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Clues to the Past in a Photo (from page 1)

back to Sheffield. There was doubt over how much the driver had had to drink, so he wasn't sent for trial - there was no breathalyser in 1899!

The horse bus would have taken a morning's toil out of Sheffield and needed a lot of skill to control the four trained horses. It was quite a steep pull up Baslow Road. The tyres were wood with steel rims and there was no tarmac on the roads. Limestone would have been used as the surface - you'll have walked on plenty of those surfaces on Derbyshire walks, and they were the norm in those times.

THE TOTLEY ACCIDENT.

CONCLUSION OF THE INQUEST.

THE DRIVER CENSURED.

The inquiry into the circumstances of the death of Eliza Matthewman, wife of Henry Matthewman, landlord of the Westminster Hotel, High street, Sheffield, who died on Thursday last from injuries received at Totley the previous Saturday, was resumed at the Court House yesterday afternoon by Mr. D. Wightman, coroner. Mr. H. Wilson, barrister, instructed by Mr. A. Muir Wilson, appeared on behalf of Mr. Reuben Thompson, who was also present, and Mr. H. W. Chambers represented Mr. Matthewman. Mr. S. Newsham, who was the first to give evidence at the opening of the inquiry, said that he wished to correct his previous evidence in one particular. He stated on Saturday that he had not seen the driver, Herbert Howard, take any refreshment of any kind. He had since recalled the fact that the driver took a bottle of beer at the Royal Hotel, Abbeydale road. Mr. S. Keeton, of 515, Abbeydale road, said that on setting out the driver was perfectly sober, and he did not see him have any drink before the party got to Totley nor after they got to the Cross Scythes, where they all got off the conveyance, and the horses were put up. The next time witness saw Howard he was putting the leaders in and making ready for the party to return. That would be about a quarter-past nine o'clock, and it would be twenty minutes to ten when they started off. He was assisted in putting the leaders in by another man, but witness did not know whether this was the ostler or not.

The Coroner: Do you think Howard was sober?—I am certain now he was not, but I did not form an opinion until I saw him get upon the drag.

Witness added that when Howard was getting upon the box some one called out to him, and he answered, "Don't you think I know what I am doing? Get out of the road."

The Coroner: What happened when he tried to get upon the drag?—Some one called out to him, and he had heard it from the evidence of one person that he was drunk, from two that he was not sober, from one that he had drunk a good deal, and from two that he was sober. It certainly was the duty of this driver to keep sober. The question was whether it was Howard's fault that the accident happened which led to the death of the deceased. The jury had it in evidence that he had had some drink. But it was just possible that four horses with their heads towards home might overpower him in any case, that they might get the better of a very good man indeed. Was the evidence sufficient to satisfy them that the death of this woman was brought about by him? If there was a doubt it was their duty to give the driver the benefit of it.

The jury retired, and were a considerable time in consultation.

Eventually the Coroner called in the driver and told him that the jury had come to the conclusion that the death of Mrs. Matthewman was caused by injuries received on the conveyance which he was driving, and they added that his conduct was highly censurable. He (the coroner) hoped this verdict would make a great impression upon him. He must have deceived Mr. Thompson very much in allowing him to believe he was a competent and sober man. He (the coroner) hoped it would be a good warning to him. He had very nearly been sent for trial for manslaughter. It had taken the jury a long time to decide whether to send him or not.

Howard received the coroner's censure in silence.

THE BUILDING TRADES DISPUTE.

A PROBABLE SETTLEMENT.

The action of the representatives of the building trade unions at the conference in Manchester on Monday regarding the building trades dispute has been received with great satisfaction by employers in the district, and it is considered as a step towards the prevention of the disruption of an important business. One gentleman, who is at the head of a

The report said there were 27 passengers on board, the capacity possibly more with a passenger on either side of the driver. The group had been enjoying a real treat, viewing the rock gardens and daffodils in the grounds of Totley Hall, which attracted many hundreds of visitors on open days.

A tragic end to their day out.

Totley History Group

Friendship Lunches

The new Friendship Lunch at the Shepley Spitfire Totley is proving to be a huge success, with new people joining us every month. The event is on the last Friday of every month. The next event is on Friday 24 June with the amazing Oliver Harris.



Guest Sacha said "I am finding the Friendship Lunches really beneficial as they have helped me get out socialising, making new friends and most of all I feel less isolated. I feel Totley as a community was always lacking events like this".

The next Friendship Lunch at the Hammer & Pincers in Bents Green is on Tuesday 28 June with Oliver Harris.

We are extremely grateful to Age UK Sheffield and People Keeping Well for kind sponsorship and to poster sponsors, Twelve Trees Care, Sheffcare, Norrie Waite & Slater and SCCC.

Tickets for each event are just £10 and include a delicious two course lunch and live entertainment.

To book please contact the venues. For further info and/or to discuss hosting/sponsoring a Friendship Lunch, please contact Kathy Markwick, Freelance Community Consultant, 0772 9528844.

Volunteers wanted!

Dore and Totley United Reformed Church Beaver Scouts would love someone to come forward and start a Cub Scout pack at their premises. They are a thriving group, and have plenty of parental support so they can do lots of exciting activities, but the children are so often disappointed because they find it virtually impossible to continue in Scouting once they reach the age of 8. They rarely manage to get into either of the existing local groups even though their names have often been on waiting lists for over a year.

There is funding available for setting up a new pack, training provided, and a bunch of enthusiastic boys and girls just longing for someone to volunteer to lead them!

If you are interested, or know someone who might be, please contact Jeanne Clark at jeanne.clark@btinternet.com or phone 236 7390.

Local magazines facing printing cost increases

Readers will probably not be surprised to hear that our local community magazines are facing significant increases in the cost of printing. The *Totley Independent's* printing bill has gone up by 22% from this issue. This comes relatively soon after we took the decision to cease charging for each copy, though readers will appreciate that a cover price of 20p came nowhere near to paying the actual printing costs, even then!

We are confident that as long as our advertising revenue remains stable, we can continue to cover our costs through advertising, though this will probably mean fewer pages per issue. This issue has 32 pages, as opposed to our usual 36, and this has meant that some items have had to be held over until the next issue. It's more important than ever that local businesses consider advertising with us - and that our contributors keep up the good work in helping maintain a high-quality community magazine!

Celebration of Stella Jockel's life

There will be a Celebration of Stella Jockel's life on the afternoon of Saturday 18th June, with a Service 2pm to 3pm followed by tea and cake in the Church Hall until 5pm.

Stella was well known within Totley and was a generous supporter of many local causes.

She was a regular churchgoer at Totley All Saints where her husband, Alan, was vicar until his death in 1985. Stella was dedicated to the provision of church music and fulfilled the role of choir mistress for many years. Latterly she worshipped at Beauchief Abbey.

Stella died just before Christmas 2020. Given the restrictions of the time, the family were only able to hold a small funeral service, but committed to hold a Celebration of her life, when that became possible.

In addition to her church choir commitments, Stella was also a member of the Sheffield Philharmonic Chorus for over 60 years, and members of that choir will be coming to Totley to help with the celebration on 18th June.

There is no need to advise the family in advance, the invitation is an open one. Please could those local to the church avoid, where possible, using the church car park.

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Update from Olivia Blake MP

Firstly, I would like to extend my thoughts to all those with family and friends in Ukraine. Please don't hesitate to get in touch if there is anything I can do to support you to bring your loved ones to the UK.

There has been a huge outpouring of support for Ukrainians in Sheffield over the past month, whether it's people donating to emergency services, organising collections or groups across our city campaigning to fix Government asylum policy. Sheffield has truly lived up to its name as a City of Sanctuary. At the time of writing, I have been working with people across Hallam to progress their applications to sponsor Ukrainian refugees to come to the UK. In the coming weeks I am hoping to arrange a support surgery for Ukrainians arriving in Sheffield. I have also recently spoken about our city's amazing work during a debate in Parliament on support for those fleeing Ukraine, and I have challenged Priti Patel to do more to help the most vulnerable Ukrainian refugees.

This outpouring of solidarity is inspiring, but the Government cannot forget about Afghan refugees still stuck in hotels. Along with other cross-party MPs, I am calling on the Home Office to get the ball rolling again on their relocation and provide proper long-term funding for local services. These schemes will only be successful if the desire of the public to help is matched by the government, with a commitment to properly fund health care, education, and housing.

I was incredibly disappointed to learn about the cuts to the M17 bus service. I know this is a huge blow to people across Hallam who rely on regular and accessible public transportation. Such services are also vital in the context of the climate emergency, where people need to be able to rely on bus services rather than cars. I am also concerned by the lack of notice or consultation given to users of the service. I have written to the company to request a meeting to discuss ways in which this service could be restored.

In other news, earlier in the year the Government announced its spending plans for the year ahead. It is my belief that the measures announced will do nothing to address the cost of living or energy crises we are facing. I have been campaigning for a windfall tax on the huge profits companies like Shell and BP have been making, as well as a retrofit revolution, to reduce energy costs and address the climate emergency. Please don't hesitate to get in touch if you are struggling with rising energy costs and need help accessing support. My office and I are doing everything we can to support people.

As Labour's Shadow Minister for Climate Change, I have been calling the Government out on their chaotic fracking policy. The Government must rule out fracking completely, introduce a long overdue outright ban, and properly invest in the renewable energy of the future.

I also joined Friends of Whirlow Brook Park for a very successful launch of their Climate Change Action Project. It was great to hear more about the exciting project and talk to all those who are involved.

Last month the Government finally published its long-awaited SEND Review. As Chair of the All-Party group on Special Educational Needs and Disabilities I welcomed the report, but I am concerned that families have already waited too long for action. The consultation announced in the report must end in concrete legislation and funding to improve services, training, and accountability. I asked the Education Secretary how he will ensure that standards improve and are not reduced and the unique needs of children with complex disabilities are truly recognised.

Thank you to everyone who contacted me about the Government's Health and Care Bill which returned to the House of Commons earlier in the year. I voted against this Bill, which I believe will do nothing to address the staffing crisis facing NHS

services in Sheffield, instead entrenching the role of private companies in our public health service. Sadly, the Government voted this Bill through. I will continue to work with campaigners across our city to fight privatisation of our NHS.

As always, please get in touch if there are issues you would like me to raise or campaigns you would like me to get involved with!

*Olivia Blake, MP for Sheffield Hallam
olivia.blake.mp@parliament.uk
www.oliviablake.org.uk*

Totley Open Gardens 2022

Totley Open Gardens will be taking place again this year on the weekend of Saturday 9th and Sunday 10th of July from 1-5.30pm.

There will be 12 Totley gardens and allotments, opening for visitors to come and get inspiration, admire good gardens, and see some good vegetable and fruit growing.

Plants will be on sale in several gardens, and tea and cakes in others. Toilets will also be available in some places.



Programmes will be on sale for £5 per person at Totley Library for a month prior to the event and, on the days of the Open Gardens weekend, near the Ironing Parlour on Baslow Road.

All the money that we raise at Totley Open Gardens goes to local community organisations – Totley Library (15%), Transport 17 (25%), Cherry Tree Services (35%) and Totley Scout Hut (25%), plus £200 to URC Beavers.

In 2021, we raised £5,000. Please come along to the event and help us raise another fantastic amount.

If you have any queries please contact me.

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One Man Didn't Go To Mow

Sixty or more years ago, as a young person in suburban west London I earned many a half-crown and ten shilling note for mowing the lawns of elderly neighbours. At the time, they were all push mowers, the pride of the garden shed, regularly oiled and taken once a year to the local ironmonger to be sent for sharpening. Some of my clients insisted on neat stripes on their lawn as well as trimmed edges. Lawn weeds weren't encouraged at all, and there were some fearful chemical solutions, probably now long banned, to deal with them. The weekend sounds of mowers being pushed and hedges being trimmed with shears were typical of the time. By contrast, today's garden sounds almost demand ear defenders with the cacophony of mowers, blowers, strimmers, hedge trimmers and chain saws.

Call me old-fashioned, but I still use a push mower on the basis that the exercise might be good for me. So, as I get older, I'm delighted to hear that 'rewilding' is the thing these days and I'm pleased to do it. The lawn has now been turned into a wild patch around which I just mow one mower's width for access. The rest is allowed to grow and gets one cut around the end of September. Mind you, this one extremely productive cut probably uses all the calories that have been saved by not cutting the lawn regularly. However, the results from the past three years have been stunning. The wild patch is a big attraction for birds, bees, butterflies and other pollinators which spend a lot of time in there. Apparently, we have to thank pollinators for every third mouthful we eat. Since going wild, the number of plant species has increased and includes an orchid (pictured below) which appeared magically and looks as if it will flower for a third year. And that's without sowing seed to make a wildflower meadow.



