazingly, that didn't deter the wood mice from jumping 12 inches off the ground to get into the heightened feeding area. A bit of research revealed that well-motivated and fit wood mice can jump a height of more than 12 inches, so in desperation the feeding cage was raised by another 12 inches. The wood mice explored all options but realised the game was up. They finally went hungry and went off in a huff. Numerous species of smaller birds got very used to the cage and, in the run-up to the breeding season, spent a lot of time in there feeding up ready to produce the next generation. Throughout the spring, they and their new offspring came to feed and seemed very pleased to do so.

All was well until young grey squirrels started investigating the feeding cage. Their greying grey parents had already done so, but being fully grown they couldn't get into the cage. When the cage was bought, it did say in the small print that they were "squirrel resistant although not squirrel proof" and it was mentioned that a small individual would be able to fit through. The small individuals certainly proved their point and were seen squeezing through the mesh quite happily to pig out on the contents of the feeding tray. In the garden there are other bird feeders installed well away from trees so they can't be reached by jumping from above. They're on metal poles which have metal cones fitted to the poles to stop the squirrels getting to the actual feeders, and this fix works well. Before the cones were fitted, the poles were liberally greased, and there was the daily delight of seeing squirrels trying not to look silly while frantically scrabbling upwards just to graciously slide downwards and never reach the feeders.

But now, the young squirrels have been so badly behaved and haven't yet put on enough weight to exclude them that the cage has had to be temporarily emptied. Even with no

food in sight, the young Houdini squirrels still squeeze into and out of the cage and we're wondering how long it will take them to learn, go elsewhere and/or get sufficiently fat.



In law, grey squirrels are regarded as an invasive non-native species which can be a serious pest of forestry. They can be legally trapped or shot and, since 2019, any rescued grey squirrels now have to be killed. Not having any traps or firearms we're just going to have to rely on low cunning and hope that we can achieve wildlife feeding harmony again. But at present, it is the grey squirrels that are making us wild!

Mike Peart

## Holmesfield Church Walking Group

### Padley Chapel Walk

On Wednesday 5th October at 10am Robin Greetham will lead a walk starting from the Millstone Country Inn near Hathersage (Map reference S321DA). We will walk down a track to Grindleford Station cafe where we will have coffee, then on to Padley Chapel. Anne Marie Fletcher will then give us a presentation about the Chapel lasting about 30 minutes, then back to the pub for lunch (optional).

The cost of the walk is £4 and the proceeds go to Holmesfield Church. If you wish to come just turn up on the day. If you have any queries please phone Robin on 01246 412767. The walk is about 3 1/2 miles but there is a short cut.



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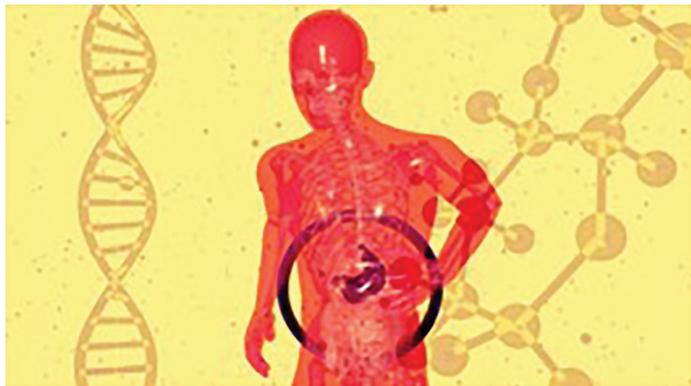
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## Why good health depends on a healthy gut

A healthy gut is fundamental to health and wellbeing. At its most basic, our digestive system is a tube through which food travels and from which nutrients and energy are taken into the body. But our gut also influences many other aspects of health, such as our immune system and even brain health and many chronic diseases stem from the gut. Here we describe why the gut is fundamental to health and actions you can take to keep your gut healthy.

### The role of bacteria in the gut

Our digestive systems contains a huge number of bacteria, which together are known as the microbiome. The microbiome plays a key role in digestion, but researchers are now discovering how vital these microbes are to our overall



health. Scientists estimate that each one of us has around 100 trillion micro-organisms living in our guts, weighing about 2kilograms! These microbes are our partners, they help us to get energy from food, support our immune systems and look after the health of our gut lining – so we need to look after them!

### The microbiome, obesity and diabetes

The gut microbiome plays a role in the development and progression of obesity. People who are overweight or obese are more likely to have an imbalance in the bacteria in the gut, with less diversity of microbes. Lower diversity is also found in the microbiome of people with Type 2 diabetes.

### How to look after your gut

Here are some actions you can take to help you gut to stay healthy:

#### 1. Avoid junk foods

Highly processed foods, high in sugar, fat, and refined carbohydrates, have a harmful effect on our digestive health – they can cause inflammation and reduce the diversity and health of the microbes in the gut. A diet high in processed foods may lead to damage to the gut lining – causing leaky gut which lets toxins and allergens enter the body and causes a weakening of the immune system.

The PREDICT study showed that diets high in very processed foods change the balance of microbes in the gut, increasing the number of 'bad' microbes. These 'bad' microbes are linked to poorer health, more inflammation, reduced blood glucose control and increased body weight.

#### 2. Eat a wide range of fresh foods

Cook from scratch whenever you can, use fresh ingredients and minimise pre-packed foods, (particularly if there is a long list of ingredients on the packet, many of which you don't recognise as foods!).

Try and eat a wide range of foods, as microbes love diversity! Include plenty of different fruit and vegetables, beans & pulses, nuts, seeds, etc. Choose different coloured foods to maximise polyphenols, the substances which give colour to food, which are beneficial for the microbiome – i.e., green tea, olive oil, dark chocolate, berries.

#### 3. Eat more fibre

Eating more fibre is a great way to optimise gut health. Fibre comes from plant foods and passes through the digestive system without breaking down or being digested. It is a prebiotic – providing food for the microbiome, and a high



fibre diet encourages a greater diversity of microbes. Fibre-rich foods include beans and legumes, nuts and seeds, fruit and vegetables (raspberries, blackberries, peas, avocados), legumes, and whole grains. Aim for 30g of fibre each day.

#### 4. Try Fermented foods

Regularly eating fermented foods is another good way to support your gut. Fermented foods contain probiotics – good bacteria that will improve your microbiome. Fermented foods include live yoghurt, kefir, fermented vegetables such as sauerkraut or kimchi, kombucha – a fermented tea, or even cider apple vinegar. If you've not eaten these foods in the past, go gently to start with, and increase your portion size gradually.

#### 5. Plenty of fluids

Water plays an important role in digestion and in the absorption of nutrients from food, and not drinking enough can cause constipation. While water is good, you don't have to just drink water – tea, coffee, herb teas will all provide the necessary fluid, but try and avoid sugary drinks.

