TOTLEY JRDEPERDERT

PUBLISHED BY THE TOTLEY RESIDENTS ASSOCIATION CONTINUOUSLY SINCE 1977 MARCH 2010 No. 331 20p.



This picture first appeared as a line drawing on the front page of issue 42 of Totley Independent in January 1981 – here is the original photo loaned by Peter Thompson. This rural setting depicts Totley Rise in the early 1920's. The original butcher's shop and Post Office were situated lower down Totley Rise. The buildings on the right of the photo were originally planned as a public house. When the licence was refused the building was converted into three shops, as can be seen here. At the time of the photograph W.Booker had the Post Office, Colin Thompson was the butcher and what is now the newsagent was J.W.Marrison. Lower down can be seen the grocers owned by the Wint family. The Highland cattle were owned by Colin Thompson and were no doubt destined for slaughter in the abattoir which was located behind the shop.

Totley Residents Association Update

It seems we are back to the old days, with a real winter! We have been spoiled for the last few years, but at least gardeners can hope some of the bugs have been killed off.

There is not much to report about progress of the allotments at Mickley Lane. From my last conversation with Council Officers, I was told, there would NOT be a security fence round the site. This is not very helpful for those hoping to take a plot - crops and equipment will certainly be at risk. I used to grow vegetables in my front garden, but when my cabbages were used as footballs, even after all my hard work; I gave up and now grow shrubs instead. We finally managed to plant up the triangular herb bed in Green Oak Park. The weather was still not good, sunny but very cold. Y1 class from All Saints came with their teacher and helpers. The children took turns to dig and plant the herbs round the edges. They were helped by a team from Parks. Most of the children enjoyed the experience, especially the boys who liked finding worms and hiding them back under the soil. We all got very cold - even the parks staff. I am looking forward to seeing the pictures the children are going to do for us.

While we were busy planting, another Parks team were marking out the football pitch. The team who have been playing at Totley Bents have moved up to Green Oak Park, because the roof of the Pavilion is damaged and the building is to be dismantled.

The weather has affected work across the City. Park teams are about eight weeks behind with winter work. Some felling and planting of new trees is still to take place in our park. We have plans to make further improvements. Hopefully from April onwards, part of the children's playground underneath the swings will be re-surfaced, a sand pit will be added in the corner and painting will take place.

from page 1 With all the cuts that are happening across all Council Departments in the City, we must help ourselves or nothing will get done. So we need help with the painting, the paint will be provided and Park Rangers will be on hand, so health and safety regulations are covered. If you are a parent or grandparent who takes youngsters to the playground we need you to help, details later. For the older children it is hoped a climbing boulder and a zip wire will be put into the park. The boulder was top of the list; the zip wire was third after the public consultations which have taken place in the past.

Council policy means, that before equipment can be ordered, three quotes have to be obtained. A team of people made up of Friends, Parks and Councillors then make the decision of what to buy. Health and Safety Regulations come into everything and stringent rules must be adhered to. The sad news is the much loved aeroplane in the children's playground is now considered unsafe and needs to be replaced. New benches and picnic tables are also planned.

Those of you who have been down to the Totley Rise shops will have noticed the frame of the "new" bus shelter at the corner of Glover Road. It isn't new but re-cycled from Mather Road. The shelter had been smashed up and repaired so many times; it has been removed and put up in Totley. There is just one problem, the shelter was erected on 1st February, but still has no glass! I suppose, as we have been waiting for well over six years we can wait a little longer. Maybe by the time you read this the glass will be in.

The other two are still waiting to be turned round. The owners of Hallfield Farm on Strawberry Lea Lane are applying for retrospective planning permission for the lights down the drive, CCTV masts and 2m high gates. The Peak District National Park (PDNP) enforcement office is inviting comments both before and after the application is made. Comments referencing 'Hallfield Farm, File No. P7025' to 'The Enforcement Officer, Hallfield Farm Totley, PNDP, Aldern Rd, Bakewell, DE45 1AE'. Their website is www.peakdistrict.gov.uk/planning

At the Pact Meeting on 8th February Inspector Craig Patchett told us the police box on Totley Brook Road is to be upgraded. Thanks to funding from the Community Assembly computers will be installed so Officers will be able to begin work in Totley, instead of going to Meersbrook first. They will also use the computers for reports etc.