I find that my approach is more extreme than, for example, the 'No Mow May' campaign of the Plantlife conservation charity. In their surveys they say that unmown lawns, even small ones, can support from 400 bees a day and up to 4,000 bees on 'superlawns'. Their surveys recorded almost 100 species of pollinators. This total included 26 types of butterflies and moths and 21 types of bees. With lawns left unmown, more nectar-rich plants will appear as if by magic, so there are more biodiversity benefits as well. Last year's 'No Mow' month reported 250 species of wild plants that had appeared in unmown grass. This has to be a benefit for those people who prefer to save mowing time and enjoy their lawns, rather than work up a sweat keeping them manicured and producing wildlife deserts. Add to that the reduction in your carbon footprint and the fact that unmowed lawns act as carbon stores. It might just make for quieter weekends as well?

They are going to have to think about reworking the nursery rhyme, "One man went to mow, went to mow a meadow...." However, there's one big dilemma for me. As a young person I was taught to despise the dandelion wherever it appeared. Now I hear that eight dandelion flowers will support one adult bumblebee with nectar. Dandelions are certainly extremely successful at surviving and spreading - just look at the verges on Abbeydale Road South and Baslow Road. Children blowing

dandelion clocks still make me feel uneasy. I suppose I could eat my dandelion leaves, but then think of the diuretic effects - something to bear in mind as we get older and find there are fewer public toilets about. They're not called piss-en-lit and other similar folk names for nothing!

At the very least, if you feel you have to carry on mowing, Mother Nature might love you a little more if you raise the cut so that some low-down nectar-rich plants can duck the blades. As for me this summer, I shall just continue to watch my grass grow.

Mike Peart

Totley Primary School

Rockin' Residential!



In keeping with society at large, the diary at Totley Primary is filling up with a whole host of exciting trips and events, which are bringing a welcome wave of interest and variety to school life following over two years of necessary caution. For example, our recent Y4 trip to Kingswood Peak Venture (an activity centre close to Penistone) was an absolute hit! As the first residential visit we have been able to run since the autumn of 2019, it really felt like a very special occasion indeed. With Totley Primary having only one more year of expansion

(the school will have two classes in each year group from September 2022) our Y4 children were the first two form cohort we have taken away overnight and were an absolute credit, throughout. Demonstrating the same brilliant attitudes that they show in school, the children threw themselves enthusiastically into a whole range of adventurous activities, such as archery, climbing and laser-tag, whilst cheering on their friends. It was great to see children from both classes mixing fluidly and working as one giant Totley team! Here are some quotes from the children which reflect some highlights of their experience:



'I pushed myself to try new challenges and was really proud of myself' - Sofi

'The food was epic and the instructors were really fun and energetic!' - Amelia

'We had fun in our rooms. We made a slinky bridge between the top bunks for our toy squishy cats to crawl along.' - Joe

With a camping trip booked in for our Y6 children shortly, along with a range of other enriching activities throughout the summer term, we look forward to seeing the benefits of broadening horizons for the children and school community over the coming weeks and months!



Ben Paxman, Headteacher

Car park closures at Dore & Totley station as railway upgrade work starts

Dore and Totley station car park will see partial and full closures over the next three months to allow essential construction work to start as part of the Hope Valley Railway Upgrade.

The closures are needed to allow for the safe delivery of railway track and materials and for the construction of a second railway line, platform, and accessible footbridge at Dore & Totley station. No trains will run from the station over weekends in July while work is delivered.

The improvements will remove several bottlenecks along the Hope Valley line to enable more reliable passenger journeys between Manchester and Sheffield.

Alternative parking spaces will be available at Abbeydale Sports Club and local businesses will remain open and accessible throughout.

The one-way route around the car park, along with the disabled spaces and drop off point, will be left clear during the partial closures. A pedestrian access route to both the station and the Rajdhani restaurant will be made available throughout.

Natalie Hewitt, Senior Sponsor at Network Rail, said: "Our major railway upgrade in Hope Valley has started. We're delivering a lot of improvements around Dore & Totley station and need space for deliveries, materials and our team delivering the work - which is why we need to close parts of the car park



over the next few months.

"Thank you for bearing with us while we do this. This work will mean better journeys for passengers using the station in future."

Darren Lockwood, Project Director from VRSJV, said: "We thank the local community for their patience and understanding while we close Dore & Totley station car park to carry out these essential upgrade works on the Hope Valley line.

"The closure plays an important part in facilitating this important investment in Northern travel infrastructure."

Car park closures:

Part Closures

- Every Wednesday (from 5am), Thursday & Friday in June & July.

Full Closures

- June: Every Saturday (from 5am). Car park reopens on Sundays (7am).
- July: Every Saturday (from 11pm Friday) & Sunday. Car park reopens on Mondays (6am).

The orange boxes show spaces closed during the part closures. The car park will have a barrier near the entrance during full closures.

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What's on at Totley Library



Current Opening Hours

Mondays 1pm - 7pm
Tuesdays and Wednesdays 10am - 5pm
Fridays and Saturdays 10am - 1pm

Covid 19 precautions

Library users and Volunteers may choose to wear a face covering. The screens and hand sanitiser will stay in place. Some windows will be opened.

Story Time returns!

We are returning to our much loved 'Pre-Covid' Story Time format for toddlers and pre-school children. Story Time is held every Wednesday morning (except school holidays) from 10-11am in the Children's Library. Children can take part in a variety of themed craft activities, songs and a story. £1 cash donation per child will be greatly appreciated as you arrive and sign in.

Lost Books and Fines

Please note from 1st March we are implementing the same system as the council for library users with outstanding charges for lost Orange Sticker books. Users will be charged for the book and may have their library card blocked. Please have a look at home for any overdue books and return to the library as soon as possible to avoid charges. This will help ensure all our library users are able to enjoy the newest titles.

Sales Shelves

Don't forget to check out our sales shelves in the library. All books are in excellent condition with new adult and children's titles selling for as little as £1. Why not try our Bargain Book Bundle - 4 books for £2. Great value and perfect for holidays!

Totley Library Lottery Winners

Congratulations to recent Library Lottery winners! The first-prize winner in the March draw was Robert Jones, and the second-prize winner was Rex Eastwood. In the April draw, first prize was won by Harry Driver, and the second prize was won by Mrs C. Steel.

Community Art Space

Come and check out our new art displays in the adult library. Works by local artists, Maria Gledden, John Wells, Ian Geary, Angela Harpham and Sarah Wild are available for sale at very competitive prices.

Totley Library Community Art Space was established to showcase the work of new and established local artists. All artists' work is exhibited for a period of three months, free of charge, available for sale at a price set by the artists. Totley Library takes a small commission on each picture sold to support the ongoing running costs of the library.

We are now looking for local artists who would like to join this exciting community initiative and exhibit between July and Sept 2022. For further information, please call in at Totley Library and take a look at the Art Space or email carolynjallcroft@gmail.com.

Totley Library Cinema

Our cinema programme at Totley Library is available for booking in person or by calling 0114 236 3971. Refreshments will be served at all these films. Raffle tickets: £3 per adult and £1.50 per child. Thursday matinee films are free for Over 65s.

Thursday 9 June 3pm - Death On The Nile (12) Belgian sleuth Hercule Poirot's Egyptian vacation aboard a glamorous river steamer turns into a search for the murderer of a newlywed heiress.

Friday 17 June 7pm - Fisherman's Friends (12) A London music executive hears a singing group of fishermen in Cornwall and believes that they can achieve a top ten hit.

Sunday 26 June 2pm - Sing 2 (U) Star-studded animated jukebox musical sequel for children.

There will be no film screenings in July or August. The film programme will start again in September.

Do you need transport to attend our Thursday matinee screenings?

Are you interested or know someone who would like to attend our Thursday matinee film screenings but is unable to do so without transport? Transport 17 is a small charity in Totley that can pick up and drop off older and vulnerable people. We are interested in finding out if this free service is needed for those who wish to attend our Thursday cinema screenings from Autumn 2022 onwards. If you are interested, please email totleylibrary@gmail.com using the subject line 'Transport 17'.

Art Exhibition

This will be held on Sunday 12 June between 11am and 4pm. FREE admission!

Any local artists who would like to exhibit in this year's Art Show at Totley Library should contact collette.duke@sky.com for more information.

Overdue books

Since 1st April 2022, there will be no fines on items that are returned late. Library users are still encouraged to return or renew their library books on time. Lost and damaged items are charged at replacement value.

Please have a look at home for any overdue books and return to the library as soon as possible. This will help ensure all our library users are able to enjoy the newest titles.

New Book Additions

We have a range of new books for loan. Here are just a few of our latest titles.



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GADGETEERS



- Go to Totley Library this summer to join the Challenge – IT'S FREE!
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- Choose books to read over the holidays
- Collect stickers for each book you read
- Add the stickers to your poster to complete the Challenge and become a Gadgeteer!
- The Challenge starts on Saturday 23rd July

Illustrations by Julian Beresford and © The Reading Agency 2022

SUMMER
READING
CHALLENGE

Councillors' Update

Following the recent local Elections there have been some major changes in the Town Hall. The new committee system has come into operation and the executive cabinet has been replaced by several decision-making committees. These are politically proportional which means that all Councillors will have a say in how the Council is run rather than just the 10 members of a Cabinet. It will be interesting to see how this works out in practise but there are some positive signs already.

Martin was re-elected to serve our ward with a majority of over 2,000 and the highest individual vote of any candidate of any party in the city.

The recent elections left the Council under no overall control with Labour the largest party and the Liberal Democrats as the second largest. At the AGM of the Council the Labour Leader was elected as Leader of the Council as the Green Party did not support either the Lib Dem or Labour candidates.

In addition to our primary role as Ward Councillors, all three of us now have extra responsibilities. Martin is Chair of the Economic Development Committee, Joe chairs Waste & Street Scene and Colin has been elected Deputy Lord Mayor of Sheffield.



In more local news Colin was very pleased to Chair a recent event in Whirlow Brook Park where the Friends Group has been awarded £8,450 from the National Lottery to fund a project 'Adapting our park and our community to climate change'. The meeting was well attended and the audience heard from various speakers about how the project will use the funding to climate-proof the park, both with physical action such as planting new trees and reducing short-mown grass areas, and also by educating park users and others in the community on how they could adapt their own gardening habits. This is a great initiative that could make a big impact if it adopted more widely. Could something similar be organised in Totley?

On a less positive note Councillors are occasionally contacted about anti-social behaviour. We all know that this part of Sheffield is a great place to live with a strong sense of local community but unfortunately some residents are the victims of anti-social behaviour that can have a real impact on their day-to-day life. In response to this problem the Council has established a new Anti-Social Behaviour team that can patrol in known 'hot spot' areas' and support residents in resolving

disputes. Of course the more serious cases are dealt with by the police, but we have already seen some positive outcomes from the new service, including one incident in Totley. Please let us know if you need more details on this.

And finally If you need to talk to us about any local issues our monthly surgeries are back to normal in Totley Library and Dore Old School. Alternatively you can contact us by email or via the Council website.

Stay safe and enjoy the summer!

Martin, Colin and Joe

martin.smith@councillor.sheffield.gov.uk

colin.ross@counillor.sheffield.gov.uk

joe.otten@councillor.sheffield.gov.uk

The Totley Independent team needs a

DISTRIBUTION MANAGER

If you can volunteer a few hours of your time on just six Friday afternoons each year, we need someone to

- Receive the delivery from the printer of 20 boxes of magazines at the Transport 17 office
- Count out and label batches of magazines for our 24 deliverers
- Distribute the batches of magazines to the home addresses of deliverers

On the Monday or Tuesday following 'delivery Friday', we also need to have smaller quantities of magazines left at the eleven local stores who stock copies, though this task can be shared between members of the Totley Independent CIC group.

Holmesfield Church Walking Group

Miller's Dale Walk

On Wednesday June 29th Robin Greetham will lead a walk starting from the Angler's Rest, Miller's Dale (SK17 8SN). We will walk along the Monsal trail in the direction of Buxton. It is a linear walk so you can turn around whenever you wish. The scenery is magnificent.