#### 6. Adopt regular patterns of eating, sleeping and exercise

We benefit from routine around eating, sleeping and exercising and getting into regular patterns around all three will help your digestion. A random eating pattern can lead to problems such as heartburn, constipation, indigestion, ulcers, irritable bowel syndrome, leaky gut and body-wide inflammation. Eating in line with our internal body-clock helps to reduce the risk of digestive problems. Some simple tips:

##### Eating

- Eat meals at around the same time every day
- Don't eat late in the evening or at night
- Don't rush your meals, take time to eat and chew each mouthful well
- Eat proper meals, avoid snacking and grazing
- Try to eat within a defined eating window every day – say between 8am and 7pm, avoid all food outside those hours

##### Sleeping

- Try to get 8 hours sleep at night
- Go to bed and get up at the same time every day, even at weekends

##### Exercise

- Try to do some sort of exercise daily, as this promotes sleep
- Early morning and late afternoons are good times for exercise

#### 7. Relaxing and reducing stress

Acute stress has a negative effect on digestion – it increases motility and fluid secretion causing pain, diarrhoea or interfering with normal bowel habits. Chronic stress may lead to more serious digestive problems, so it's important to take action to relax and look after yourself. Taking time out to enjoy yourself and your hobbies, taking exercise and spending time with friends and family will all help.

*Isabel Hemmings*

*Sue Wharton*

*Nutritional Therapists*

<https://www.cinnamondays.co.uk>



# Totley



Balloon Teddy



Erecting the marquee



Mole



Zoe Wade. 1st prize, painting & drawing age 9-11



Collecting prizes



Looking at photos

# Show 2022

Photos: Glyn Foley



Dundee cake



Tina Warwick, painting of Long-Tailed Tit



Sally Measures collecting a cup!



Ada Murphy, prize-winning decorative buns



Robyn Dunk, 1st prize, decorated gingerbread man

## Autumn Leaves and Lots More

Although I wasn't around at the time, I gather that Totley's Green Oak Park, originally called Totley Recreation Ground, was opened in March 1929 by Mrs Sarah Milner who lived at Totley Hall, when Totley along with Bradway, Greenhill and Beauchief were in Derbyshire and part of Norton Rural District Council.

Fortunately, Green Oak Park very much remains with us in Sheffield within the bounds of South Yorkshire. Its quota of falling leaves by the 1st of October is well on its way as is what Climate Change may bring – will the coming winter be colder, warmer, wetter, better or worse than before, not to mention the possibility of snow and how deep it could be, hopefully without slippery ice lurking underneath?

On a more positive note and all the uncertainties we keep hearing about, Green Oak Park continues to be visited regularly by people of all ages, including babies being wheeled about in buggies full of essentials for their care and with groceries for the next family meal. Given the ongoing economic crisis, fortunately it costs nothing to visit such a lovely site.

But unlike Millhouses Park, it doesn't have a café or ice cream sold in warm weather for children (and for their parents and their grandparents as well).

Even so, it's full of entertainment by way of feathered friends from tiny blue tits to larger birds, even those rather unsociable magpies who prefer to keep their distance from humans who mean them no harm.



Resident squirrels and unseen smaller mammals also abound, and it's unusual not to see dogs running after and retrieving balls thrown by their owners onto the well-maintained open field. All told, it could be regarded as a mini nature park with the added benefits of luscious blackberries growing amongst large hedges – alas, fewer for picking now, possibly due to Climate Change, which is making its unwanted presence known.

The atmosphere in the park also seems to encourage friendly greetings and conversations amongst those passing by in opposite directions, and more so when compared with brief exchanges outside of neighbourhood shops.

Even Man's and Woman's best friends eagerly greet each other in the absence of loud barks or growling noises. I've also had, when sitting on a park bench, many canines offer an 'approval' sniff followed by a satisfying look after I extend a generous pat in return.

Another feature of the park's open spaces is good reception on either the latest smart or the older models of mobile phones. I also like keeping a small portable radio to my one good ear, with its choice of around 50 stations, and little in the way of background noise around.

When in the park, listening to a favourite programme, sometimes children in their pre or early teens stop to ask what I'm holding against my head – apparently their having had no experience of listening to or even being aware that there are real radios in existence – and without moving pictures or photos to divert them from finishing their homework due in the next morning.

If ever – a horror even to think about – Green Oak Park had to be covered over or built upon – it would not only be greatly missed by those, who enjoy it so much, but would also have an obviously detrimental effect on other forms of life, who live there or just visit, namely the birds, the animals, the plants (very large and very small), and certainly the multitudes of insects that underline the whole setup.

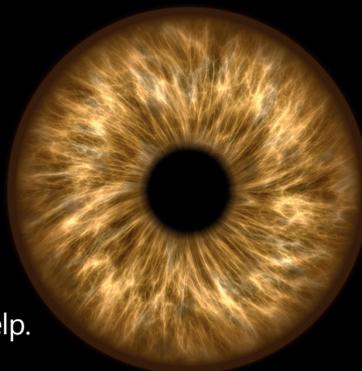
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## Transport 17

Here at T17 we have had a mixed few months. We received the sad news that two longstanding supporters of the organisation passed away over the summer – Felicity Revill and Maureen Cope. We took the opportunity to join the Jockel family in a celebration of Stella's life, and have been out and about at several local community events. We are still recruiting for volunteers and have advertised a part-time paid role for a Volunteer Co-ordinator.

Felicity's initial contact with Transport 17 was through her job at the Community Action Programme in the late 1990's and her friendship with the mother of the then Transport Manager, Mike Finn. Much of her working life was spent encouraging and enabling individuals to succeed, always seeing the potential in others. Through her work role she placed John Savournin in his administrator's role at T17, and also one of our volunteer drivers, Darryl Creed, who continues to drive for us to this day. Felicity joined the management committee, initially as secretary to the Barlows who were instrumental in running the organisation for a significant period of time. When they left, Felicity took over as Chairperson. She brought enthusiasm and patience to this role, and is remembered as being someone who was committed to T17 determined that older people in the local community would continue to benefit from our services. The picture below shows Felicity receiving flowers from T17 on her retirement from the management committee.



Maureen was the co-ordinator of Dore Open Door Lunch Club, amongst many other roles within the Dore Community. It was always a pleasure to speak to Maureen as she was friendly and organised. Attending her memorial service in early September made it clear how well thought of she was within Dore and the positive impact she has had on the lives of many individuals. I am confident that there will be many memories of Maureen spoken about for a long time to come as well as being recorded in issues of Dore 2 Door.

Earlier in the Summer, we had the pleasure of attending Totley All Saints Church for a celebration of the life of Stella Jockel. As Stella passed away during the Covid lockdown, significant restrictions were in place at the time of her funeral. The remembrance service was a very special occasion and will be a lasting memory of the woman she was. Listening to, and joining with, a choir of the quality of Sheffield Philharmonic Chorus was amazing. Stella had been a member of the Chorus for over 60 years. It was a pleasure to meet Stella's wider family and to be able to express our thanks for Stella and the family's support over the years.

Stella was Alan Jockel's second wife and worked with him to support Transport 17 right from its inception in 1984. After Alan died in 1985 she continued to support us and, almost right up until she passed away, was an active supporter of our fundraising events. We were thrilled to bits with an amazing

donation she made in 2019, and her generous spirit lives on in the form of a legacy left to T17 in her will. In the last couple of years of Stella's life, as her mobility declined, she was able to make use of the service herself to go to a lunch club at the URC on Totley Rise.

### Community events

T17 has thoroughly enjoyed being at the Dore Gala (July), Lowedges Festival (August), and most recently at the Totley Show (September). Thank you to all those who took the time to come and say hello, those who enquired about volunteering roles and/or how they might support the organisation financially, and of course those who took part in our lucky dips, tombola and 'Finding the Totley Treasure', all of which raised funds for T17 operations. Many people, young and old, enjoyed coming aboard the minibus to have a look around, experience how the tail lift works to bring passengers on board, and to sit in the driver's seat. We also had the pleasure of meeting Colin Ross, local Councillor.