The box will be staffed by Sergeant Tim Cross, PC Mark Wadsworth, PCSO Russell Hudson and PCSO Dale Garner. The police area has been reduced, so Mark is now responsible only for Dore and Totley. A great step forward, I have been asking for this to happen for ages. All three Pact priority areas for this month are in Totley. So I remind everyone again please ring up and report any concerns with Anti-Social behaviour. The Police do come even if you don't always see them. If the problem is serious you will hopefully receive a call back to discuss your concerns. The next PACT meeting is on Friday 5th March 6-8pm at Abbeydale St John's.

Finally I would like to remind you the next Ward Forum Meeting will be held in Totley Library on Wednesday 17th March at 7.30pm. This is your chance to make your views known to local Councillors. It is the turn of TRA to host the meeting, so I will be in the chair.

I look forward to seeing you there. Avril Critchley, Chair TRA

CHESHIRE CHAT

Just writing to say thank you to Phil Knight ex landlord of the Crown pub for his kindness in letting us have a collection for the Jim Biggin memorial garden that we are planning at Mickley Hall this year. Although it was Phil's last few days at the pub he asked his regular customers and those who knew Jim if they would contribute. He raised £55 for us to add to the money we have collected at Mickley Hall so we will be able to plant up a nice little garden in memory of Jim. So once again a big thank you to Phil and everyone who contributed. We will let you know when we are opening Jim's garden and hope you will join us.

There has been a change to the entertainment on St Davids Day on March 1st Instead of the Barber Shop Singers we will be entertained by Nigel Bain, accoustic guitar playing songs from the 50s, 60s and 70s.at 7pm. The lunch is still from 12 noon \pounds 3.

Also we wish to remind people that Mickley Hall is part of the Leonard Cheshire organisation.

Ann Lee Volunteer Support Group

Folk at The Fleur grows into Folk at the Oak

It is with sadness that following the recent closure of the Fleur de Lys, the thriving Folk Club has had to find a new home.

From this month the Folk Night will be at the Hearts of Oak in Dronfield Woodhouse and become 'Folk at the Oak'.

The times remain unchanged – every 2nd Tuesday in the month at 8.30pm. We'd love see all our Totley friends at the new venue.

Totley Foxes

From the last issue. Plenty of them, some I remember well. 'Whale Ho' I believe was a special during the war. Bart - Nellie - Edith. Jack a character who lived in a shanty hut in No 1 FIP (Totley Tunnel spoil heap) and of course lots of girls - Betty, Dorothy, Jean and of course the Barlow Hunt could always find a few more where the meet was held every Boxing Day at The Crown Inn (Annie Bower was the landlady). J W Abson

TOTLEY ALL SAINTS SCHOOL RE UNION

PLEASE NOTE CHANGE OF VENUE

At the Shepley Spitfire, Mickley Lane, Totley on Monday 29th March from 8pm onwards

For pupils who left school around the late 1940s early 1950s. We look forward to seeing as many old pupils as possible

Puzzle Corner

How Many Words?

Recently I wondered about the number of words which would be made from the letters of a particular word. For example, from AT we could make A, AT and TA and from TEA we could make A, AT, ATE, EAT, TA, TE and TEA

So far my best effort has produced 41 words using the letters in PLATE. Readers may want to try to beat this total using this or any other S letter word. Don Ashford



Transport 17

The Transport 17 AGM will be held on Monday 29th

March in Totley Library at 7 pm. We used to do refreshments but people seemed to want to scuttle home in the dark to their homes. If anyone is desperate for refreshments, I am sure that we can help them.

It has been an up and down time as far as the weather goes. The recent 2 week closure of our office and buses not going out was a record. Many of the side roads were very bad and passengers and clubs were worried about people falling. Hopefully, although we are having snow showers as I write this we are managing to get out and about. Thanks to all T17ers.

Michael Finn is our Project Manager. He has to keep the buses in good nick and organise the routes for all the clubs. He does this in such a way that the mileage is fair and passengers can be put on and off the buses on the right side of the roads, especially if they are in wheelchairs.

We service many clubs a day. A certain amount of time is allocated to each. Like most of us, our passengers are sometimes a bit slower and more frail than they were. We have club times to keep to but if a passenger is unwell or cannot be found, there is no way that we would abandon them. I would ask people to have patience if this happens because one day it could be you.