Lunch (optional) is at the pub. If you would like to come just turn up on the day.

If you have any queries please phone Robin on 01246 412767. The cost of the walk is £4 and the proceeds go to Holmesfield Church.



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Totley All Saints

Church of England Primary School

It's great to be able to say that things are more normal at Totley All Saints now! Our attendance figures are at their usual high and we are reinstating all of the fun activities we had on our calendar before the pandemic hit.

Goodbyes

With heavy hearts, we said goodbye to longstanding and much-loved members of the TASS team. Mrs Sargent, who has led TASS to two Outstanding OFSTED gradings and has enabled staff to develop their careers both within this school and elsewhere, has moved on to a post as a school improvement advisor. Her help and support will be sorely missed by all of us. Mrs Sally Moorwood, our business manager, has also moved on after many years of sterling work keeping all the administration of a busy school running smoothly. The loss of her encyclopedic knowledge of how the school runs will be a big gap to fill and we'll really miss her. We know they will both be amazing in their new roles and hope this is au revoir and not adieu!

Pupil Voice

Our children are very involved in the life of the school. The School Council has met to organize fund raising (for example Red Nose Day) and feedback on what their peers are thinking, and our Global Neighbours Group are building on their successful Silver award. The CREW Council (RE and Collective Worship) have continued to develop their role in assemblies and to support other classes to prepare assemblies covering a range of issues.



Achievements outside school

As if their achievements in school were not enough, some of our talented youngsters have been showcasing their skills in the community. Colette Duke from Totley Library presented Alice Evans with the top prize from a Totley Library Cinema Logo competition for family films, and Ava Thompson won for a mixed media entry in the Sheffield Young Artists competition and received a lovely trophy and a plaque to keep.

Learning enrichment activities

It has been so lovely to be able to get out and about from school after such a long break and we have been making the most of it! We were able to hold our sports day at the EIS for the first time in three years! It was a great success for children and adults alike!

Our choir took part in the Young Voices event at Sheffield Arena on 28th March and we will definitely be taking part next year.

Trips are in full flow with Y3 visiting Cresswell Crags; Y1 visiting the Victorian Classroom and Y5 having a fantastic residential at The Oakes. Coming up are residential trips to Whitby for Y4 and Thornbridge Outdoors for Y6, and the end

of year performance, so watch this space!

Fund raising

The children at TASS are always very keen to raise money for good causes. Our dress down day for Red Nose Day raised a wonderful £207.85 and Y3, led by Annabelle and Sophia, are planning a Bun Sale for people in the Ukraine. Our amazing PTA Fun-d raisers are now back in harness and have got lots of plans for fun fund raising activities.



If you would like to find out more about our lovely school, then please visit our website or email us at enquiries@tas.dsat.education. We'll be so happy to talk to you!

Mo Andrews and Trudi Brown, proud Headteachers



Friends Of Gillfield Wood

Diary for June/July

Practical Conservation Sessions - weekends and midweek, mornings and afternoons.

Friends of Gillfield Wood

FOGW works very closely with Sheffield Council Woodlands department. Our conservation sessions are usually once per month and are open to anyone who would like to join in. Everyone needs to provide their own gloves along with suitable clothes and footwear.

Everything we do supplements the work carried out by the Council's woodlands team but our contribution means much more can be done to improve the wood for its flora, fauna and visitors alike. Typical activities are coppicing, fencing and walling, tree and undergrowth management, path repair and drain clearance and all sorts of miscellaneous jobs.

Dates are advertised in the *Totley Independent* or you can join the mailing list by contacting me by email at: fogwsecretary@gmail.com

All welcome and we hope to see a few new faces joining in!

Sunday 5 June, 10am. Practical Conservation - meet at Totley Hall Lane

Wednesday 27 July, 10am. Practical Conservation - meet at Totley Hall Lane

Sunday 31 July, 1pm - 3pm. Fun family event! Drop in to our stream dipping with SCC Ranger Nell and Sorby Natural History Society and FOGW expert Paul. Meet in Totley Brook where the bridge to Woodthorpe Hall crosses the main footpath. Equipment provided but as this is a hands on event, you can bring your own but please wear wellies. Children under the age of 14 must be accompanied by an adult. This is a free event. For further information please email the secretary at fogwsecretary@gmail.com

Keep safe and healthy,

Andy Brewster, FOGW Secretary



All Saints Church

I wonder where you're reading this article? Over a cup of tea after it's been freshly delivered through the postbox?

Perhaps in one of the lovely cafés around Totley, between activities in the library, or waiting for a train in the - soon to be expanded - Dore and Totley Station? I'm writing this whilst sat between piles of moving boxes on our third day here in Totley vicarage. The kids are partway through moving to one of the local schools and we've begun to meet some of the lovely neighbours. There's lots of change for us at the moment, on the 12th of June I will have the great honour and privilege of becoming the new vicar of Totley. As we move from another part of Sheffield, we're bringing with us a group from our previous church to come alongside and support the work here at All Saints. We recognise that it's a big change for us, for the church, and for those coming with us.

Big changes, but of course change is not unique to us. As I have been praying for Totley I'm very aware that change is something that we have all experienced over the last few years - changes in Covid restrictions and working habits, trying (and failing) to comprehend war in Europe, costs of living and the ever-changing political scene around the UK. And our change is nothing in comparison to that of our friends in the Ukraine with the unspeakable horrors that we see unfolding in their land.

Change can be daunting, unsettling, scary and brings with it a sense of vulnerability. But change also offers those in a place of relative stability the opportunity to offer support and care to others. It has already been a real joy to see the

people of Totley responding so generously to the situation in Ukraine. Back in March the church building was filled with donations which have now been taken out there. I know (partly because my wife has been involved in matching many of you up) there are a number here welcoming refugees into their homes, and others who have given to relief work in various ways.

As Christians, we believe that the God of the Bible does not change 'like shifting shadows,' he is 'the same yesterday, today and forever.' If we can offer help and support to others from a place of relative stability, how much more so can God from his place of ultimate stability. We believe God offers unfailing support love and grace to all who call on him. His unchanging nature means we can believe his promises that one day evil will be no more, and those who call on Jesus will be safe with him.

As a church family we want to enjoy the unchanging God and love Totley like he does. My prayer is that whether or not you would call yourself a Christian you'll be glad All Saints is here. To that end, you'll probably see me out and about over the coming weeks - please do say 'hello,' let me know if there are things we can be doing to better love Totley and if there are things I can be praying for. As always members of the church family are praying for the community here in Totley - if you have specific prayer requests please do email them through to ben@allsaintstotley.church

Finally, over the last few years (and all their changes!) there have been a team of folk who have been working tirelessly to serve the church family community here in Totley. There are too many to name but I'd like to publicly record my thanks to all those whose hard work has kept All Saints loving God and serving the community. I'm looking forward to working with you over the coming years.

*Rev'd Ben Tanner
Incoming Vicar, All Saints Church, Totley*



Are you looking for a new hobby, to meet new friends, to experience the "buzz" of singing with like-minded people, to help deserving causes, perform in public and go on concert tours? If you can hold a tune why not apply for membership of

DORE MALE VOICE CHOIR

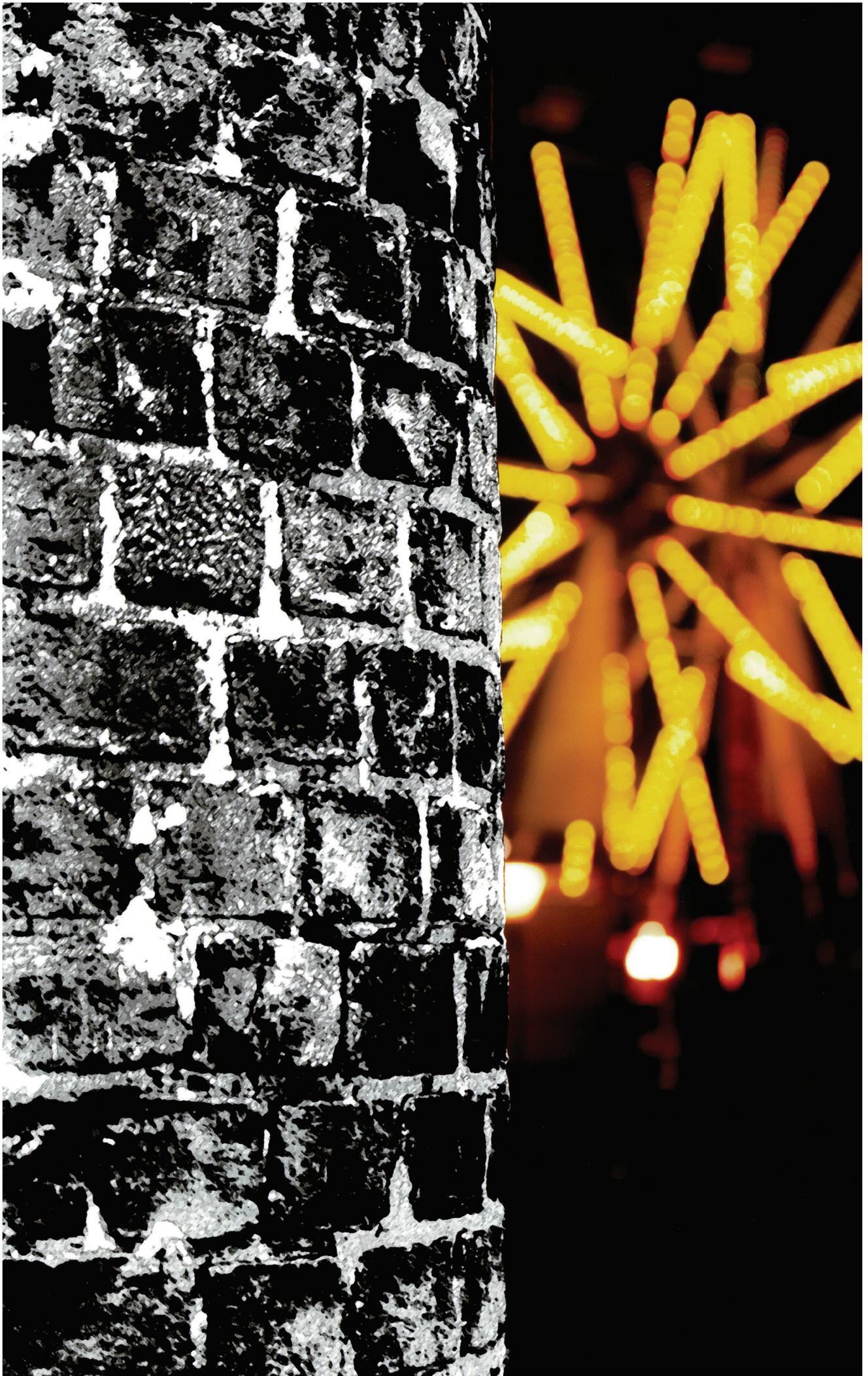
The choir provides 2 uniforms and all the music, currently at a cost of less than **£2 per week**.

If you are interested, and have sung before, or if you have never sung but would like to try, come along and meet us on our open night on Thursday 14 July. We meet every Thursday evening from 7.15 to 9.30pm. at The Christ Church Dore Community Centre, Townhead Rd, Dore, Sheffield S17 3GA.

Contact David Heslop Chairman Tele: 0114 236 5043, or Peter Babb Secretary Tele: 0114 236 0062 to confirm your attendance or contact us any time to suit you.

Visit our website for more information www.doremalevoicechoir.com

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Images of Sheffield

8. Revolution means turning the wheel (Igor Stravinsky)

It's only just struck me how odd it is that I took the picture this way. If I'd had the money, or indeed the interest in riding fairground rides I might have had a fabulous view of the old Kelham Island works itself. But as it was I honed in on the bricks.

Now I must confess to owning a small collection of bricks myself, not enough to build a house or even an outside toilet, but if I find a brick stamped with a name I've not come across before I take it to one side. Maybe one day I'll do something with them, but for now it's enough to know that those long-lost makers of bricks have a fan...

The industrial revolution hit Sheffield hard, no doubt about it, like a tonne of bricks you might say. It was able to utilize the natural resources nearby: clay, metal ore, coal and of course water. Hills mean valleys means rivers means reliable supply of water means power. Water wheels turned the alchemy of steel into cold hard profit for some and plentiful, if backbreaking, jobs for others. The population increased from around 65,000 in 1819 to nearly 500,000 by 1900. The water wheels that had been at the heart of industry in the city, turned inexorably into steam engines just a generation later. The same source of power, just bigger and faster, louder and dirtier, it sounds like a tag line from an action film, but for a time Sheffield was the Bruce Willis of the industrialised world.