We are really excited to be planning our first Christmas fayre to be held since the Autumn of 2019. As with previous fundraising events, the Cross Scythes have kindly agreed to host us. It will be held on Saturday 19th November, and will include some Christmas activities for children as well as the ever popular Bottle Bonanza, a Christmas raffle, and various Christmas stalls. The funds raised will go towards the £5000 total needed for essential bus services, inspections and maintenance through the year. Please put the date in your diary and we look forward to seeing many of you there.

### Recruitment

We are interested in hearing from anyone who would like to volunteer with us at T17 as a minibus driver or a passenger assistant. In the last month or so, we have had four enquiries from local organisations needing transport for their older members who are finding it difficult to access their groups as they are unable to use public transport. Unfortunately, although we have the minibus capacity, without more volunteers, we cannot take on new routes. Similarly, we are in search of new members for our board of Trustees, the time commitment for which we would expect to be on average six meetings a year. See the adverts in this issue of *Totley Independent* for more information regarding these roles and our contact details.

T17 is also currently advertising for a Volunteer Co-ordinator. This is a part-time paid role. As we increase our volunteer numbers, look to extend our service provision, and develop partnerships with organisations such as Age UK Sheffield, we are looking to employ an individual to be responsible for the recruitment, induction, and training of volunteers, as well as generating and managing volunteer rotas. The post is for 15hrs per week, worked over 5 days. Please send a covering letter and CV to [manager@transport17.co.uk](mailto:manager@transport17.co.uk) if you are interested in applying for this post.

Fiona Smith

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## Regular events and meetings at Totley Library

### Monday:

**French lessons for children** following the award winning course material from La Jolie Ronde.

After school classes are available for children in the childrens library

3.40pm - Y5/Y6; 4.10pm - Y3/Y4; 4.40pm - Y1/Y2  
5.30pm - Y4/Y5

Contact Joanna on 07854 148809 or email [speaquesheffield@gmail.com](mailto:speaquesheffield@gmail.com) to find out more about local availability for French language classes.

**Friends of Gillfield Wood**, occasional Mondays, 7.30pm onwards. Talks on local nature and conservation. See posters, the FoGW article in this issue, or [www.friendsofgillfieldwood.com](http://www.friendsofgillfieldwood.com)

**Councillor Surgery**, 2nd Monday of the month, 6.00-7.00pm

### Tuesday:

**Baby Time** 1.30-2.15pm (term times only). Come along to meet other parents/carers and babies. We sing simple songs, have fun and allow time to chat.



**Poetry Group**, first Tuesday in month, 7.00 - 9.00pm. Please note that this group cannot accept new members at present.

**Friends of Dore and Totley Station** Occasional Tuesdays, 7.30pm. See [www.FODATS.net](http://www.FODATS.net)

### Wednesday:

**Coffee Morning**, 10.30 - 12noon

**Story Time** for toddlers and pre-school children from 10am - 11.30am (except school holidays). Children can take part in weekly themed craft activities, sing songs and listen to a story. £1 donation per child greatly appreciated.

**Health Walks**, 10.30am, meet at Totley Library. Contact Step Out Sheffield on 07505 639524 or email [stepoutsheffield@gmail.com](mailto:stepoutsheffield@gmail.com)

**Totley History Group**, usually last Wednesday of the month, 7.30. Talks on matters of historical interest. Check posters, the *Totley Independent* Diary, or [www.totleyhistorygroup.org.uk](http://www.totleyhistorygroup.org.uk)

**Yoga sessions** 7.00 - 8.30pm, Wednesdays (except the last Wednesday of the month). For more details call Ann Zielonka on 0114 2361585 or 07929 736966. Beginners welcome.

You are advised to call Ann to check that the sessions are taking place.

### Thursday:

**Thursday Morning Natter** 10.30 - 11.30. Hot drinks and good company - for people aged 60 or over.

**Chair Aerobics with Kay** 12noon for 45-60 minutes. An Age UK and People Keeping Well weekly exercise class. £3 per week - no need to pre-book, just turn up.

**Reading Club 2** meets in the library on the third Thursday of each month between 1.30 and 3pm. If you are interested in coming along please email Dawn Rich, who runs the club, at [dawn@ilmd.biz](mailto:dawn@ilmd.biz)

### Saturday:

**Regular second-hand book sales**. Check CRIC website and the Diary page in this issue for upcoming sales: <http://www.totleycric.org.uk/>

## YOGA FOR ME/CFS

Very gentle classes for people with Myalgic Encephalomyelitis, Chronic Fatigue Syndrome Post Viral Fatigue Syndrome & Long-Covid

**MILLHOUSES, SHEFFIELD 7 (Hatha yoga)**  
Fridays, 11.15 - 12.45 &

**ONLINE via ZOOM**  
Fridays, 11.00 - 12.30

Please email [sheffieldyogaforme@yahoo.co.uk](mailto:sheffieldyogaforme@yahoo.co.uk) for information  
Website: [www.sheffieldyogaforme.org.uk](http://www.sheffieldyogaforme.org.uk)  
Telephone: 07762 783695

The session will consist of relaxation and breathing exercises and some very gentle optional yoga postures. Participants will be encouraged to keep within their own limits. Much of the time will be spent lying down but there may be a little sitting. The teachers are experienced in therapeutic yoga.

Classes are free but a donation of £2 is welcome.  
Free transport available.

Disabled access and facilities. Car parking.

Run by **Sheffield Yoga for ME/CFS**  
Registered Charity No. 1117484



COMMUNITY FUND



the breims trust



South Yorkshire's Community Foundation

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Totley Rise Methodist Church Hall