If club leaders want to add to their passenger lists they must speak to Michael. He will look at the logistics and decide if it is possible. He will then let the club know and the new passengers will be put on our passenger lists. These are in our buses for drivers and escorts to work from. It is very important that people let us know if they do not want picking-up. If there is a crisis on the morning of their club we are not hard hearted and will deal with it.

I hope that everyone will realise that we want to care for our passengers. That is why we do what we do. Keep safe.

Margaret Barlow

Feathered Friends

While we have all been grumbling about the cold weather and the heavy snowfalls we have had this year it does bring other benefits. The number of birds that have visited our bird table has been astonishing. We put scraps and seeds out every day and have reaped the benefits. We have had the usual blue tits, great tits, robins, and blackbirds but this year we have been visited by bullfinches, fieldfares and seven redwings. As soon as the snow melted they disappeared but it was exciting to shout my wife to look out of the window to see another beautiful visitor. She has been making fat balls this year, much better than the commercial ones and including ingredients such as niger seeds to attract finches and ground up nuts and seeds which should have gone into her muesli.

When we have a roast chicken we save the fat and soak stale bread in it. The birds love it. With spring not due on the horizon just yet it is important to carry on putting titbits out each day. Try it, it is so rewarding but remember you must do it every day as the birds get used to coming each day and will go elsewhere if you miss. Of course the birds have to compete with squirrels but they all seem to get enough. Alan Lee

Kate Reynolds / TOADS

It is with sadness that I have to advise you that my wife Kate was admitted into the Hallamshire Hospital on Sunday 24th January, having had a serious stroke. I am pleased to report that she is responding to treatment, but is still a long way from full recovery. This obviously prevents her from carrying out her duties as TOADS Secretary and Ticket Secretary for

the foreseeable future. Ticket sales will be taken over by another member, and details will be published in later **Independent** issues. May I take this opportunity to ask her "personal" patrons to continue their support of the Society through the new Ticket Secretary.

I would also like to thank the many people who have enquired about her, and I have shown her all the cards that have been sent, and passed on the goodwill messages received, to her in hospital.

Thank you all, Tony Reynolds

Holmesfield Flower Club

Are you interested in flower arranging? Holmesfield Flower Club was started over 40 years ago by the late Betty Haller for people who were interested to learn the art of flower arranging. The club is affiliated to the National Association of Flower Arrangement Societies (NAFAS) and membership is open to all. There is a regular programme of evening workshops with tutors and demonstrations by qualified NAFAS demonstrators. The club meets monthly between March and December at Holmesfield Village Hall - 2010 subscription £18. Anyone wishing to join our friendly club should contact Diana Holland Secretary) 0114 (Publicity 2377601 email mail@dianaholland.plus.com or come along to any meeting (3rd Wednesday of the month)

MICKLEY HALL

ST PATRICKS DAY

WEDNESDAY 17TH MARCH

7PM FREE ENTRY

FOOD £3



Councillor Surgeries

2nd Monday in the month 6.00-7.00 p.m., Totley Library, Baslow Road and 2nd Saturday in the month from 10.30 a.m. to 12.00 noon, Dore Old School Hall, Savage Lane, Dore Contact details: telephone 235 2289 Email: keith.hill@sheffield.gov.uk, colin.ross@sheffield.gov.uk or mike.davis@sheffield.gov.uk

TRA Website:- www.totley.org.uk

SPEED ZONES

20mph limits Residential Roads ?

A public forum in the Town on 28-Jan heard a Hall presentation by visiting speaker Rod King on the national upsurge of interest in 20mph limits for residential roads. Following a group discussion, a show of hands indicated overwhelming support for Sheffield Council to pursue this as a solution to



some of our traffic problems following consultation with local communities.

Rod King heads a national campaign "20's Plenty for Us" explained in their website www.20splentyforus.org.uk.

His informative presentation showed that Britain now lags behind most of Europe in creating safe environments in residential areas where road-users of all kinds, including cyclists & pedestrians, are not threatened by motor vehicles. Many towns in Europe have speed limits of 30, but kph, about 18.5mph. Official statistics show that cyclists & pedestrians are more likely to become road casualties in UK than in the rest of Europe. Nuisance to local residents by traffic pollution & noise is also taken more seriously.