As the 20th century drew to a close, the people decided that the best was no longer the best, cheaper was the best and Sheffield no longer had the natural resources to compete on the biggest stage. Just like *Die Hard 4.0* the wheels of industry were grinding to a halt. The last of a stainless steel generation that spanned over 150 years died in 2021, 7 years after I took this photo of the latest wheel to turn at Kelham Island. It too was big and loud, but it didn't resonate in the same way. Sheffield was what it was because of where it is and because of who lived and worked here. I suppose it is what it is now because of the people who live and work here. The wheels will inevitably keep turning but sometimes you just need to look at the bricks to see how fast and in what direction...

Photo and text: Simon Deeks

jokes and play on words are as relevant today as they were when written 150 years ago.

None of the principals disappointed, from Simon Copley as Sergeant of Police to Alex Hayward-Browne as the Pirate King to the smaller parts played by Dick Bell, Charlotte Waring, Kathryn Parkin and Alice Bird. The singing was wonderful throughout and the comedy had you chuckling all the way through. The Society should be extremely proud of themselves for not only was the show a real success and very professional it was produced under trying circumstances. At one point only 3 weeks before the show, 19 people went down with Covid and because of the disease there was rarely a rehearsal where everyone was present. We even had one drop out on the second night with the disease. Extraordinary! Well done everyone.



The policemen, scared at being told to attack the pirates, with Simon Copley as the sergeant.

The audience feedback was exceptional with one e-mailing to say she was overwhelmed, having fallen in love with the Sergeant of Police when she wasn't swooning over the Pirate King! It was delightful and encouraging to see the number of young people in the audience all of whom obviously enjoyed it.

We are definitely putting on a summer concert this year during Dore Festival. The date has been confirmed as Saturday 2nd July and it will be held in Dore Methodist Church starting at 7.30pm. Tickets are £8 each (unchanged since 2018 which is nice) and will be available from me by phoning 0114 236 2299. The venue has limited seating capacity so please do not delay in ordering your tickets. The programme has many favourites including selections from *My Fair Lady*, the Swing era and ABBA as well as a little bit of opera. We are repeating this concert at Whittington Methodist Church (Right at the first island at the Chesterfield end of the Dronfield Bypass (S41 8NA) on July 23rd at 2.30pm.

Here's hoping that the Covid virus peters out soon and please get your booster vaccinations to help it on its way, (Ann and I have had ours). Have a good spring and early summer and hopefully I'll see you at one of the concerts.

Derek Habberjam

Dore Gilbert & Sullivan Society

Did any of you watch *HMS Pinafore* by English National Opera on Sky Arts last month? If you didn't, you missed a great performance which had me laughing all the way through and if you did then you would have seen young John Savournin, Judy's son in the lead role of Captain Corcoran. He was excellent.

As I told you in the last edition, this year is my first non-performing year since 1989. This allowed me to view the society from a very different angle when I was pleased to help out as part of the front of house staff and watch the show.

The show was *The Pirates of Penzance* and was our 50th Anniversary performance. It did not disappoint. The orchestra, which for me can make or mar an evening, was excellent. The show opened with a rousing song from the pirates and set the tone with several comic moments. This was followed by Ruth (Carolyn Bean) explaining how Frederic (Pete Geary) came to be apprenticed to the piratical band in a sad but funny song. This blend of comedy and wonderful music continued through the whole of the performance. Ian Stewart as the Major General was pompous and deceitful with splendid comic timing and Frederic was love-struck by Mabel (Rebecca Lambert) having spurned Ruth. The policemen were the Keystone Cops and popped up unexpectedly on occasions, well, they made me laugh!

W. S. Gilbert's lyrics never cease to amaze me. Many of his



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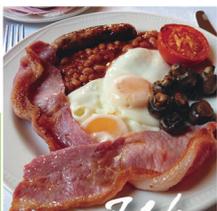
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The Totley Show Society is proud to announce

Totley Show 2022

A celebration of our community and its talent in aid of local charities

**Saturday 10th September
at Totley Primary School**

Admission to the show will be 50p for adults and 20p for children

We would be delighted to see you at the show and to receive your entries using the entry form overleaf

The Programme

- 8.45 Registration opens
- 10.45 Registration closes
- 11.00 Judging of classes
- 1.30 Doors open to the public**
- 1.45 Official opening of the Show
- 2.30 Prize money may be collected
- 3.15 Last raffle ticket sales
- 3.30 Prize giving followed by raffle draw and auction of donated items
- 3.45 Collection of non-auction entries

Refreshments will be available throughout the afternoon together with live music, craft stalls and various children's activities.

The Show will end with a charity auction of donated items.

How to Enter the Show

Please feel free to enter as many classes as you like! The entry fee is 50p per entry. You can enter up to three entries in any one class; no entry can have been in a previous Totley Show. If your entry doesn't fit one of our classes please still bring it along for display. Children may enter any class. All entries are left at owners' risk.

First (£3), second (£2) and third (£1) prizes will be awarded in each class, unless there are fewer than three entrants in an adult class in which case only a first prize will be awarded. All children's entries are recognised with a certificate and all children's class winners receive a medal. Cups or trophies are awarded to all section winners. A special trophy is awarded for the 'best in show'.

You may donate your item to be auctioned at the end of the show, but this is not compulsory. Any prize money not collected by 4pm will be put towards next year's show. Thank you for entering!

Notes:

Recipe to be used for Dundee cake class (use a deep 7" tin): 175g/6oz plain flour; 125g/4oz butter/margarine; 125g/4oz soft brown sugar; 2¼tsp baking powder; 1 rounded tsp mixed ground spice; 3 eggs, 125g/4oz raisins; 125g/4oz sultanas; 125g/4oz currants; 85g/3oz chopped mixed peel and chopped cherries; 40g/1½oz blanched almonds to decorate.

Recipe to be used for Victoria Sandwich class (use two 7" tins): 125g/4oz Margarine; 125g/4oz self raising flour; 125g/4oz caster sugar; 2 eggs. Fill with strawberry jam.

Children's handwriting classes (on an A5 page): 6-8s a nursery rhyme, 9-11s a poem, 12-14s: a Shakespeare quote.

Totley Show 2022

Entry Form

Please complete prior to bringing your entries for registration between 8.45 and 10.45am.

Name	
Phone	
email	
Address	

Please enter the number of items you would like to enter against each class at 50p per entry:

HANDICRAFT SECTION

1	Knitted or crocheted item	
2	Decorative cushion	
3	Soft toy	
4	Sewn garment	
5	Cross stitch	
6	Quilting / patchwork	
7	Greetings card	
8	Open handicraft any medium	

DOMESTIC SECTION

9	A cake (any recipe)	
10	Victoria sandwich (see recipe)	
11	Dundee cake (see recipe)	
12	Carrot cake (any recipe)	
13	Free from (any recipe)	
14	3 Fruit scones	
15	Loaf of bread	
16	Jam	
17	Lemon curd	
18	Marmalade	
19	Chutney	

FLORAL SECTION

20	Arrangement 18"x10"x10"	
21	3 Cut home grown flowers	
22	Flowering pot plant	

FRESH PRODUCE SECTION

23	4 Eating apples	
24	4 Cooking apples	
25	8 Blackberries	
26	5 or more mixed veg/ salad	
27	3 Courgettes	
28	5 Matching runner beans	
29	5 Tomatoes	
30	1 Cucumber	
31	Heaviest marrow	
32	Longest runner bean	
33	3 Eggs from own hens	

ART & SCULPTURE SECTION

34	An original poem	
35	Oil or acrylic painting	
36	Watercolour	
37	Sketch in ink or pencil	
38	Upcycled art or sculpture	
39	Open art any medium	
40	Open sculpture any medium	

PHOTOGRAPHY SECTION

41	Black and white	
42	Portrait	
43	Animal – domestic or wild	
44	Landscape	

WOODWORK SECTION

45	Wood turning	
46	Open woodwork	

CHILDREN'S SECTION (up to 14)

47	Vegetable animal (up to 8)	
48	Vegetable animal (9-14)	
49	3 Decorative buns (up to 8)	
50	A cake any recipe (9 to 14)	
51	3 Biscuits (up to 8)	
52	3 Biscuits (9 to 14)	
53	Decorated gingerbread man	
54	Egg cup flower arrangement	
55	Painting or drawing (up to 5)	
56	Painting or drawing (6-8)	
57	Painting or drawing (9-11)	
58	Painting or drawing (12-14)	
59	Lego model <25cm ² (up to 8)	
60	Lego model <25cm ² (9-14)	
61	Colour photo (up to 14)	
62	Open any medium (up to 8)	
63	Open any medium (9 to 11)	
64	Open any medium (12 to 14)	
65	Handwriting (up to 8)	
66	Handwriting (9-11)	
67	Handwriting (12-14)	
68	An original poem	

Official use only

Entrant number	
Total number of entries	

Total entry fee due	
Entry fee paid	



On the Beat

The June/July issue already! It feels like only yesterday we were celebrating Christmas. Still, it does appear as I write that the weather is improving and I see lots of planning under way for the events and fairs that we have all missed over the last couple of years. I'm looking forward to getting along to as many of those as possible but will miss a few as we

no longer work Sundays. Please let me know with as much notice as possible of anything you are planning and I'll get it in the diary.

Crime trends-wise, we are still seeing a dramatic reduction in the amount of house burglaries so thanks to you all for taking those steps to keep them out. We are however seeing an increase in recent weeks of theft of keyless vehicles. So - a reminder to keep your keys as far away as possible from your vehicle and ideally store them in an RDIF blocking container to stop them emitting any signal that could be used by thieves. Sheds and garages still remain a target and thefts



from unoccupied houses undergoing renovation have also increased recently so please review your security measures on these. We are getting back into offering our crime prevention advice visits, and whilst we cannot recommend any particular locks, alarms or tradespeople, we can give general practical measures that you may wish to adopt when leaving your house unattended.

I have seen a number of dog-related jobs locally. Please remember to keep your dog under control at all times when in a public area, and for those of us who love dogs but don't own one, please always ask the owner's permission before approaching or trying to stroke any dog to make sure they won't react badly.

A lot of the calls I have been receiving recently have been about parking so I thought it might be a good time to let you know what the police can and cannot do.

Most parking powers were transferred to the Council, including enforcement of any line (single yellow, double yellow, clearway etc.) offences. The Council are also responsible for issuing fines for idling outside schools. Police are however still able to issue tickets for obstruction where a highway is totally obstructed, or if you are unable to get off your driveway. These offences however need to be witnessed by a Police Officer/PCSO to be enforced - we unfortunately cannot take retrospective action from photographs sent to us.

Police also still have the power to issue tickets for dangerous parking, which is defined as follows: "If a person in charge of a vehicle causes or permits the vehicle or a trailer drawn by it to remain at rest on a road in such a position or in such condition or in such circumstances as to involve a danger of injury to other persons using the road, he is guilty of an offence." Again this would need to be witnessed and assessed by a Police Officer/PCSO before any ticket could be issued. Parking near to a junction is a Highway Code 'should not' but does not have a prosecutable offence attached. It is also not an offence to park wholly or partially on a pavement as long as there is still room for, for instance, a wheelchair user

to still pass by on the pavement safely, although this has changed recently in the city centre so watch this space. An unfamiliar vehicle parked on your street would not be an issue for the police unless an obstruction is being caused or the vehicle is stolen, so by all means check with 101 if you are suspicious. For untaxed vehicles please report these direct to DVLA, as we have no powers to remove an untaxed vehicle. We're all aware of inconsiderate and bad parking but unfortunately as yet these are not classed as ticketable offences! It might also be worth mentioning here that the Highway Code is in part an advisory document, and whilst some of its entries are backed by law, not all are enforceable by the police.

Finally I'd like to take a moment to note that July celebrates 45 years of the *Totley Independent* which was first published in July 1977. I remember the first issue well. I was 10 and we had lived in Totley for 5 years having moved from Hull. Thank you to all the people who have made the magazine what it is now including the many editors and contributors over the years. It's worth taking a moment if you have one to visit the website and have a look at the archived issues - they're all there from No. 1 and can make interesting reading, looking at how maybe the 'old' days weren't that much different to now!