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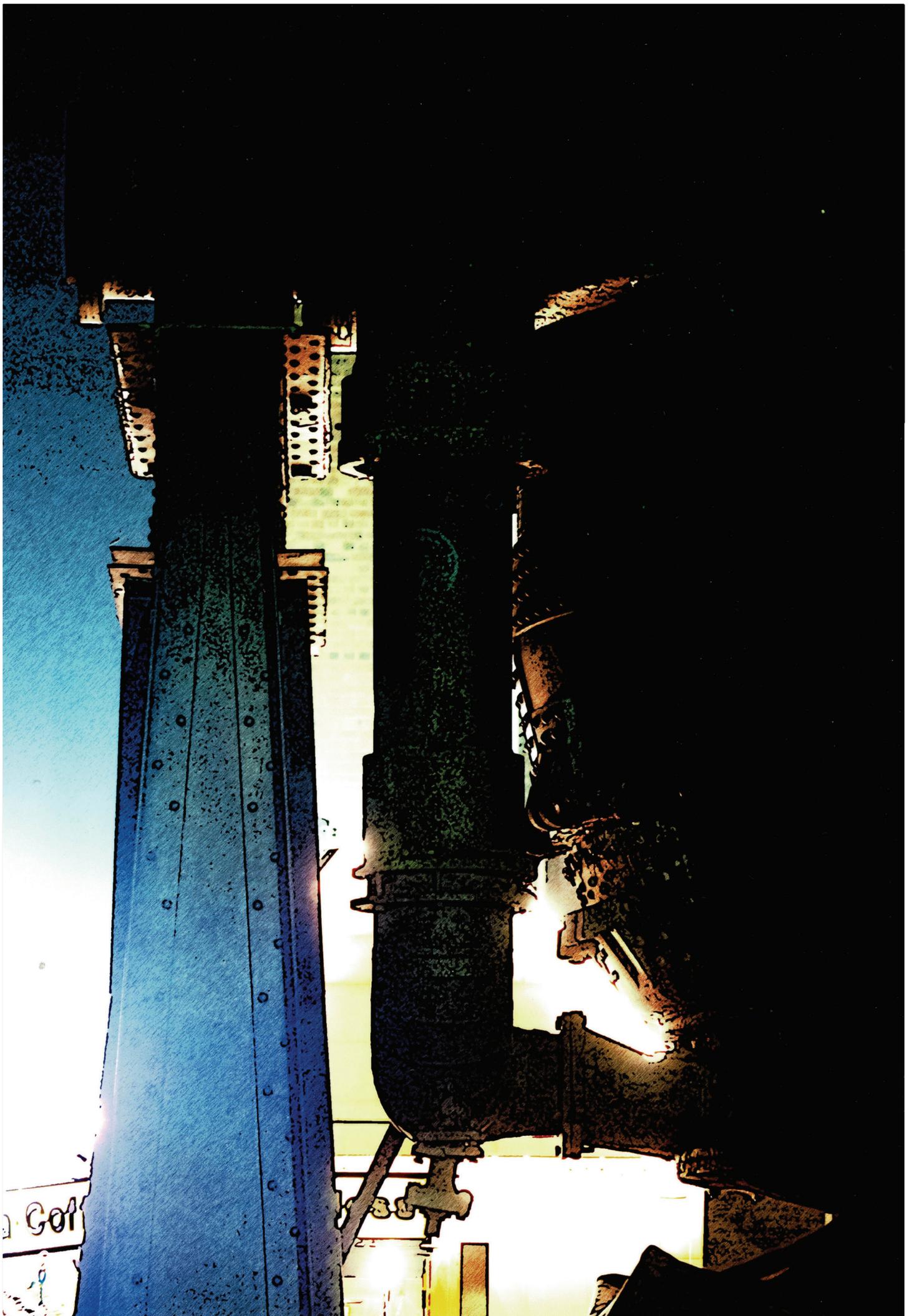
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Tickets £10

Doors open 7pm

Saturday 26th November



## When Sheffield Boomed

We've got Benjamin Huntsman to thank for inventing the crucible process of steel.

Imagine what it was like before. We can't. It doesn't seem real.

But that was in 1742, old Sheffield town, all farms and fields. Our fast flowing rivers provide what was needed to drive the water wheels.

As far back as 1297 the history books mention a Robert "The Cutler" paying his taxes.

SEE! We were already by then grinding our blades, knives and axes.

Our land gave us iron ore, mill-stone grit, coal and clay.

Life must have been quite simple then. Back in the day.

But they did slog at their labour and tarried at their skill

Working all God's hours, the dust making them ill.

Even Geoffrey Chaucer in the 14th century in his "Reeve's Tales" saying our dreary and dirty old town

Acknowledges that Sheffield for its metal work was renown.

In 1743 along came Thomas Boulsover and he invented Silver Plate.

Our town, not yet a city was now becoming great.

But at what cost?

Vulcan was our god and through our name we found fame.

WHEN SHEFFIELD BOOMED.

You've heard of Henry Bessemer in 1855

He patented his Bessemer process and we really DID come alive.

Making steel more available to build a new world

For skyscrapers, girders, bridges and railroads.

The Industrial Revolution.

AND SHEFFIELD BOOMED

Furnaces spewing out an inferno. Poor men.

Day and night they suffer again and again.

Our forefathers sweating with the heat from the ovens.

Forges and kilns needed to be fed like their children.

The tedious toil. The eternal slog.

As the tongues of fire glowed through the filthy thick smog.

And the dark and dismal houses. The narrow back to back streets.

When the sky rained soot and only the furnaces gave heat.

THIS WAS WHEN SHEFFIELD BOOMED.

Wildfire in the steel works. Sparks could send you blind.

This was Lucifer's hell, Sheffield was a fire-box, men must have lost their mind.

THEY fed the molten steel in and out of the crucibles like lava day and night

The factories never sleeping and the town always alight.

The crashing, the endless banging. The never ending thud.

No wonder my poor dad had bad hearing in the end.

Joining the thousands of men marching down dingy streets in their hob-nailed boots, hunched against wind, snow and rain,

Knowing there was no-where else to go, this was their life, their pain.

I SHIVER WHEN I THINK WHAT HIS LIFE WAS BACK THEN.

WHEN SHEFFIELD BOOMED.

I remember him coming home with his haversack and billy-can.

I know he worked hard but he never let on.

And I remember too he smelled of oil and kicking his black steel-capped boots off under the table.

They never saw polish. They didn't have to.

But I know he lost a finger through getting septic from some steel

I was far too young to ask him if it hurt or "How does it feel?"

Like "How long was he off work for, did it affect us back then?"

How did they manage for money, was there social security?"

That's what [should have asked way back when.

We always had good holidays, good Christmases, good memories too.

So thank you Walter Marshall. I wish I'd spent more time with you

WHEN SHEFFIELD BOOMED.

Poem by Lorna Marshall

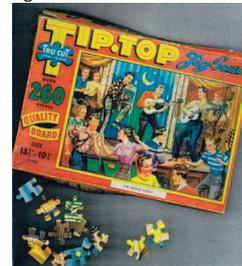
Page 22: Photo of Kelham Island by Simon Deeks



## Big Jigsaw Sale

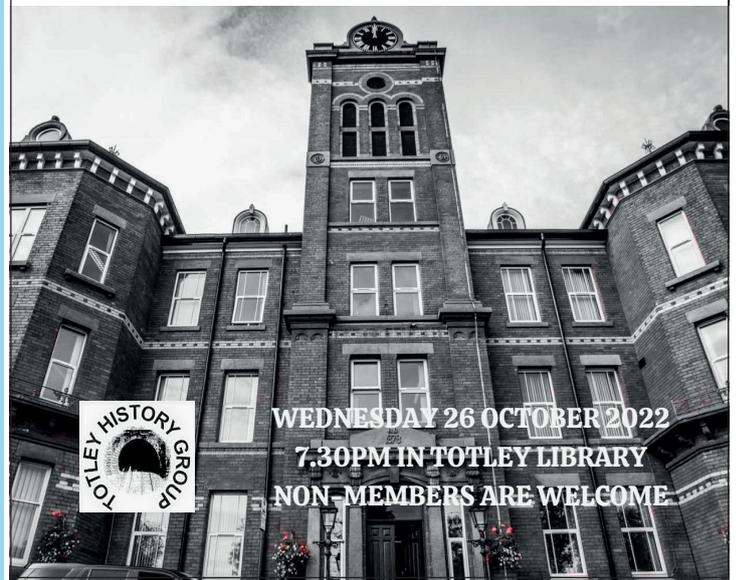
The Dore and Totley United Reformed Church jumbo jigsaw event will take place between 10am and 3pm on Saturday 22nd October. This will be a fund-raising event for the Sheffield Cathedral Archer Project.