He explained that trunk routes & urban arterial roads need expensive designs to keep road-users apart to avoid collisions. But in residential areas it's better to design roads to be shared by various users, and the most cost-effective way of doing this is to lower traffic speeds, which makes many of the other safety measures unnecessary. Also, less wear to road surfaces, and reduced pollution & noise means everyone wins. The effect on overall journey times is minimal, with over 75% of drivers in favour.

Why do we lag behind? Some of our local communities have been pressing for 20mph zones for years, but with little response other than stating Council policy, citing government guidelines, that 20mph signs had to be backed up with physical speed retarders, eg. road-humps, chicanes, etc, which made them costly. The Dept for Transport issues guidelines to advise local authorities, but these aren't firm regulations, and some have applied these more flexibly to cater for local requirements. 20mph zones are already installed in other parts of the UK where perhaps community influence is stronger than in large unitary authorities like Sheffield.

What's changed? The Dept for Transport has reissued its guidelines following successful 20mph zones in other areas without costly speed retarders, and now advises local authorities to consider these more widely to cater for community needs. But the decision would still rest with individual authorities.

How can you influence this? Community Assemblies have been set up in Sheffield to "put communities in the driving seat", but the jury is still out on how user-friendly & effective they've been. This article is intended to increase local awareness of this issue, and how others have resolved it. But what happens here may eventually depend on if & how the City Council consults us, and how many local residents respond.

If anyone wants more details, feel free to contact me via the editor. Alan Kewley.

RUN FOR LIFE Join the Run for All Life

This year, you can take part in an alternative fundraising event for cancer research.

Many people don't realise that much of the money they give to medical research charities will be used to fund animal experiments. Apart from captivity and the suffering, animal experiments often give misleading results that cannot be extrapolated to the human condition. Even different strains of the same animal species can give a different reaction to drugs and different experimental results. Investment in humane non-animal based research may therefore be the best use of resources and lead to faster medical progress.

Over the centuries, medical research has developed a heavy reliance on animals but today, with exciting fields such as stem cell technology and advanced computer modelling, this no longer has to be the case. Progress is being made into developing humane alternatives that are more relevant to the human condition.

Proceeds from the Run will go to the Dr Hadwen Trust for Humane Research, the leading medical research charity funding exclusively non-animal techniques to replace animal experiments, benefitting both humans and animals. Established in 1970 and celebrating its 40th anniversary this year, the Charity's portfolio of high quality, peer reviewed and innovative research still combines strict ethical principles with scientific excellence. To find out more about the work of the Dr Hadwen Trust, visit www.drhadwentrust.org.

The Dr Hadwen Trust relies solely on donations and is not government funded, so to help raise vital funds for their Cancer Research projects, there will be an off-road 5km and 10km run held in Ecclesall Woods on Saturday, 22nd May. You can help by taking part in this Run for All Life, by sponsoring someone else or by making a donation.

For further details email dawn.biram@virgin.net or tel 235 6907

Dawn Biram

THE WADDINGTON ALBUM

My great uncle Jim Waddington was an artist and during the period from 1900-1925 he painted sketches of the leading music hall performers whom he saw. Until now only a handful of people has seen them. Everyone has expressed sheer delight. "Wonderful, beautiful, fascinating, amazing" are the words used to express their reactions. Two people who can be regarded as experts are Ken Dodd and one of the Antiques Road Show valuers. On different occasions their views echoed the previous remarks adding that the sketches were stunning and unique. I have now decided to hold another exhibition for people to enjoy the sketches. Although many of the performers' names may mean nothing to us now, I hope that you will get pleasure from seeing copies of some of the originals in poster form at my exhibition at the Pomegranate Theatre Chesterfield between Wednesday 07 April and Thursday 29 April daily (except Sundays) between 9am and 10pm. Ken Dodd has seen the posters and made the following comments "The quality of the posters is superb and I commend them not only for their subjects but also for the artistry". I wish to record my thanks to the staff of the Pomegranate Theatre for all their help and support in giving me the opportunity to publish for a second time THE WADDINGTON ALBUM at the Pomegranate Theatre. Entry is free. James Powell

Animal kindness or cruelty??