As ever I can be contacted on adrian.tolson@southyorks.pnn.police.uk or on the work phone 07787 881945. Another reminder that this number is not to be used to report crime! Such calls should go to 101 or if life or property is in immediate danger it is of course 999. If I have not replied to your voicemail message within 2 to 3 days I am probably away from work and if necessary you should try alternative contacts.

*Adrian Tolson, PCSO 8136
South Yorkshire Police
Sheffield South West Neighbourhoods Team
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M: 07787 881945
southyorks.police.uk*



John Wade Singers



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We meet on Friday evenings at Millhouses Methodist Church, Millhouses Lane, S7 2HA



For further details, check out our website
www.johnwadesingers.org

Or telephone Jenny on (0114) 236 0798

TOTLEY SWIFT GROUP

swiftsoftotley@outlook.com
 Facebook: S17 & Totley Swifts
 Twitter: @Totley Swifts
www.friendsofgillfieldwood.com



SWIFT AWARENESS WEEK JULY 2 - 10, 2022

Celebrating our not so Common Swifts with their own Swift Awareness Week (SAW) - trying to reverse their decline!
<https://swift-conservation.org/>

On Saturday July 2 Totley Swift Group will have an information stall outside Totley Co-op from 9am to 1pm

Totley village Swift walk is on Tuesday, 5 July at 8pm weather permitting. Meet at Green Oak Park entrance on Mickley Lane. **Please email to book a place.**

During SAW, Totley Library will have displays about Swifts and other wildlife in Totley and the S17 area, in conjunction with the Friends of Gillfield Wood.

PLEASE CALL IN, TALK TO US, JOIN US, PICK UP LEAFLETS, TELL US IF YOU HAVE SWIFTS NESTING AT YOUR HOUSE.
 FIND OUT THE DIFFERENCE BETWEEN SWIFTS, SWALLOWS AND HOUSE MARTINS.

Totley Library

Art Exhibition

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 Email: manager@transport17.co.uk

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WHO ARE WE?

Transport 17 provides transport services to older and vulnerable people who would otherwise be unable to leave home, thereby providing the opportunity for them to socialise in the local community. This reduces isolation, has a positive impact on their mental health, and improves not only their own quality of life, but that of their friends and families. life.



The organisation is non-profit making and is embedded within the community allowing for partnerships with local statutory and non-statutory groups.

We are dependent on volunteers to provide our transport services; however, this in turn provides opportunities for individuals across the age range to develop their skills, confidence, and friendship groups.

If you are interested in finding out more information please pop into the office at 172, Baslow Road, Sheffield, S17 4DR, or contact us by email at manager@transport17.co.uk or by phone on 0114 236 2962



As we consolidate our organisation and look to the future we are looking to expand and strengthen the small board of Trustees of our charitable organisation to more reflect the community in which we work and to help us in our strategic development. This is a great time to welcome new people on board.

We are especially keen to encourage applications from across the age range to bring new energy and a fresh perspective into the organisation.

We also welcome interest from individuals who represent our stakeholders and volunteer group.

We are particularly interested in individuals with expertise in the following areas:

- Legal/HR development
- Fundraising and commercial income generation
- Financial management
- Media, IT and Communication
- Buildings maintenance and management
- Vehicle maintenance and management

Our current trustees say -
 'I find it fulfilling and it enriches me as an individual'
 'I enjoy using the experience from my working life to help T17 and make things better for others'
 'I enjoy the challenge and making links with the local community'



Totley Scouts

Totley Scouts Fun Day 24th April

Totley Scouts held a Fun Day on 24th April, with the aim of providing free activities for children to enjoy, whilst giving the adults a chance to find out more about what is going on with the hut renovation work. The event went very well, with around 150-200 people attending over the course of 3 hours. A number of volunteers kindly gave up their time to help run the various activity stalls, which included opportunities for the children to make bird feeders and wands, design their dream scout hut, play outdoor games, do a scavenger hunt - and, the perennial Scout favourite, make armpit fudge! Plenty of buns and cakes were available to enjoy, too.



Outdoor activities

The Scout Group's executive committee members were on hand to talk to and explain what can be done to help raise funds. Many were pleasantly surprised to learn that by signing up to Easy Fundraising, purchases that they make online from many large companies will generate donations to Totley Scouts - at no extra cost to themselves. Anyone can register with Easy Fundraising - just scan the QR code to sign up - and we get an additional £5 whenever someone raises their first £5, too!



The event was, in addition, a great opportunity for the Scout leaders and kids to show their families the hut and grounds, since Covid has prevented parents from coming inside the hut for some time now. Beavers, Cubs and Scouts were also able to share their views on what their ideal hut would look



Designing the dream scout hut!

like, by drawing us their designs. Whilst water slides and trampolines on the roof might not ultimately be possible with our budget, it's always good to dream big!

The toilets were high on everyone's list of things that we need to improve, so we have decided to prioritise getting them replaced next, along with getting some structural work



Indoor activities

done in the same part of the building. Thanks to people who came along to the event, we have had a number of new people sign up both to Easy Fundraising and to our lottery, which will all help towards getting the work done - but we still need more! We always welcome new members of our lottery - tickets are £5 per month, and there is a prize each month of £100. Scan the QR code to join - or email totleyscoutsdraw@gmail.com.



We need to give the recently reclad exterior of the hut a final coat of paint to weatherproof it, and we've had quite a bit of interest from people wanting to come along and help us paint it.

Once we have ordered the 100 litres of paint needed to cover the entire exterior, we'll be sharing on our social media and website about how people can get involved to help us cover those walls!

To stay up to date with what's going on with painting plans and all the rest about the renovation work, please follow our Facebook page (<https://www.facebook.com/totleyscouts>) or keep an eye on our website: <https://www.215thtotleyscouts.co.uk/hutrefurbishment>



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Dore and Totley United Reformed Church

We are now "back to normal" in many ways with most regular groups meeting again. Our Tuesday luncheon club has gradually built up what we offer our guests. We started with drinks and cakes, then moved on to soup and pudding lunches. We now serve a hot cooked dinner and either a hot or cold pudding. Guests arrive around 10.30 via Transport 17 or under their own steam. There's time for drinks and chat or some exercise sessions before lunch is served at 12. Our members appreciate the friendships made as much as a good meal. We would love to have some new volunteers, either to cook a dinner in the church kitchen, supply a pudding or join a team of helpers to chat with guests and serve the meal. A volunteer helper would be on duty one morning every four weeks, whilst the cooks are on a five week rota, swapping with another cook if a date isn't convenient. Full training would be given whatever your role. If you might be interested call in one Tuesday morning for a chat or call Elizabeth Walkden on 236 3595 or Vivien Fillieul on 236 0872.

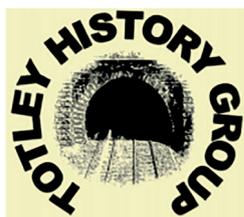
In May we said goodbye to our student minister, Dr Nicola Robinson, as she left to take up full time ministry in Leeds. With Nicola we explored different ways of worshipping, including walk and talk and forest church. Nicola's guidance has enabled us to register towards becoming an Eco Church and we will be looking at our impact on the environment and what adjustments we can make.

Having raised funds for Trachoma, a branch of Sightsavers, over the last two years we have now adopted the Cathedral Archer Project as the charity to support in 2022. There will be regular quizzes, a Harvest food collection and other events including a big jigsaw sale in October. If you'd like to be added to the quiz mailing list please contact Jeanne Clark at Jeanne.clark@btinternet.com or phone 236 7390.

In October the United Reformed Church celebrates its Jubilee. In 1972 the Congregational Church in England and the

Presbyterian Church of England joined together to become the United Reformed Church. We will be having a special celebration around this time.

Elaine Ferguson



Totley History Group

The Group was able to hold a much delayed AGM in April and a critical item of discussion was the future of the Group. Pauline Burnett stood down, as planned, from her role in finding speakers. Jan O'Connell, who joined the Committee in 2019, has taken over this critical role and Pauline is now Vice Chair. Jan has

already booked speakers for the remainder of the year. Whilst we can now guarantee the immediate future of the group we still need new committee members to come forward if the Group's future is to be ensured for the longer term.

One of the major assets of the group over recent years has been our website, but the person who has managed the site exceptionally for many years has now stepped down. Arrangements are in hand to keep the site ticking over but we need someone who can maintain the site at its present high standard.

June 22nd: Cutlery used in the Victorian Dining Room. Nick Duggan is a volunteer for The Hawley Collection held at Kelham Island. He will guide us through the multiplicity of cutlery and the essential etiquette of the Victorian dining table. Totley Library, 7.30pm. Members £2, non-members £3. All are welcome.

July 27th: The Fall of Saxon England Mike Kelley. The story of a tumultuous year 1065-1066 in which events changed the future of England forever - the storming of Scarborough by 10,000 Vikings, and the battles of Fulford, Stamford Bridge and Hastings. Totley Library, 7.30pm. Members £2, non-members £3. All are welcome.

Norman Rolfe



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Neighbourhood Watch

Since the last article it appears the rogues have changed their activities, from property burglaries to easier options, though they have not entirely given up on some of their more regular activities. Scams of various types are still a daily problem with regular reports on television highlighting the dangers of unexpected telephone calls from a variety of sources. Most, if not all, start with a phone call or email, claiming that there has been unusual activity on your account, be it Amazon, bank or credit card. The caller then tries to get the target to add an application to their phone or computer that lets them view your screen, but in reality they are taking control of your phone/computer so they can access your accounts with you unable to stop them. They then try to get the target to log in to the specific account, which because of the installed application allows them to see the account details and more importantly the passwords. If you receive any similar phone calls or emails, ignore them and put the phone down, and if you have the facility block the number as well. None of the banks, credit card companies or suppliers will ever contact you in this way. If you are ever in doubt look on the back of your bank or credit cards for the security telephone number, which is a guaranteed secure number, to check any possible transactions.



A different type of scam, highlighted on television in recent weeks, involves lonely and vulnerable ladies or gentlemen who are looking for companionship. Often they make contact via lonely hearts or similar websites or even Facebook. The victim sees photos of a person they are attracted to and start communicating with them. Early warning signs that it is a scammer are that the person is working overseas so cannot meet up personally, then comes the big warning when they ask for money using a number of excuses/reasons. Then they have an accident and need more money for medical bills and so it goes on. One lady lost in excess of £350,000 to this scam and only after it was proven that the person was bogus, using someone else photos, did she accept she had fallen foul of a love scam. If any of your family or friends tell you of their new 'online friend' please warn them of the perils. Unfortunately this type of scammer can be very persuasive and in many cases the victim is reluctant to believe they are being scammed.

Whilst the number of house burglaries may have reduced, this does not mean that other parts of your property are not attractive. Sheds and garages have become soft options as they are rarely included in burglar alarm systems. Recent incidents have included the theft of multiple expensive bicycles, tools, equipment and other valuable property. A good quality lock and bracket will hopefully deter the rogues but will also indicate that there may be something of value inside. Consider getting your alarm system upgraded or even replaced to cover these areas. CCTV can also be a good deterrent but as shown before, if your system is over four or five years old the quality of the camera's resolution is rarely sufficient to allow positive identification of any intruders. Improvement in camera quality and resolution has made tremendous leaps forward in the past few years. Many wireless cameras are available that are easy to install and connect to your mobile phone or computer for around £50 - £100, and these are well worth considering for that extra security.

The theft of cars is still one of the regular items on the weekly incident report provided by our local Neighbourhood Policing Team (NPT), especially those cars that utilise a keyless lock/ignition system. Simple precautions that prevent the rogues cloning the fob are inexpensive, if not free. Wrapping BOTH fobs in kitchen foil, or putting them in your microwave prevents the signal from the fob being detected from outside your property. Ideally low cost RFI Faraday wallets prevent the signal being detected anywhere and cost about £6 a pair. Very low compared to the cost and inconvenience of having your car stolen, especially Range Rovers which have been affected most in recent months. Catalytic Converter thefts and more recently fuel theft by drilling into fuel tanks are other costly crimes that have been noted around Sheffield.

By the time you get to read this you may have seen more NHW street signs appearing around the S17 area. S17NWA, the group covering all of Dore, Totley and Bradway, has been fortunate to have the support of our three local councillors, Colin Ross, Martin Smith and Joe Otten. They have approved funding requests from S17NWA from Ward Pots to purchase these signs and a selection of security products over the last two years. As an unfunded group, without financial support from our councillors we would not have been able to create the website providing support and information for residents of S17.