During October please drop into the church and help complete the 5000 piece jigsaw which will be in the foyer. There will be a collecting tin for any donation you wish to make for the fun (or frustrating?) time you will have. There will be lots of jigsaws for sale, and light refreshments will be available. There is a chance to browse other stalls which will be selling cards, jewellery and bunting. There will also be a silent auction for a hand-made quilt. Last, but not least, there will be live musical entertainment provided by the **Tip Top Jigsaw Band** - 250 pieces of finely crafted cardboard, which includes Pop, Soul, Skiffle and Blues from five decades of making the music fit harmoniously together.



Totley History Group presents

# The History of Sheffield's Hospitals by Mary Garside



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## Dore Gilbert & Sullivan Society

Where on earth does the time go? It seems just a few days since I was racking my brains as to what I should (could?) write about but two months have elapsed. Einstein knew there was something strange about time. He was dead right; the older you get the faster it goes.

The 50th anniversary dinner was a huge success. Thankfully there were still founder members still on the planet who turned up together with many past members. It was a delight to see them and catch up with old friends. There was a prodigious amount of musical talent in the room from John Wade, Peter Maxwell, Stephen Andrews and Mike Tippler to name but four to the present members like Charlotte Waring, Alex Hayward-Browne and Pete Geary. I am sorry I cannot name everyone. It was a joy to see them all again.

Our next public outing is in Bolsover on October 23rd when we will perform a concert of Gilbert and Sullivan pieces including some from Sullivan, in collaboration with others such as Ivanhoe and Hadden Hall. We are going to have to work hard to learn numbers with which even we are not familiar. I've listened to some of it and it is brilliant so I'm looking forward to putting the work in to learn something new. After that we have our Christmas concert at Dore Methodist Church at 2.30pm on December 17th. Although I am not organising the tickets or publicity for future concerts I can always be contacted on 0114 2362299 for information, or to pass on ticket requests to those responsible.

Finally, Ann and I have just booked flights to visit another former member, Richard McKeown and his family who many of you might remember as he played many leading roles including Ludwig in *The Grand Duke*, Luiz in *The Gondoliers* and Pooh Bar in *The Mikado* while his wife, Jenny also took leading roles such as Liza in *The Grand Duke*, Cassilda in *The Gondoliers*, Princess Zara in *Utopia Ltd* and Yum-Yum in *The Mikado* as well as singing in our concerts where Richard often joined me with Flanders and Swann numbers. They now live in Iceland so we'll have to dig our thermals out.



The recent eruption in Iceland not far from where we are going!

Don't forget the concerts where we would be delighted to see you and enjoy the rest of this nice warm summer.

Derek Habberjam

## Totley Operatic and Dramatic Society

Hello everyone! I would like to introduce myself as the new secretary for TOADS as our lovely Anne Bettridge has decided to retire and enjoy some much needed me-time! Best wishes to Anne and to her husband John who can now get to enjoy even more devoted attention from his amazing fabulous lady wife! I only hope I can follow in her shoes and make as good a job of this as she did for so many years.

It doesn't seem like five minutes since our last play *Beach Day* in May 2022 written and directed by our very own Alan Wade. The play was a great success and it is rumoured that Alan may be cajoled into doing a follow up... watch this space!

In the meantime rehearsals are well underway for our November play - *Secondary Cause of Death* written by Peter Gordon. This is a murder mystery set in wartime England with all the requirements for a good whodunnit... secret passages, multiple double identities, malapropisms, you name it. Full of twists and turns and absolute mayhem. You will love it!

The play will run from Wednesday 16th November to Friday 18th November at 7.30 pm each evening with a matinee performance on Saturday 19th November at 2.30 pm. Tickets are £7 full price and £6 for concessions (students and over 65) available from Jeff Bagnall on 0114 235 1206 or email tickets@toads-drama.co.uk.

We have had a number of new members in the last few months and so there will be new faces to see both on-stage and off. We are always on the lookout for new members so if you would like to join us you will be most welcome! We are a very friendly and welcoming bunch and we meet every Tuesday at 7.30 pm in the Guild Room at St. John's Church Hall, Abbeydale Road South. Come along or contact us via our page at <https://www.toads-drama.co.uk/contact-us/>. It will be lovely to see you!

Deb Taylor



Friends of  
Gillfield Wood

## Friends of Gillfield Wood

### Diary for October and November

**Sunday 23 October:** 8.30 am Small Mammal Trapping survey. Meet at the bottom of Totle Hall Lane. We'll check the traps from over-night to inspect and safely release any voles, mice, or any other small mammals that may have been caught. A family event open to all.

**Monday 24 October,** 7.30pm in Totley Library. An illustrated talk by FOGW member Stuart Davies about his work as a volunteer with the Peak District National Park.

**Saturday 29 October,** 10am. Practical Conservation morning

Please check our website for further details:  
[www.friendsofgillfieldwood.com](http://www.friendsofgillfieldwood.com)

**Totle Library Christmas Event**

DECEMBER 4TH  
12PM - 4PM

Books, Crafts, Gifts,  
Music, Santa, Cakes,  
Refreshments.

[www.totleycric.org.uk](http://www.totleycric.org.uk) £2

## Neighbourhood Watch

How soon did it seem that the long hot summer disappeared to be replaced by dark nights and even thunderstorms, and with it comes the likely return of the burglars taking advantage of the conditions? The trauma of being the victim of this type of crime can take many forms, from the monetary loss of valuables, cars, phones and computers to, more often, the sense of having been defiled in some way, that some scumbag has entered your property to steal items that you have treasured or have as memories of loved ones. In many instances like mine (many years ago) not realising that something had been stolen until I was looking for it months later. I was in the process of moving with my job and boxes of family items were being stored in the garage after packing. When I realised I had been burgled and reported it to the police, (and they did actually turn up in those days) I was unable to document everything that had been stolen. Here I must issue a warning to anyone in the process of moving: DO NOT write what is inside the box! If you must do so, use some sort of code that is not obvious. I made this mistake and lost my large collection of LP records that would be classics now - early Beatles, Stones, ELO etc - as I had labelled the box 'Records'. These were some of the easily identifiable items but it was only months later after we had moved and were gradually unpacking that we started to realise that some very personal items from both our families were missing. None of them were of any significant value but none could ever be replaced, and that unfortunately is often the case with a burglary.



So now is the time to look at how we can protect our property to try to ensure we are not the victims, or at least are less likely to be targeted. The obvious starting point is the security of your door locks which are still one of the first methods of entry by physically breaking the lock or the door frame. Many of us still use a Yale type front door lock from twenty or more years ago: unfortunately these are now very easy to force and a new version should be used to replace it. Similarly, older versions of Eurolocks provide only minimal levels of security and our regular incident reports invariably show method of entry as "lock snapped". The latest 3\* versions provide the highest level of security and are well worth the expenditure of replacing the old ones.

Window locks should also be considered as the second most common entry point is via a window, often by breaking the glass and opening the window. Window vibration alarms are very inexpensive and S17NWA have a supply of these at very low cost. With the onset of winter we are less likely to have doors open or unlocked but the sneak thieves will often try to see if any door has been left unlocked, S17NWA has some very good door handle alarms that sound if anyone tries turning the handle.

Where possible a full burglar alarm system is advisable provided it is actually switched on when the property is not occupied or part set mode used at night when occupied. CCTV comes in various guises from full blown systems connected to an alarm companies monitoring service to the popular Ring doorbell cameras. These are usually used with your mobile phone where you can be notified of someone approaching your front door and they even allow you to communicate with them.