When will people learn!! Once again we have had the visits and phone calls from the RSPCA. This time in relation to a horse being kept in one of our fields by Mickley Lane. Fortunately for us, in this case we were only providing a home for an older horse that belongs to a lady who had recently had a serious operation. The horse was moved from its previous home to that field so that it was a short walk from the owner's house for its daily inspection. Unfortunately, people could see it from Mickley Lane, and consequently have taken to denigrating the owner, complaining to the RSPCA, and dumping loads of concentrated feed into its field. The net result of this is three fold. Firstly, the people concerned have wasted both the time and the money of the RSPCA, as the horse was found to be in good health and condition. Secondly, the horse has now gone down with Laminitis as a result of it being overfed on nutrient rich concentrates. This is an excruciatingly painful condition that inflames the horse's hooves causing great distress to the animal whenever it puts its feet to the ground. Thirdly, the owner is fed up of being verbally abused, has had to call the vet incurring unnecessary expense, and has had to bring the horse into a stable in order to put it on a strict diet to cure its condition.

Why has all this happened? Simply because some people who call themselves 'animal lovers', have no understanding of how to look after some animals in order to provide them with a healthy environment and diet. Fresh air and water, freedom to roam, a few bushes for shelter and a limited supply of medium quality feed is all that horses and donkeys need to live a happy and healthy life style.

So please, you 'animal lovers', **do not feed** any horses, ponies or donkeys you see in the fields around here. I am sure that their needs are already being met. Please remember that by giving them extra food you can cause them to experience the excruciating pain of Laminitis, a condition that can be cured, but leaves the sufferers very susceptible to repeat attacks. Your good intentions could have the opposite effect resulting in animal cruelty rather than kindness. Edwin Pocock

MICKLEY HALL

MOTHERS DAY LUNCH

SUNDAY 14TH MARCH

12 NOON £4

AFTERNOON TEA 3PM



Hillfoot Road

It is good to see more contributors to the Independent.

I especially look forward to reading Jo Rundle's column and remember her as a radiant bride in Josephine Salt. A lasting memory of her is at her wedding at Totley Church where I was in the choir, I think the hymn we sang was 'the voice that breathed over Eden that earliest wedding day'. The last time I saw her brother Geoff was either RAF Bourne or RAF Tempsford. I had gone on a short flight with the American Air Force from Favensham in Suffolk.

Re the old photo of Hillfoot Road 1905, the photo does not show the top end of Hillfoot and the family home at no 1, the old 4 bed roomed farmhouse and later Post Office and our home from 1934. By then the chippy had moved to the purpose built brick building at the edge of The Fleur de Lys. It was owned and run by Mrs Cross and Tom Kirby, brother of Art Kirby. Mrs Cross of course being the mother of Tom and Art. Tom Kirby incidentally kept the wet fish shop next to the Abbeydale Cinema. During the war when there was very little fresh fish available, due to the U boats in the North Seas, whale meat sausage was battered and sold with chips, I don't know for how long. However, I have no doubt it was true.

It gave me an idea for the forties night we used to patron in Norfolk, a spoof menu being:-

Spam sandwiches Powdered egg (strangled) Bernard Manning – Whale meat Little and Large – Sausage and Whale Meat Vera Lynn – Whale Meat again Washed down with Adams Ale (water).

J W Abson

MUGGER IN THE JUG

Last October many of us were shocked that two elderly Totley residents were mugged, one on The Grove and one on Baslow Road. It made some people more wary of going out, for fear of something happening to them too, and it certainly shook his victims deeply.

So the news that the mugger – Kirk Anthony Bramall, aged 26 – has been caught and at the end of January was sentenced to 6 years in jail, has been greeted with great delight. It has made people feel safe again.

Totley wants to thank the police for their assiduous work in catching Bramall, who was originally from Longley, but had been living in Totley. He has a lengthy criminal record for dishonesty. His photo appeared in the Star and the Gazette in the week ending 6th February.

Time to Act

I think that our local councillors need to get off their backsides and help the Totley Community by giving us a Community Centre for all ages which includes people with learning disabilities to go to. I currently go down to Norfolk Park a lot as there is nothing in my area for me to go to. Why do other places come first instead of Totley? The TRA has successfully campaigned for better bus stops in the area to be accessible so come on local councillors give us action not just words or paperwork. Paul Savage

Celebrating Easter

Ideas and activities for celebrating Easter at home from members of All Saints Church, Totley

Recipe - Easter Biscuit Nests

These tasty and attractive custard biscuits are a recipe from Kate's Granny!