With Covid restrictions being wound down, we will be able to hold more open meetings and it is hoped that we will be able to provide a presence at as many of our village shows as possible. Please join us in trying to make our community a safe place to live, membership is free and can be done online or by contacting myself, details below.

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Walking The Doggerel

*Enter the Head Eater.
Jack wags.*

HEAD EATER I am the Head Eater! This time, to impress new readers, I am imposing new rules! Every speech must have a dog. Or something doggy. Or doggerel...

JACK This is a dog's tail. Once upon—
HEAD EATER Well done Jack! You didn't make a dogs breakfast of yourself for once.

JACK And—
HEAD EATER You must excuse me. I might be a bit dog-in-a-manger, but I have already got 85 words, so I can now go and see a dog about a man.

Exit Head Eater.

Enter Rony, a handsome man of 37.

RONY I looked you up on Doggle, and I find that you, Jack, are a K9. You are also a domestic and carnivorous mammal, with retracting claws.

JACK Good, so let's let the dog see the rabb—
RONY I'm sorry Jack but I'm posh enough to go to The Hare and Hounds. You'd be better at The Rovers Return.

Enter The Vicar.

VICAR I am the Vicar!
JACK To the woods!
VICAR I wear this dog collar to prove I am the Vicar!

JACK I am wearing mine to prove that I am a dog.
VICAR God is dog backwards .

JACK Yes but there aren't any dogs in your Bible, Vicar.

VICAR All right. Don't get your vicars in a twist!

Enter Two Community Policemen.

PC We are your unfriendly neighbourhood policemen. Just one question. Who is this dog's favourite composer?

JACK Bark!
PC2 No. It's Offenbach!
RONY Or Bitehoven!
PC You want locking up.

Policemen, Vicar and Rony form a ring with Jack in the middle.

EVERYONE (singing) We all pat the dog!

We all pat the dog!

Ee eye addio!

We all pat the dog!

Ow. Bow wow. Ow.

JACK Goodbye everyone. We must go to bed.

PC If we can remember where we live.

PC Oh I know - it's 999 Letsby Avenue!

PC2 We are off to have our sandwiches.

PC I wonder what we are having today?

PC2 Truncheon meat!

Both PCs Before we go, do not under any circumstances whatsoever sing any songs with cats in on this page so clearly called Walking The Doggerel.

RONY No sirs

Both PCs and vicar exit.

RONY(singing) I've got a little cat
And I'm very fond of that
But I'd rather have a bow wow wow!

A phone rings

JACK Now I know I might be barking up the wrong tree here but -

A phone rings again

JACK I think there's someone on the old dog and bone. Hello, someone?

SALLY (on phone) Rony and Jack, please leave me space for a clever puzzle at the end.

JACK This takes the biscuit, Rony.

RONY My grandmother Nanny Chandler lived up Long Line and she had a dog called Sally. She smelt and bit people — Nanny Chandler did, not Sally. Or the other Sally.

Enter the Head Eater

HEAD EATER We still have space for two more not very interesting facts about dogs?

JACK Dogs are the only animals that leave dog dirt in parks

RONY So if you go dogging at Green Oak you could end up in the dog house.

Enter Sally, who is not silly.

HEAD EATER She's not as silly as some of my readers, anyway. For example R -

SALLY Here's my puzzle. A tramp can make a cigarette from 7 dog ends. If he finds 49 dog ends, how many cigarettes can he make?

RONY That's easy. 7.

SALLY 8. Think about it.

HEAD EATER And Rony thinks he's so clever. And so funny to be punny.

JACK And he's looking a bit dog eared too these days isn't he? A right dog's dinner.

The End

Rony and Jack Robinson

Postscript: Jack died just after Rony, Sally and Jack finished having this conversation. Perhaps he was the best read dog in Totley?

Rony and Sally



Jigsaw Jamboree

Dore and Totley United Reformed Church will be holding a jumbo jigsaw event on Saturday 22nd October as a fund-raiser for the Sheffield Cathedral Archer Project. To make this a success we need lots of jigsaws - and are

appealing to local people who have finished with their jigsaws to donate them to help raise money for this worthwhile cause which aims to give life-changing support to homeless and vulnerable people.

Please label your jigsaws as complete, or missing (no more than) one or two pieces. If you are not sure about that, please let us know so our team can check them out.

To donate please contact Jeanne Clark at jeanne.clark@btinternet.com or phone 236 7390.



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Friends of Dore & Totley Station

Dore & Totley Station 150, 1872-2022: the Elizabethan Age

Change of bunting time, but some blue and yellow will remain flanked by Union Jacks to mark the Queen's Platinum Jubilee. 70 years ago who would have imagined such a milestone being reached?

Back in 1952 who'd have imagined our busy junction station would lose 3 of our 4 platforms and all the hourly stopping services on the line to Derby? Back then an irregular service through the Hope Valley to Hope, Chinley or Manchester Central existed but that got truncated to New Mills Central and only every two or three hours. The steam locomotives taken for granted in 1952, and so loved by small armies of schoolboy trainspotters, went too.

Derby-line stopping trains went in 1967. There was really no need for station staff to service so few trains on the Hope Valley line so in 1969 we got diesel pay-trains and the station buildings were all shut up. No waiting rooms, no toilets, no porters - the railways were in severe decline with little apparent prospect of recovery. The graph for national annual passenger numbers pointed only one way: down.



Spotters still loved to watch from the railway triangle and from the remaining half of the footbridge on the station that still connected Platform 1 with 2 and 3. The big wooden shelter with canopy and waiting rooms was boarded up, a far cry from the days when commuters would buy a paper and cigarettes from the W. H. Smith kiosk at its north end. It was a break-in and fire that did for that about 1981 and it was replaced by a sad little bus shelter. In 1985 all remaining joy was removed with the loss of Platforms 2, 3 and 4 as well as the second track for the Hope Valley line. What's more the remaining platform was shortened to take only 4 carriages instead of 6.

That decision must have been made a few years earlier without the benefit of a crystal ball to foretell that in 1985 annual national passenger numbers would stabilise and start to rise. The decisions to truncate the station and its services back then were not as illogical as they very soon appeared to have been. By the late 1990s plans were being drawn up to restore the track and platform 2. That was first evidenced publicly when Sheffield Planning Department was asked for approval in principle in 2005. Since then the wheels have turned very, very slowly.

Thanks to the efforts of a number of parties, not least local resident and rail enthusiast the late Peter Fox, the stopping service was extended to Manchester Piccadilly and is now almost hourly. The fast services of TransPennine Express now stop hourly at commuting times for Manchester, but the service from Sheffield still leaves a lot to be desired. Which brings us to where we are now and where we're hoping to get over the next 2 years.

What's happening today

Inflation is rising fast and the rail unions are balloting for strike action over pay. TPE are already unable to work all their timetabled services, particularly on Sundays, due to a separate dispute. Northern and EMR are likely to have issues too, and so are Network Rail. On top of our local issues this

will add further challenges to finding the best rail journeys. Always check very carefully for the latest travel information before setting out.

This is a great shame because rail passenger numbers on our line are recovering. Northern report leisure loadings probably higher than pre-Covid. Commuting remains very subdued.

Currently Northern are running six carriage trains at weekends to cover for the missing TPE trains. If you catch one of these at Sheffield or Piccadilly remember that the last 2 carriages won't be in our short platform and that you and your luggage, bike, pram, wheelchair or dog would have to struggle forward to the 4th coach to get off. Use the first 4 coaches!

The recently-suspended Northern 14.14 train out of Sheffield has been restored, as has East Midland's 8.28 that runs from Liverpool to Norwich.

We are hopeful that some improvements to Northern services can be made in December, but suspect more will come next December when the major work on our line and station is complete.

Looking forward to a new Platform 2

By the time you read this you may have seen the start of work to restore the second track through the station. There will be line blockades every weekend in July with bus substitute services between Sheffield and Chinley.

During July most of the station car park will be unavailable and alternative parking has been arranged at the top of Abbeydale Sports Club's car park. It's a long walk so Totley users may prefer to walk all the way from home, cycle or get a bus - the drop off zone will still be available.

By August the second track will be in place and the restrictions will be lifted until the next phase. The new track will be used by engineering trains as work progresses. The new platform won't come before next May.

Thoughts of making omelettes without breaking eggs, bricks without straw, and no gain without pain come to mind. By next autumn the work should all be as good as over and the facilities operational.

Around the station

FoDaTS committee members speak and write to people from all over the rail industry. Since the last issue we've been assured we should get a bigger shelter than first proposed. We're hoping for a better design. Our gardeners' efforts on the platform tubs continue with geraniums and summer plants now in place.

Next year we'll be planning what we can do with the station as it will be from the summer. We'll probably need more gardening help!

If you're a Facebook user, you can find and join us by searching for FoDaTS. It's a very active group and is updated frequently with topical information and comments. Alternatively look for our website at www.fodats.net

If you're not on Facebook and would like more information please send an email to our Secretary: njbarnes@outlook.com

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Regular events and meetings at Totley Library

Monday:

French lessons for children following the award winning course material from La Jolie Ronde.

After school classes are available for children in the childrens library

3.40pm – Y5/Y6; 4.10pm – Y3/Y4; 4.40pm – Y1/Y2
5.30pm – Y4/Y5

Contact Joanna on 07854 148809 or email speaqueshefield@gmail.com to find out more about local availability for French language classes.

Friends of Gillfield Wood, occasional Mondays, 7.30pm onwards. Talks on local nature and conservation. See posters, the FoGW article in this issue, or www.friendsogillfieldwood.com

Councillor Surgery, 2nd Monday of the month, 6.00–7.00pm

Tuesday:

Baby Time 1.30-2.15pm (term times only). Come along to meet other parents/carers and babies. We sing simple songs, have fun and allow time to chat.

Poetry Group, first Tuesday in month, 7.00 – 9.00pm. *Please note that this group cannot accept new members at present.*

Friends of Dore and Totley Station Occasional Tuesdays, 7.30pm. See www.FODATS.net

Wednesday:

Coffee Morning, 10.30 – 12noon

Story Time for toddlers and pre-school children from 10am - 11.30am (except school holidays). Children can take part in weekly themed craft activities, sing songs and listen to a story. £1 donation per child greatly appreciated.



Health Walks, 10.30am, meet at Totley Library. Contact Step Out Sheffield on 07505 639524 or email stepoutssheffield@gmail.com

Totley History Group, usually last Wednesday of the month, 7.30. Talks on matters of historical interest. Check posters, the *Totley Independent* Diary, or www.totleyhistorygroup.org.uk

Yoga sessions 7.00 – 8.30pm, Wednesdays (except the last Wednesday of the month). For more details call Ann Zielonka on 0114 2361585 or 07929 736966. Beginners welcome. You are advised to call Ann to check that the sessions are taking place.

Thursday:

Thursday Morning Natter 10.30 - 11.30. Hot drinks and good company - for people aged 60 or over.

Chair Aerobics with Kay 12noon for 45-60 minutes. An Age UK and People Keeping Well weekly exercise class. £3 per week - no need to pre-book, just turn up.

Reading Club 2 meets in the library on the third Thursday of each month between 1.30 and 3pm. If you are interested in coming along please email Dawn Rich, who runs the club, at dawn@ilmd.biz

Saturday:

Regular second-hand book sales. Check CRIC website and the Diary page in this issue for upcoming sales: <http://www.totleycric.org.uk/>

Letters to the Editor

Abbeyle Works

Dear Editor,

A couple of days ago I picked up a copy of the *Independent* and, amongst other articles, thoroughly enjoyed Pauline Burnett's piece on Abbeyle Works. My mother was born on Cliffe Road over a century ago, eventually coming to live in the house my wife and I now occupy in Vernon Road, since my retirement as Rector of Norton. Her 6x great-grandfather was Samuel Biggin of Little Norton (1665-1727), who took a lease on what would become the Abbeyle Works in 1702, producing scythes, as the previous four generations had already done in various locations around the parish of Norton. His son, another Samuel, married the great-granddaughter of Agatha Eyre of Bradway Hall, whose own rather grand ancestors have interested me for a number of years, while Isaac, son of the younger Sam, was for a while a churchwarden at St James'.

As a student, I once worked at Tyzack's in Eyre Street, still (in the 70s) producing a few scythes, as well as sickles and grass-knives: another aspect of (unintended) family continuity.