There are many methods of trying to deter the rogues from targeting your property. Recent television programmes have highlighted a simple effective way to give the impression the property is occupied, by having lighting of any type that comes on when it starts getting dark, be it security lighting, external lights or even table lamps that come on at random times; or an inexpensive unit that imitates the flickering of a television screen can be used, and radios that can be switched

remotely or via a timer. A dark property gives the impression of an unoccupied property.

Our S17 area has seen a profusion of vehicle thefts in recent months with Range Rover, Jaguar and Ford Fiestas being the most regularly stolen or having items stolen from, many of them without breaking windows or locks to gain access. Doubtless the ease of keyless fobs are playing their part in these incidents. It is well known that the rogues are using a system that allows them to detect and capture the signal emitting these fobs which then allows them to forward the signal to open the doors and start the vehicle and drive away. Radio Frequency Interference (RFI) pouches if used correctly prevent them detecting the signal - again a very inexpensive item to purchase, and remember to put the spare fob in a pouch as well. It was recently reported that the head of the AA put his fobs in his microwave to prevent the signal being detected, but the rogues are well aware of this ploy and if the property is actually broken into the microwave is one of the first places they look, along with hall tables and window sills as the majority of people put the keys or fobs there overnight.

Whilst this may seem to present a vision of doom and gloom, our area still is one of the safest and least affected crime areas in South Yorkshire. Let's try to keep it that way by taking simple but effective precautions. No longer can we expect the police to be as visible as they once were: our local Neighbourhood Policing Team (NPT) is very stretched at the moment, like many other regions and actively recruiting, where possible, for more full time officers and graduate trainees. In recent years the numbers of PCSO's have fluctuated with political or financial pressures and our area is no exception. The PCC, in his latest newsletter, has stated that the neighbourhood teams are being rebuilt and PCSOs take their place in them. But next year more will be needed in South Yorkshire and a recruitment drive will begin. For many years we had a PCSO for each of Dore, Totley & Bradway and Adrian Tolson was a noticeable figure around the area until his area was increased to cover Ecclesall, Bents Green and Whirlow as well. Last month the areas of coverage became greater still and Adrian was moved to cover the east of the division, Jordanthorpe, Batemoor and Lowedges. Fortunately in his place we have been allocated three PCSO's, Simon Griffiths, Sarah Hague and Julia McLaughlin, though the downside is they cover all of Adrian's former area plus Sharrow and Netheredge. They will try to show a regular presence around our area whilst keeping an eye on the parks and recreation grounds along with regular patrols where possible. Please introduce yourselves to them if you see them - they hope to do some pop-up police stands in the coming months.

We at S17NWA have been active around the area replacing and installing new NHW signs and attending the Dore Gala and Bradway Fun Day. We also hope to be attending some of the upcoming events at the Libraries in Totley and Greenhill with a selection of security products and literature available. Membership is free and an online membership form can be found on our website: [www.s17nwa.co.uk](http://www.s17nwa.co.uk) Come and join the group helping protect our area.

*Les Day, Chairman S17NWA*  
07985 424363  
[Les\\_nhw@hotmail.com](mailto:Les_nhw@hotmail.com)

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## On the Beat

### And It's Goodnight From Him....

After around 6 years in and around your area the South West PCSO teams are reorganising, and Paul and I will no longer be covering the S17 area. We're moving to Gleadless Valley, Heeley/Meersbrook and Woodseats. The three PCSOs currently covering the Sharrow and Nether Edge area will now also be looking after the areas for which we were responsible.

There will no longer be a direct mobile number for you to call, so please use 101, or 999 in an emergency, and remember there is also the facility to report online via the SYP website. You can also contact the team by email at [sheffieldsouthwestnpt@southyorks.pnn.police.uk](mailto:sheffieldsouthwestnpt@southyorks.pnn.police.uk) for any non-urgent enquiries.

Thank you for your support over the last few years and hopefully some of the information I provided within my articles has proved to be useful to you. Special thanks also to the hard-working editors of these publications, very few areas still have these locally based magazines and they are a valuable resource for sharing community information. Keep safe!

Adrian Tolson



## Totley History Group

The group ended the summer season with a fascinating talk given by Mike Kelley on the demise of Saxon England following the Norman invasion.

In September David Templeman returned to give us more insights into the origins of ancient district names of Sheffield.

**October 26th** 'The History of Sheffield Hospitals' by Mary Garside

**November 23rd** 'Trespassers Will be Prosecuted' Thelma Griffiths, a longtime volunteer at Longshaw, explores the history of access to the countryside.

There will be no library meeting in December but members can enjoy the annual celebration of winter music, ancient and modern, at Ecclesall Parish Church  
**Mondays 12th & 19th December:** Spitewinter Concert with Sheffield Folk Chorale

Ticket enquiries: [paulineburnett17@gmail.com](mailto:paulineburnett17@gmail.com)

Unless stated otherwise our meetings are held in Totley Library each 4th Wednesday at 7.30pm.

## Totley Rise Methodist Church

Totley Rise Methodist Church will be holding the annual Archer Project fundraiser and donations drop-off on 15th October 10-12pm in the church car park.

Tim Renshaw will be sleeping out for 14 nights and will be spending one of them in Totley Rise Methodist Church Quiet garden on Friday 14th October with Richard, one of the many ex-homeless people whose lives have been changed thanks to the fantastic work done by the Archer Project.

If you would like to have a chat with them pop down and hear some of the many experiences of life on the streets and find out what a difference you can make.

Along with the food donations listed they take donations of coats, hats, scarfs, gloves and shoes. If you can't donate on the day you can give at [https://www.justgiving.com/fundraising/collette-duke?utm\\_source=sms](https://www.justgiving.com/fundraising/collette-duke?utm_source=sms)

All donations will be matched so please give if you can.

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**Totley History Group presents**

**Trespasser Will Be  
Prosecuted  
(Longshaw and  
surrounding area)**

by  
**Thelma Griffiths**

**WEDNESDAY 23 NOVEMBER 2022  
7.30PM IN TOTLEY LIBRARY  
NON-MEMBERS ARE WELCOME**





## Totley Primary School

The new school year has got off to a flying start here at Totley Primary and is especially significant in that the school is now full, following a period of gradual expansion over the past 6 years.

During the growth of the school from a one form to a two form entry school, a whole host of changes have had to be managed carefully, including major building work, recruitment of new staff, and the adaptation of many systems and routines to cope with increasing pupil numbers.

Throughout this time, our goal has been to maintain the strong sense of warmth and community which has long been a key part of the school's DNA, whilst making the most of the opportunities afforded by doubling in size, as an organisation. I have felt truly proud to have been able to walk the corridors of Totley Primary this

term, with 14 classes in action and 420 fantastic children on roll, from an increasingly diverse and vibrant catchment area!

One of the most important aspects of any new school year is the building of great relationships. This includes those between children and their peers, those between staff and children, those between staff and families and those between the professionals in school who are such important role models to the children in their care. Patience, skill, compassion and a commitment to genuinely getting to know and care for others are all crucial to effective relationship building.

We have long seen the benefits of secure, respectful and warm relationships at Totley in ensuring that all members of our school community feel valued and a develop true sense of belonging, This is why we have placed 'Relationships' as the first of our four school values, which together form the acronym 'ROAD - Learning is a Journey.'