Cream 4oz margarine and 2oz sugar. Beat in one egg and a pinch of salt. Mix in 5oz SR flour and 4oz custard powder. Mix well. Roll out and use a small glass or cutter to cut circles. Make half your circle into hoops by cutting out the centre (I use a small bottle top). Bake for 15min or until light brown at 170C. When cold, sandwich a hoop on top of a circle with butter cream and decorate the top with butter cream and vermicelli. Place mini eggs inside the nests.

Easter Eggs

Eggs have been a symbol of creation for hundreds of years. Eggs have long represented the rebirth of the earth and the hope of Spring after the long winter. In Spring the earth bursts forth and is reborn just as an egg is full of new life. The Easter egg is also a symbol of the new life that Jesus can give us, and the hatching of a chick out of its shell reminds us of how Jesus broke the power of death when he rose from the tomb.

Children's Activities for Easter

There are lots of fun games and activities to enjoy at Easter. Here are some ideas based on eggs:

- Egg breakfasts Have a week of eggs for breakfast! Cook your eggs in as many different ways as possible: poached, hard-boiled, softboiled, fried, scrambled, eggy bread, egg mayonnaise.
- Egg dying hard boil your eggs in a pan of water with onion skins (for brown eggs) or red cabbage (for purple eggs)
- Egg rolling roll your eggs down a slope and see whose gets down first
- *Egg decorating* paint pictures on blown eggs, or stick on feathers, sequins or ribbons
- *Egg hunting* hide chocolate eggs around your home or garden.

Did you know?

The first chocolate Easter eggs were made in Europe the 19th Century. The goldsmith, Peter Carl Faberge, created the most famous decorated Easter eggs. He was hired by the Russian Czar Alexander to make a special Easter gift for his wife. His eggs had an outside shell of platinum and opened to reveal a smaller gold egg which opened to reveal a golden chicken and jewelled replica of the Imperial crown. Altogether he made 57 of these eggs.

An Easter Prayer

Ever-living God, help us to celebrate our joy in the resurrection of Jesus. Let us show our joy in our lives and share it with those we meet. Amen.

Easter at All Saints

If you'd like to celebrate Easter by coming to church, there are a number in Totley to choose from! Here are details of services at All Saints - you would be very welcome:

- Palm Sunday
 Sunday 28th March at 10am
- Good Friday Meditation
 Friday 2nd April 12noon –1.30pm
- Easter Day Family Communion Service Sunday 4th April at 10am
- Easter Day Evening Communion Service Sunday 4th April at 6.30pm



Easter Egg Give Away!

We will be giving out Easter eggs outside the Co-op on Saturday 3rd April from 9.30am to Noon.

Kate & Chris Caroe, Gay Riley

Mickley Lane Allotments Proposal

Proposed Allotments Mickley Lane, Totley Indicative Design

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Over the last year Sheffield City Council has been working to secure a new allotment site within Dore and Totley, in recognition of the significant demand that exists in this area. After exploring a number of possible sites, we believe there is an opportunity for the Council to create this new allotment site off Mickley Lane (opposite the Cheshire Home).

The indicative layout of the site is detailed in the attached plan. The proposed site will have parking, water and approximately 70 -80 plots. It will be an open site (as is common on a number of sites across Sheffield) without high palisade security fencing and the plots will be on average between 100 and 130 meter squared in size. Should a decision be made to progress with the Mickley Lane site we are confident that the plots will be ready by Summer 2010.

The proposed layout will enable sledging to continue to take place at this popular venue and will still allow parking for the Cheshire Homes annual events in the field to be retained. The public footpath will also remain unaffected.

We are proposing initially to allocate the plots on the new site through the use of the waiting lists for Francis Fields and Vicarage Lane. Letters have been sent to all those on the respective waiting lists, informing them of this proposed site. As a result of these letters 70 people have expressed a wish to have a plot at Mickley Lane. Following this initial

allocation, the usual Council waiting list procedure will apply to the site.

Totley Brook

1. Allotment area

4. Car parking

8. Access point

6. Footpath

We are still in the consultation phase of this proposal, so should you wish to make any comments please contact the Allotments Office through the address below

Allotments Office Sheffield City Council Meersbrook Park Brook Road Sheffield, S8 9FL

Email: - pwc.allotments@sheffield.gov.uk Chris Heelev

Community Services Manager, Parks and Countryside

Puzzle Corner My solution to How Many Words?