Geoffrey B. White

Totley in Decline?

Dear Editor

Totley has become dirty and scruffy. Dog muck on the pavements, cars parked on the grass verges and pavement (why are the owners not told to move them?), grass verges not cut, litter despite the valiant efforts of our intrepid volunteers and there's been a brown bin without a lid on the grass verge of Mickley Lane for months. It is now full of rubbish and water and I'd hate to think what else. Why haven't the residents phoned the council and got them to take it away? Are they just waiting for somebody else to do it? I saw someone from the council taking away somebody's rubbish the other day but he wouldn't take this bin, as it was not on his list.

The land at the Baslow Road end of Glover Road needs sorting out. Not just tidying up but a very thorough cut-back. The recently-planted trees will never have a chance as they are smothered by undergrowth. Why don't the Council have a diary card, so the work can be done on a regular basis? Mind you, whoever gets the job needs to be very careful as a road traffic sign left from the work done on the traffic lights has been thrown in there, plus a sandbag lying on the pavement. Why didn't the workers remove all their items when they left? Don't they count them out and in when they do a job? Are the Council short of this type of signs, because all of them are never returned?

I don't care what people do with their gardens but why are they allowed to let hedges and bushes grow over the pavement? How do people with push-chairs and wheelchairs cope? Every day I go for my paper and it is like being on an assault course. This morning I was nearly run over twice, once going there and once on the way home.

Why do motorists think they can drive on the pavement when they don't have the skill and road sense to pass parked cars and oncoming traffic? Why do we never see a policeman? Is it going to take an accident before something is done?

Why do people buy houses with a car-parking facility and leave the car parked on the road? Laziness?

I have lived in Totley for years and have in recent times seen a gradual decline in it.

Steve Wiles, Glover Road



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Emer on: 07792 422909

Rachel on: 07956 908454

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Totley Rise Methodist Church

A warm welcome awaits you

Sunday worship every week at 10.30am which is also live streamed. Log onto our Facebook page <https://www.facebook.com/TotleyRise/> to join us live or catch up later via our Youtube recording which can be found on www.totletrise.co.uk

We have activities for children each week in the church, however specifically for families on the 1st and 3rd Sunday is **Outdoor Church** - an opportunity for all ages to learn about God's world through an informal nature-focused time of play and worship. The 4th Sunday is an interactive All Age service.

Praise Party with Dean and Sue on Sunday June 12th at 10.30am. Come and join us in the TRM Centre for praise and worship, dancing and fun as we explore the parable of the Prodigal Son.

Pushchair Club runs on Thursday mornings during term time at 10.30am. This is an opportunity for parents and carers to socialise together and provides a safe space for babies and children to play. Voluntary contribution £1. Last date is July 21st.

Knit and natter meets on Tuesdays at 1pm and provides a place for friendships to grow while knitting or sewing.

Our **walking group** meets on the 2nd Friday of the month.

Outside is our **quiet garden** - a place of tranquillity in a setting of carefully managed flowerbeds. It is always open for you to enjoy.

Art in the garden @TRM Thursday 28th July 10am - 12pm. Suggested donation £2 per child (must be accompanied by a responsible adult). Please book through Eventbrite

For further details of our activities please see our webpage www.totletrise.co.uk



Change at Totley Rise and Dore Methodist churches We say goodbye to Rev Gail Hunt (pictured above) at the end of July, and welcome our new minister Mike Jones. We wish Gail and David every blessing in their retirement. We will miss you, but we thank you for your enthusiasm for the gospel and the help and encouragement you have given us along our Christian journey. Thank you too for your wisdom and practical help through Covid, which has tested us all. May God richly bless you in the next chapter of your lives together.



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Letters to the Editor

Garden chair theft

It takes a lot to make me angry, but the prize for doing so must be awarded to the opportunistic thief who stole two of my garden chairs from outside my front door somewhere between the Sunday afternoon when I had used them and the morning of April 25th. I have left them outside since I moved in - July 28th 2015 - because I didn't expect them to be stolen and I could no longer carry them.

I am 87, and almost the only source of pleasure afforded to me over the last 3 years has been the pleasure of sitting in the garden of my home. Even then, despite fracturing my ankle and arm, I managed to hobble outside to sit and enjoy the birds, and after 4 days in hospital after open-heart surgery, I still loved to sit in my garden chair in the garden. Now I shall have to give that up and that's why I'm angry. If the thief reads this and wants to make amends by returning his spoils (bearing in mind that I'm not the privileged woman that he has imagined), he can replace them outside my front door where they belong, and he and I can go along as before but I shall no longer be angry as life is too short for that and the possibilities for pleasure too great.

Bette Phillips

Postscript: We received an email a day or so later in which Bette explained that her son-in-law had posted about the theft on the Dore and Totley Community Facebook group. She said "I've had a lot of comments and offers of replacement garden furniture - which is very kind of people and makes me feel a bit better about humanity!"

My Swansong

While watching a recording of *Winterwatch* on the 13th of April my daughter noticed a heron walking down the lawn towards the house. It stopped by one of the three ponds, peered into the water and snatched up a frog.

Having devoured it, the heron then helped itself to a newt, before taking off over the trees in the next garden.

Marian Tiddy

Birdsearch!

Bird-watching in Rowan Tree Dell: find these birds in the grid below - forwards, backwards, up or down, or diagonally! Blackbird; Bluetit; Bullfinch; Crow; Cuckoo; Dunnock; Goldfinch; Jay; Lesser Red Pole; Magpie; Mistlethrush; Nuthatch; Owl; Pigeon; Robin; Siskin; Songthrush; Sparrowhawk; Starling; Swallow; Swift; Wren.

S	B	L	A	C	K	B	I	R	D	O	J	O	M	M
P	O	U	E	S	W	O	R	R	A	P	S	A	A	I
A	K	C	L	S	T	A	R	L	I	N	G	N	Y	S
R	B	L	C	L	S	N	R	O	L	P	H	O	W	T
R	P	R	H	S	F	E	H	H	I	S	X	O	W	L
O	O	K	C	U	C	I	R	E	U	U	R	S	D	E
W	V	B	N	O	R	A	N	R	G	C	F	W	R	T
H	A	E	I	O	R	L	H	C	E	T	K	I	A	H
A	R	T	F	N	E	T	H	W	H	D	H	F	C	R
W	L	N	D	O	G	G	O	L	U	Q	P	T	R	U
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Lorna Marshal

Nutrients for Health

We all want our families to have a healthy diet rich in the nutrients needed for good health. But changes in the quality of our food have increased the risk of vitamin and mineral deficiencies over recent years. So why is this and what can we do about it? Here we describe who might be at risk of missing out on key nutrients, why this matters and what we can do about it.

Decline in food quality

There are several reasons why the quality of our food has declined in recent years. Much of our food is now highly processed, and processing usually robs foods of nutrients. We are also less likely to eat nutrient-dense foods like liver or small fish like sardines than in the past. And even our fresh fruit and vegetables have fewer nutrients. Due to the use of fertilisers, pesticides and fungicides, the soils in which our food is grown are depleted and have 70-100% fewer important minerals than was the case 100 years ago.



Who is at particular risk of nutrient deficiencies?

Without a high-quality diet, we are all at risk of missing out on key nutrients, but there are some groups that may be more at risk than others, including:

- Teenagers and young adults
- Older people
- Pregnant women
- People who exclude certain foods – vegetarians, vegans, people with allergies or food sensitivities
- People on medications, many of which can reduce absorption of vitamins

Some common nutrient deficiencies amongst younger and older people are described below.

Young people

Teenage and young adult years are very demanding as the human body goes through considerable change and growth during these years. Key nutrients needed for bone growth and to support hormonal and other changes include

- Calcium – because of growth in these years, young people need more calcium than adults. For normal growth and development boys aged 11-18 need 1000mg and girls 800mg of calcium daily. Calcium rich foods include cheese, especially hard cheeses such as Emmental, cheddar and parmesan, nuts and seeds, fish, tofu, and yoghurt.

- Iron – according to government data, 49% of teenage girls are deficient in iron. Iron deficiency causes tiredness, weakness, poor concentrations, heart palpitations and poor immune health. Iron-rich foods include beef, shellfish, dark chocolate, spinach, beans, and pumpkin seeds. Iron in plant foods is less bio-available than the heme-iron found in animal foods, so more is needed.

- Zinc – young adults need 9mg of zinc each day as it is essential for development. 18% of teenagers are thought to be deficient in zinc and deficiency can impair growth, impact on immune health, cause fatigue, poor wound healing, and hair loss. Zinc is most abundant in animal foods and it is important that vegetarians and vegans include plant sources of zinc in their diets. The best plant sources are seeds such as pumpkin, hemp, chia, flax and sunflower seeds, nuts such

as cashew, pecan, almond and brazil nuts and legumes.

Older People

It is important to maintain a nutrient-rich diet in older age, and sometimes changes to activity levels and appetite might lead to a reduced intake of food, and a shortfall in key nutrients.

- Selenium: 45% of adults over the age of 65 are estimated as being deficient in selenium, rising to 52% in the over 70s. This essential nutrient is important for immune health and helps prevent damage to cells and tissues, with deficiency leading to pain in muscles and joints, increased risk of cardiovascular disease and cognitive decline. Good sources of selenium include brazil nuts, fish and seafood, pork, beef, chicken, tofu, and shiitake mushrooms.



- Calcium and vitamin D: sufficient calcium and vitamin D intake are essential for the prevention of osteoporosis which may arise in later years. Eating plenty of calcium-rich foods such as dairy foods, particularly cheese, fish or tofu is really important after middle age. Vitamin D is also essential for healthy bones, and whilst we mostly get this vitamin from sunshine in the summer months, a supplement is advised for everyone during winter months.

- Vitamin B12 – many people become deficient in vitamin B12 as they get older, mainly due to changes in digestion which reduce absorption of this vitamin. Vitamin B12 deficiency anaemia causes muscle weakness, weight loss, fatigue, and irritability. Supplementation with B12 may be needed to address this deficiency.

General advice on how to avoid vitamin and mineral deficiencies

We always advise that it's much better to get your vitamins, minerals and other key nutrients from eating food, rather than taking supplements and we suggest the following:

- Eat real food, fresh and locally produced if possible and avoid ultra-processed foods
- Eat protein-rich foods as these often contain many nutrients
- Fish, including fish roe, shellfish
- Meat, organ meat, e.g. liver, turkey, pork, chicken
- Nuts and seeds
- Tofu
- Dairy foods and eggs
- Eat plenty of dark green leafy vegetables
- Eat a wide range of foods and lots of different coloured foods
- Don't forget to take a Vitamin D supplement during the winter!

Dietary Deep Dive

If you're interested in finding out whether your diet is giving you the nutrients you need to stay healthy you might be interested in our new online Dietary Deep Dive service. Through this service we analyse your diet to find out if you're getting all the nutrients you need and advise you on how to address any deficiencies. More details can be found here: <https://www.cinnamondays.co.uk/deep-dive-landing-page>

Isabel Hemmings and Sue Wharton
BANT Registered Nutritionists
Cinnamon Days
Email: info@cinnamondays.co.uk



People Keeping Well

We run a wide variety of activities, courses and groups across the South West of Sheffield enabling people to get out and about, find new hobbies, stay active and have fun. This is part of the Sheffield People Keeping Well programme.

The South West Sheffield PKW Partnership area covers the following areas: Dore, Totley, Bradway, Endcliffe, Fulwood, Ranmoor, Greystones, Nether Edge, Bents Green, Brincliffe, Ecclesall, Whirlow, Abbeydale.