Here are our school values in full:

*Ben Paxman*  
Head Teacher

**R Relationships**  
Positive relationships  
Provide a true sense of belonging for all our community.

**O Outcomes**  
High expectations drive all children to aspire to achieve exceptional outcomes across and beyond the curriculum.

**A Attitudes**  
Through a culture of learning, children are life-long, self-motivated learners with the resilience to embrace future challenges.

**D Development**  
Nurture the personal growth of happy, well-rounded and balanced citizens with a deep-rooted appreciation of British Values

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### WHO ARE WE?

Transport 17 provides transport services to older and vulnerable people who would otherwise be unable to leave home, thereby providing the opportunity for them to socialise in the local community. This reduces isolation, has a positive impact on their mental health, and improves not only their own quality of life, but that of their friends and families. Life.



The organisation is non-profit making and is embedded within the community allowing for partnerships with local statutory and non-statutory groups.

We are dependent on volunteers to provide our transport services; however, this in turn provides opportunities for individuals across the age range to develop their skills, confidence, and friendship groups.

If you are interested in finding out more information please pop into the office at 172, Baslow Road, Sheffield, S17 4DR, or contact us by email at manager@transport17.co.uk or by phone on 0114 236 2962



As we consolidate our organisation and look to the future we are looking to expand and strengthen the small board of Trustees of our charitable organisation to more reflect the community in which we work and to help us in our strategic development. This is a great time to welcome new people on board.

We are especially keen to encourage applications from across the age range to bring new energy and a fresh perspective into the organisation.

We also welcome interest from individuals who represent our stakeholders and volunteer group.

We are particularly interested in individuals with expertise in the following areas:

- Legal/HR development
- Fundraising and commercial income generation
- Financial management
- Media, IT and Communication
- Buildings maintenance and management
- Vehicle maintenance and management

Our current trustees say -  
'I find it fulfilling and it enriches me as an individual'  
'I enjoy using the experience from my working life to help T17 and make things better for others'  
'I enjoy the challenge and making links with the local community'





PEOPLE KEEPING WELL  
**PKW**  
IN THEIR COMMUNITY

## People Keeping Well

We run a wide variety of activities, courses and groups across the South West of Sheffield enabling people to get out and about, find new hobbies, stay active and have fun. This is part of the Sheffield People Keeping Well programme.

The South West Sheffield PKW Partnership area covers the following areas: Dore, Totley, Bradway, Endcliffe, Fulwood, Ranmoor, Greystones, Nether Edge, Bents Green, Brincliffe, Ecclesall, Whirlow, Abbeydale.

If you need further help and someone to guide you through it please don't hesitate to contact Joanna Woodward on 0114 250 2850 or via email at [joanna.woodward@ageuksheffield.org.uk](mailto:joanna.woodward@ageuksheffield.org.uk)

### Activities

- Coffee and Chair Aerobics - Bradway Community Hall - Community Wellness Service
- Strength and balance Class- Dore and Totley United Reformed Church- - Community Wellness Service
- Monday Coffee Morning - Dore and Totley United reformed Church
- Cosy Creatives -Age UK Sheffield
- Connecting with Nature for wellbeing -Cross Scythes, Totley- Delivered by Caroline Cook, Horticultural Therapist
- Ecclesall Forum - Cherry Tree pub on Carterknowle Road- Delivered by Paul May
- Dance to health - St Augustin's Church, Endcliffe. Contact Jenny Johnson for details
- Singing Teapot Choir -Dore and Totley United Reformed Church - Delivered by Yo Tozer loft
- Dore and Totley Rosemary Memory Café -online chat, quizzes, live singers and more for people living with Dementia and their carers- Age UK Sheffield
- Fulwood Memory Café at Fulwood Scout Hut. Chat, quizzes, live singers and more, for people living with Dementia and their carers- Age UK Sheffield
- Knit and Natter - Totley Rise Methodist Church -1pm-3pm
- S17 Carers café -supported by Sheffield Carers Centre
- Coffee on the Corner Totley - every Wednesday. This is different to the 'normal' Friendship Lunches in that it is weekly, with no set price/menu/live entertainment. Guests can therefore just call in and have a drink and/or lunch
- Chair Aerobics-Totley Library - Community Wellness Service
- Bents Green Memory Cafe. Chat, quizzes, live singers and more, for people living with Dementia and their carers
- Table Tennis- Bradway Community Hall.
- S11 carers Walk, Ecclesall Woods - Delivered by Sheffield Carers Centre

- Natter Coffee morning -Totley Library - Delivered by Totley All Saints Church
- Community Journalism and Memoir Writing - Kathryn Reaney
- Sporting Chatter - Bradway Community Hall- contact Phillip
- Shepley Spitfire Friendship Lunch, Mickley Lane, Totley, Sheffield, S17 4HE- Meal and live entertainment
- Forest Bathing /Nature mindfulness in Graves Park - Caroline Cook Horticulturist
- Woodwork Wellbeing - Bradway Community Hall - Steve Fridlington



### Providers and contact details:

- Sheffield Carers Centre-email Jan- [jan@sheffieldcarers.org.uk](mailto:jan@sheffieldcarers.org.uk)
- Age UK Sheffield - 01142502850
- Caroline Cook- Horticultural Therapist [Caroline@well-withnature.co.uk](mailto:Caroline@well-withnature.co.uk) [www.wellwithnature.uk](http://www.wellwithnature.uk)
- Kathryn Reaney - [reaneywrites@gmail.com](mailto:reaneywrites@gmail.com) 07854751932
- Cosy Creatives - Age UK Sheffield on 01142502850
- Sporting Chatter - Phillip Staton- 07788620313
- Kathy Markwick - [kathymarkwick@gmail.com](mailto:kathymarkwick@gmail.com)
- South West Sheffield PKW (People Keeping Well)- Joanna Woodward (Community Development Officer) [Joanna.woodward@ageuksheffield.org.uk](mailto:Joanna.woodward@ageuksheffield.org.uk) or Age UK Sheffield on 01142502850
- Jan Outram - Sheffield Carers Centre - [jan@sheffieldcarers.org.uk](mailto:jan@sheffieldcarers.org.uk)
- Paul May - Ecclesall Forum -- [Pauljmay@blueyonder.co.uk](mailto:Pauljmay@blueyonder.co.uk)
- Jenny Johnson- [jennyjohnson@ae-sop.org](mailto:jennyjohnson@ae-sop.org)
- Yo Tozer-Ioft- 07925634420
- Totley Rise Methodist Church - Maxine - 0114 3485220
- Bents green memory café - Contact - 07384833594
- Table Tennis- Contact Jan on 07787 954 842/0114 418 6463
- Totley All Saints Church - 01142367627
- Philip Staton -07788620313
- Shepley Spitfire - - 01142 360298
- Steve Fridlington -07900344361 [woodworkwellbeing@outlook.com](mailto:woodworkwellbeing@outlook.com)