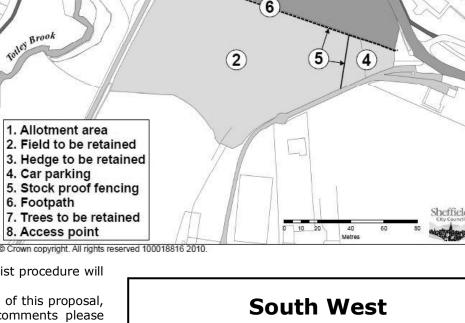
A, ALE, ALP, APE, APT, AT, ATE, EAT, LA, LAP, LAT, LATE, LEA, LEAP, LEAPT, LEAT, LET, PA, PAL, PALE, PALET, PAT, PATE, PEA, PEAL, PEAT, PELT, PETAL, PLAT, PLATE, PLEA, PLEAT, TA, TAEL, TALE, TAP, TAPE, TE, TEA, TEAL Don Ashford

South West **Community Assembly** Update Dore & Totley's 3 Ward Councillors have been busy

consulting local groups on highways proposals for the Ward. These will be tabled at the next Ward Forum Group meeting on March 17 (7.30pm. at Totley Library). They will then go forward to the Community Assembly public meeting on April 28.

Can I urge residents and local groups to contact their local Councillor if they have suggestions? On another front the annual "Community Chest" has

been able to allocate funds to community groups and luncheon clubs in the ward. Upwards of £7,000 was directed towards activities ranging from Chairobics, outing costs, park benches and planters to shed alarms and to environmental improvements etc. We hope to repeat the exercise later in the year. Keith Hill (Cllr.)



Totley Lane

GARDENING TIPS FOR MARCH

I managed to get a couple of hours digging in the veg plot the soil is very good so it was not very heavy going, though I do have to be careful, can't give the old back too much strain. I just do a small piece at a time, I have to get it ready for top dressing with the necessary composts and fertilisers. I still have a fair bit to dig yet should be completed by the end of Feb. It was a bit murky and started to drizzle a bit, the old robin kept me company, he was busy picking up worms etc. The garden generally is a bit sad looking after the snow I have not managed to tidy up yet more snow is forecast for this week (Feb 8th), and the long range forecast is not very good so it looks as though we might be a bit late with making things shipshape. The spring bulbs are just showing through and the snowdrops are well on their way no flowers yet but it won't be long before they give us the first herald of spring with their little nodding heads of white and green lanterns.

The ponds are still nice and clear the fountains and filters have done a great job over the winter they looked quite spectacular when all the surrounding droplets on the net cover froze over they looked like miniature crystal chandeliers with the small icicles hanging into the water.

March a month which gardeners have to be very careful taking measures to counter any adverse weather conditions particularly when new growth is starting in the greenhouse - a good sunny day can ruin a fuchsia plant if it's not given shade and ventilation. It does not take long for the temperature to rise dramatically and seedlings do not take kindly to these high temperatures - a sudden drop in temperature can be just as devastating, so be extra vigilant during this month bearing in mind all of the above.

Your seeds should have arrived by now and your trays and pots etc washed and sterilised ready for planting seeds in the lovely warm greenhouse, you will have to wait a little while if you do not have heat. They soon catch up if we have a nice warm springtime.

It's snowing now so the forecast was right, I got my bit of digging done just in time, the rest will just have to wait. Heh-ho I will have to be content just talking to my plants in the greenhouse and putting my feet up with a seed catalogue and a nice cup of tea, never mind eh....

FLOWERS

Bed out Wallflowers, Forget-me-nots and other spring bedding plants. Plant autumn sown sweet peas, spread out the roots as you plant and work fine soil around them, firming it thoroughly with the knuckles. March is a good time to sow hardy annuals, providing the soil is in reasonably good condition, sow thinly in growing position, cover the seeds with fine soil to about twice their own depth, try Convolvulus minor, cornflower, clarkia, calendula, godetia, larkspur etc. Plant gladioli and montbretias, make successional plantings over about 1 month or six weeks, this will lengthen the flowering period. Start montbretia into growth first in trays filled with a mixture of peat & sand and very little compost. Cover and place in frame until growth appears transfer them to growing position about 4 - 5 inches apart each way.