If you need further help and someone to guide you through it please don't hesitate to contact Joanna Woodward on 0114 250 2850 or via email at joanna.woodward@ageuksheffield.org.uk

Activity timetable

Monday

Coffee and Chair Aerobics - Bradway Community hall- 10.30am every week- Delivered by CWS Provided by PKW

Coffee and Chair Aerobics - Dore Methodist Hall- 1pm every week-Delivered by CWS- Provided by PKW

Strength and balance Class- Dore and Totley United Reformed Church- 1pm every week-Delivered by CWS - Provided by PKW

Monday Coffee Morning - 1st and 3rd Monday of each month -Delivered by Dore and Totley URC- 07929 720977

Cosy Creatives - online creative writing sessions- Every Monday 2-3pm-Delivered by a trained Art Therapist- Provided by PKW- 0114 2502850

Connecting with nature for wellbeing - 11am every week - Cross Scythes public house, Totley- Delivered by Caroline Cook, Horticultural Therapist - Provided by PKW

Ecclesall Forum - Cherry Tree pub on Carterknowle Road, 3pm-5pm every Monday- Delivered by Paul May- Pauljmay@blueyonder.co.uk

Dance to health - St Augustine's Church, Endcliffe- Contact Jenny Johnson for details jennyjohnson@ae-sop.org

Tuesday

Singing Teapot Choir - 10am for coffee, 10.30am singing begins- 2nd and last Tuesday of every month -Dore and Totley United Reformed Church - Delivered by Yo Tozer loft - Provided by PKW

Dore and Totley Rosemary Memory Café - Weekly 3pm-4.30pm- online chat, quizzes, live singers and more for people living with Dementia and their carers- Delivered by Eliza- Provided by PKW Call Eliza on 07384 833594

Fulwood Memory Café 10-12 noon at Fulwood Scout Hut. Chat, quizzes, live singers and more, for people living with Dementia & their carers. Call Eliza on 07384 833594

Dore & Totley Rosemary Memory Café 2-4pm at Dore Methodist Church. Chat, quizzes, live singers & more, for people living with Dementia & their carers. Call Eliza on 07384 833594)

Hammer & Pincers Friendship Lunch: Ticket (£10) includes a 2-course meal and entertainment. Ringinglow Road (S11 7PW), 12-2pm - once per month- please contact provider for next event- Delivered by Kathy Markwick - Provided by PKW

Knit and Natter - Totley Rise Methodist Church -1pm-3pm

Wednesday

S17 Carers café - 10am on the 1st and 3rd Wednesday of every month-supported by Sheffield Carers Centre

Gentle Exercise Circuit Class-2pm every week (Zoom)- Delivered by CWS- Provided by PKW

Dance to health - St Augustine's Church, Endcliffe- Contact

Jenny Johnson for details jennyjohnson@ae-sop.org

Coffee on the Corner, top of Main Avenue, Totley - every Wednesday. This is different to the 'normal' Friendship Lunches in that it is weekly, with no set price/menu/live entertainment. Guests can therefore just call in and have a drink and/or lunch.

Thursday

Chair Aerobics- Totley Library - 12pm every week- Delivered by CWS- Provided by PKW

Bents Green Memory Cafe. 2-4pm. Chat, quizzes, live singers and more, for people living with dementia and their carers - Contact - 07384 833594- Provided by PKW

Table Tennis- Bradway Community Hall, 3pm. Contact Jan on 07787 954 842 or 0114 418 6463

S11 carers Walk, Ecclesall Woods. 1st Thursday monthly at 11am- Delivered by Sheffield Carers Centre

Natter Coffee morning - 10.30am Totley Library - Delivered by Totley All Saints Church

Community Journalism - Online 10.30am - Contact - Kathryn Reaney - Provided by PKW

Friday

Sporting Chatter - 10am on the 1st and 3rd Friday of every month - Sporting Films on the 2nd and 4th- Dore and Totley URC - Provided by PKW

Connecting with Nature for Wellbeing - 10.20am-11.30am every week- Delivered by Horticultural Therapist Caroline Cook- Provided by PKW

Table Tennis- Bradway Community Hall, 7pm. Contact Jan on 07787 954 842/0114 418 6463

Shepley Spitfire Friendship Lunch, Mickley Lane, Totley, Sheffield, S17 4HE. Last Friday of the month. Two course meal and live entertainment - cost is £10 - to book please call the venue on 01142 360298

Saturday

Saturday mornings (monthly) Forest Bathing /Nature mindfulness in Graves Park Caroline Cook Forest Therapy Practitioner To book contact Caroline @wellwithnature.co.uk www.wellwithnature.co.uk

Clubs

Dore Neighbourhood Club - An Exclusive Neighbourhood, Social and Lifestyle Club for adults over 60 in and around S17- contact Caroline - carolinedorenc@gmail.com or 07766242116

For more information or to join any of the sessions above, please contact the relevant team via the details listed below or provided against the listing above. For any general queries or assistance please contact Joanna Woodward at Age UK Sheffield (details listed below):

CWS- Community Wellness Service - 0114 5537807

SCC- Sheffield Carers Centre-email Jan- jan@sheffieldcarers.org.uk

Eliza - Age UK Sheffield - Eliza.Groark@ageuksheffield.org.uk

Caroline Cook- Horticultural Therapist Caroline@wellwithnature.co.uk www.wellwithnature.uk or tel. Age UK 0114 250 2850

Kathryn Reaney - reaneywrites@gmail.com , 07854751932

Sporting Chatter - Phillip Staton- 07788620313

Kathy Markwick - kathymarkwick@googlemail.com

South West Sheffield PKW (People Keeping Well)- Joanna Woodward (Community Development Officer) Joanna.woodward@ageuksheffield.org.uk or Age UK Sheffield on 01142502850

Jan Outram - Sheffield Carers Centre - jan@sheffieldcarers.org.uk

TOTLEY & DISTRICT DIARY

- MONDAYS** **AGE UK FITNESS** Dore & Totley United Reformed Church, 1.30-2.30 pm. Contact Jo Woodward 250 2850
GUIDES, All Saints Church Hall, 6.45pm-9pm
SLIMMING WORLD Totley Rise Methodist Church, 5pm and 7pm. Call Sarah on 07577 070797
- TUESDAYS** **PILATES** The Old School, Dore, 9.30-10.30am. Phone Sally Kilner 07917 762502
TOTLEY OPERATIC AND DRAMATIC SOCIETY (TOADS) meets 7.30pm to 10pm, in the Guild Room, St John's Church, Abbeydale Road South. For more information call 0114 2351206
BABY TIME Totley Library, Tuesday 1.30-2.15pm (term-times only). Come along to meet other parents/carers and babies. We sing simple songs, have fun and allow time to chat
SHEFFIELD MARQUETRY GROUP 10am-12noon, St Oswald's Church Crypt, Bannerdale Rd. Small friendly group - beginners welcome. For information phone Graeme 07947 127909 or Pat 0114 2819915
KNIT, NATTER, CRAFT & CHATTER Totley Rise Methodist Church, 12 noon-3.00pm
JAZZ IN THE AFTERNOON 1.30-3.30pm, Totley Rise Methodist Church Schoolroom. A weekly afternoon of all forms of recorded jazz, plus discussion. Tea, coffee and biscuits available
- WEDNESDAYS** **PILATES CLASSES** Dore & Totley United Reformed Church, 9.00-10.00am and 10.15-11.15am. Contact Caroline tel: 0781 722 0324, email Carolinenorth1@me.com, www.pilatescarolinenorth.co.uk
CARERS' CAFE MONTHLY Dore & Totley United Reformed Church 10-11.30 am. Contact Jan Outram 0114 278 8942
COFFEE IN THE LIBRARY 10.30am-12.30pm. Come and have a coffee and a chat
STORY TIME for toddlers and pre-school children at Totley Library from 10am - 11.30am (except school holidays). Children can take part in weekly themed craft activities, sing songs and listen to a story. £1 donation per child greatly appreciated
TODDLER GROUP 10am-11.30am, All Saints' Church Hall. Details tel. Liz Hayden 07969 826464
HEALTH WALKS 10.30am, meet at Totley Library. Contact Step Out Sheffield on 07505 639524 or email stepoutsheffield@gmail.com
- THURSDAYS** **RHYTHM TIME** Baby, toddler & pre-schooler music sessions 9.00-11.30 Details Email: beth.w@rhythmtime.org Phone/WhatsApp: 07748 589468 To book: <https://rhythmtime.net/find-a-class>
ROCKCHOIR United Reformed Church, Totley Brook Rd, 11.30-1pm. See www.rockchoir.com or call 01252 714276
CHAIR AEROBICS Totley Library, 12-1pm with Kay. An Age UK and People Keeping Well weekly exercise class. £3 per week, no need to pre-book, just turn up
SOCIAL CLUB Dore and Totley URC fortnightly 2.30-4.30 pm Contact Alison Holden for information 236 0441
PUSHCHAIR CLUB Totley Rise Methodist Church Hall, 10.30-12noon. Tel. 07912 352543 for details
PILATES CLASS run by qualified Pilates Instructor/Physiotherapist for all abilities and ages. 1.30-2.30pm, 5.15-6.15pm and 6.15-7.15pm at the United Reformed Church, Totley Brook Road. Call Emer on 07792 422909
- FRIDAYS** **PILATES** The Old School, Dore, 9.30-10.30am and 10.45-11.45am. Phone Sally Kilner 07917 762502

JUNE

- SUN 5th FRIENDS OF GILLFIELD WOOD** 10am Practical Conservation Morning - meet at Totley Hall Lane.
SAT 4th and SUN 5th MINIATURE TRAIN RIDES Queen's Platinum Jubilee weekend Abbeydale Road South. 1pm-5pm (weather permitting). Car park closes 5pm. £1.50 per ride per person. See www.sheffieldmodelengineers.com
WED 8th TOTLEY MEN'S PROBUS CLUB 10am, Totley Rise Methodist Church. Illustrated talk by Ray and Kath Lawrence "Traversing the USA". Visitors welcome. Social distancing measures apply.
SUN 19th MINIATURE TRAIN RIDES Abbeydale Road South. 1pm-5pm (weather permitting). Car park closes 5pm. £1.50 per ride per person. See www.sheffieldmodelengineers.com
TUES 21st TOTLEY TOWNSWOMEN'S GUILD 10am, Totley Rise Methodist Church. "My Life as a GP" by Dr. Jennie Stephenson.
WED 22nd TOTLEY HISTORY GROUP, "Cutlery used in Victorian Dining" by Nick Duggan. 7.30pm, Totley Library.

JULY

- SAT 2nd DORE GILBERT & SULLIVAN SOCIETY** "We're Back!" Summer Concert, 7.30pm Dore Methodist Church, Savage Lane, Dore S17 3GU. Tickets £8 each from Derek Habberjam Tel. 0114 2362299.
SUN 3rd MINIATURE TRAIN RIDES see visiting locos and our free model engineering exhibition Abbeydale Road South. 1pm-5pm (weather permitting). Car park closes 5pm. £1.50 per ride per person. See www.sheffieldmodelengineers.com/
WED 13th TOTLEY MEN'S PROBUS CLUB 10am, Totley Rise Methodist Church. Illustrated talk by Dennis Ashton "Voyagers Voyages". Visitors welcome. Social distancing measures apply.
SUN 17th MINIATURE TRAIN RIDES Abbeydale Road South. 1pm-5pm (weather permitting). Car park closes 5pm. £1.50 per ride per person. See www.sheffieldmodelengineers.com
TUES 19th TOTLEY TOWNSWOMEN'S GUILD 10am, Totley Rise Methodist Church. "Loxley Valley". Talk by Peter Machan.
WED 27th FRIENDS OF GILLFIELD WOOD 10am Practical Conservation Morning - meet at Totley Hall Lane.
WED 27th TOTLEY HISTORY GROUP "The Fall of Saxon England" Mike Kelley tells the story of one tumultuous year, from Christmas Day 1065 to Christmas Day 1066. Totley Library, 7.30pm.
SAT 30th TOTLEY LITTER PICKING MORNING 10-11am. Equipment provided. This activity is done at participants' own risk. Children must be accompanied by an adult. Meet Baslow Rd, outside Totley Library. All welcome.
SUN 31st FRIENDS OF GILLFIELD WOOD 1pm - 3pm. Fun family event! Drop in to our stream dipping with SCC Ranger Nell and Sorby Natural History Society and FOGW expert Paul. Meet in Totley Brook where the bridge to Woodthorpe Hall crosses the main footpath. Equipment provided but as this is a hands on event, you can bring your own but please wear wellies. Children under the age of 14 must be accompanied by an adult. This is a free event. Please email the secretary at fogwsecretary@gmail.com for further information.

If your organisation wants to publicise its events, or if you know about any local event, such as community markets or concerts, which you'd like to let people know about, please send details to Totley Independent (copydates are on the back page or on our website at www.totleyindependent.co.uk) and we'll do our best to include the information on this Diary page!

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Editor: Phil Harris
Tel. 07956 858944 or email:
editor@totleyindependent.co.uk

Advertising: John Perkinson
Tel. 236 1601 or email:
advertising@totleyindependent.co.uk

Proof reader for this issue: Dominic Harris

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