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## TOTLEY & DISTRICT DIARY

- MONDAYS** **AGE UK FITNESS** Dore & Totley United Reformed Church, 1.30-2.30 pm. Contact Jo Woodward 250 2850  
**GUIDES**, All Saints Church Hall, 6.45pm-9pm  
**SLIMMING WORLD** Totley Rise Methodist Church, 5pm and 7pm. Call Sarah on 07577 070797
- TUESDAYS** **PILATES** The Old School, Dore, 9.30-10.30am. Phone Sally Kilner 07917 762502  
**TOTLEY OPERATIC AND DRAMATIC SOCIETY (TOADS)** meets 7.30pm to 10pm, in the Guild Room, St John's Church, Abbeydale Road South. For more information call 0114 2351206  
**BABY TIME** Totley Library, Tuesday 1.30-2.15pm (term-times only). Come along to meet other parents/carers and babies. We sing simple songs, have fun and allow time to chat  
**SHEFFIELD MARQUETRY GROUP** 10am-12noon, St Oswald's Church Crypt, Bannerdale Rd. Small friendly group - beginners welcome. For information phone Graeme 07947 127909 or Pat 0114 2819915  
**KNIT, NATTER, CRAFT & CHATTER** Totley Rise Methodist Church, 12 noon-3.00pm  
**JAZZ IN THE AFTERNOON** 1.30-3.30pm, Totley Rise Methodist Church Schoolroom. A weekly afternoon of all forms of recorded jazz, plus discussion. Tea, coffee and biscuits available  
**YOGA CLASS** 1.15 - 2.45pm at Dore and Totley United Reformed Church. Contact Rachel (qualified level 4 BWY teacher) 07708 996984 or yogaq@hotmail.co.uk
- WEDNESDAYS** **PILATES CLASSES** Dore & Totley United Reformed Church, 9.00-10.00am and 10.15-11.15am. Contact Caroline tel: 0781 722 0324, email Carolinenorth1@me.com, www.pilatescarolinenorth.co.uk  
**CARERS' CAFE MONTHLY** Dore & Totley United Reformed Church 10-11.30 am. Contact Jan Outram 0114 278 8942  
**COFFEE IN THE LIBRARY** 10.30am-12.30pm. Come and have a coffee and a chat  
**STORY TIME** for toddlers and pre-school children at Totley Library from 10am - 11.30am (except school holidays). Children can take part in weekly themed craft activities, sing songs and listen to a story. £1 donation per child greatly appreciated  
**TODDLER GROUP** 10am-11.30am, All Saints' Church Hall. Details tel. Liz Hayden 07969 826464  
**HEALTH WALKS** 10.30am, meet at Totley Library. Contact Step Out Sheffield on 07505 639524 or email stepoutsheffield@gmail.com  
**YOGA CLASS** 6.30 - 8pm at St Johns Church Hall Totley. Contact Rachel (qualified level 4 BWY teacher) 07708 996984 or yogaq@hotmail.co.uk
- THURSDAYS** **RHYTHM TIME** Baby, toddler & pre-schooler music sessions 9.00-11.30 Details Email: beth.w@rhythmtime.org Phone/WhatsApp: 07748 589468 To book: <https://rhythmtime.net/find-a-class>  
**ROCKCHOIR** United Reformed Church, Totley Brook Rd, 11.30-1pm. See [www.rockchoir.com](http://www.rockchoir.com) or call 01252 714276  
**CHAIR AEROBICS** Totley Library, 12-1pm with Kay. An Age UK and People Keeping Well weekly exercise class. £3 per week, no need to pre-book, just turn up  
**SOCIAL CLUB** Dore and Totley URC fortnightly 2.30-4.30 pm Contact Alison Holden for information 236 0441  
**PUSHCHAIR CLUB** Totley Rise Methodist Church Hall, 10.30-12noon. Tel. 07912 352543 for details  
**PILATES CLASS** run by qualified Pilates Instructor/Physiotherapist for all abilities and ages. 1.30-2.30pm, 5.15-6.15pm and 6.15-7.15pm at the United Reformed Church, Totley Brook Road. Call Emer on 07792 422909
- FRIDAYS** **PILATES** The Old School, Dore, 9.30-10.30am and 10.45-11.45am. Phone Sally Kilner 07917 762502

## OCTOBER

- SUN 2nd MINIATURE TRAIN RIDES Sheffield Children's Hospital Charity fund raising.** Abbeydale Road South. 1pm-5pm (weather permitting). Car park closes 5pm. £1.50 per ride per person. See [www.sheffieldmodelengineers.com](http://www.sheffieldmodelengineers.com)
- SUN 16th MINIATURE TRAIN RIDES** Abbeydale Road South. 1pm-5pm (weather permitting). Car park closes 5pm. £1.50 per ride per person. See [www.sheffieldmodelengineers.com](http://www.sheffieldmodelengineers.com). This is the last session of the season. Please note that the Santa Specials are SOLD OUT.
- TUES 18th TOTLEY TOWNSWOMEN'S GUILD** Enid Vincent and Phil Lockwood, "Inn Signs" 10am Totley Rise Methodist Church
- SUN 23rd FRIENDS OF GILLFIELD WOOD** Small Mammal Trapping survey. Meet 8.30am at the bottom of Totley Hall Lane. A family event open to all.
- MON 24th FRIENDS OF GILLFIELD WOOD** An illustrated talk by FOGW member Stuart Davies about his work as a volunteer with the Peak District National Park. 7.30pm, Totley Library.
- WED 26th TOTLEY HISTORY GROUP** Mary Garside, "The History of Sheffield Hospitals", 7.30pm, Totley Library.
- SAT 29th TOTLEY LITTER PICKING MORNING** 10-11am. Equipment provided. This activity is done at participants' own risk. Children must be accompanied by an adult. Meet Baslow Rd, outside Totley Library. All welcome.
- SAT 29th FRIENDS OF GILLFIELD WOOD** 10am. Practical Conservation morning.

## NOVEMBER

- TUES 15th TOTLEY TOWNSWOMEN'S GUILD** Sarah Harper, "Winter/Christmas Foliage" 10am Totley Rise Methodist Church
- WED 16th to SAT 19th TOTLEY OPERATIC AND DRAMATIC SOCIETY** "Secondary Cause of Death" written by Peter Gordon. This is a murder mystery set in wartime England. St. John's Church Hall, Abbeydale Road South. Wed - Fri 7.30pm, Saturday matinee 2.30. Tickets £7 - tel 0114 235 1206 or email [tickets@toads-drama.co.uk](mailto:tickets@toads-drama.co.uk).
- SAT 19th TRANSPORT 17** Christmas Fayre, Cross Scythes, Totley. All welcome!
- WED 23rd TOTLEY HISTORY GROUP**, "Trespassers will be Prosecuted" Thelma Griffiths, National Trust volunteer historian at Longshaw, explores the history of access to the countryside, especially the Peak District moors over the last two centuries, from private shooting estate to open moorland.
- SAT 26th TOTLEY LITTER PICKING MORNING** 10-11am. Equipment provided. This activity is done at participants' own risk. Children must be accompanied by an adult. Meet Baslow Rd, outside Totley Library. All welcome.

If your organisation wants to publicise its events, or if you know about any local event, such as community markets or concerts, which you'd like to let people know about, please send details to Totley Independent (copies are on the back page or on our website at [www.totleyindependent.co.uk](http://www.totleyindependent.co.uk)) and we'll do our best to include the information on this Diary page!



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## 'Totley Independent' for December/January

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**Saturday 3rd December**  
**COPY CLOSE DATE for this issue**  
**will be**  
**Saturday 12th November**

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