Prepare any vacant beds for planting; work in fertilisers such as Growmore, especially round herbaceous plants. Water newly planted perennials if (if) weather is dry. Deadhead daffodils. Keep a sharp look out for slugs and deal with them straight away with your favourite method of extermination. Lift and split up and replant overcrowded snowdrops. Towards the end of the month sow pansies & violas in nursery bed ready for flowering in the late summer and again next year. Penstemon that has over wintered in frames or greenhouse should be given full ventilation now.

VEGETABLES

Its a bit early to plant veg. outside in this area just yet, but you could plant a few seeds of cauliflower arid broccoli and other brasicas in a frame. Prepare the veg. plots ready for planting, test soil and correct any unbalance for they type of vegetables to be planted. Dig a trench, if not done already on the site designated for runner beans and fill with compost well rotted manure, so that it is ready for planting those prize -winning plants at the Totley Show.

Towards the end of the month sow broad beans and peas outdoors cover with cloches if it turns out cold.

TREES SHRUBS AND FRUIT

There's still time to spray apple and pear trees. Mulch between rows of raspberries with well rotted manure; this not only feeds the plant. It also protects the fine roots that are near the surface of the soil. Watch out for caterpillar and aphids and deal with them, as soon as they are seen. Firm in any newly planted trees and shrubs and those loosened by frost. Plant out heathers and deciduous shrubs. Prime autumn flowering shrubs that flower on the tips of new growth such as spirea, hardy fuschia, buddleia, also late summer flowering clematis. Cut out dead or diseased shoots or branches around the garden. Complete the planting of fruit trees & bushes.

GREENHOUSE AND INDOOR PLANTS

Don't forget to shade seedlings & young plants, and ferns needing protection from strong sunlight. Gradually increase watering and feed actively growing plants, tomato fertiliser is fine for this job. Top dress plants such as ferns and aspidistras with potting compost. Stop petunias and salvias at 4 - 6 leaf stage, pinch out tips of bush fuschia and geranium. Plant bulbs, corms and tubers such as begonias, gloxinias and hot weather plants. Repot Cacti towards the end of the month. As I have said many times before carefully watch ventilation, the sun in March can do more harm than good, particularly on young seedlings and plants. Take cuttings of bedding & greenhouse plants, fuschia, marguerite, pelagoniurn & heliotrope. Sow aubergines and capsicums for cultivation under glass you will need temperatures of 60- 65oF for these to germinate, Sow tomatoes 3rd week in March will make good sturdy plants for outdoors in June. Cannas and dahlias can be started into growth in heated greenhouses. Sow cucumbers in heated frame or greenhouse. Take leaf cuttings of African violets and Cape primrose, House plants like maidenhead fern, spider plant can be divided and repotted.

LAWNS

Deal with bare patches, repair edges by re-turfing or re-seeding. Operate and spike compacted areas. Keep newly turfed or sown areas well watered. Allow ground to settle before sowing at the end of the month, turf can be laid towards the end of the month, ground and weather conditions permitting. Cheerio for now Tom

8

Abbeydale Picture House

It is all hands to the deck this month as we are eagerly preparing for the new season of shows and events. We are busy sprucing up the Abbeydale, we plan to hopefully paint the floor in the auditorium and new push bars to emergency doors.

Rehearsals are well under way for the upcoming production by the Picture House Youth Theatre of "Bugsy Malone" which is due to take to the stage in May 2010. More details to follow.

While we wait for the warmer weather to reach the auditorium you can still have some fantastic entertainment in Bar Abbey which has a few special performances lined up as well as the usual monthly events like Keith Peter's Big Band, Northern Soul and Abbcom Comedy Night. On March 27th you can enjoy Burlesque dancing or on March 1st and April 5th you can fill your sense with Jazz at the Picture House with all the proceeds going to the restoration project.

That is all for this month but don't forget we are open every Saturday 10:30am – 12:30pm (except Bank Holiday Weekend or show days) serving coffee and home made scones in the foyer for only £1.

STILL TO COME IN 2010:

Northern Soul - February 13th. BAR ABBEY Keith Peter's Big Band - February 23rd. BAR ABBEY Abbcom Comedy Night - February 25th. BAR ABBEY Jazz at the Picture House - March 1st. BAR ABBEY Howard Walker Quintet

Sheffield's best kept secret. From early beginnings winning Opportunity Knocks with the Four Dons

Vocal Group, crooning around the world on QE2, now resident singer with Keith Peters Big Band, Howard has been a fixture of the Sheffield Music scene for 50 yrs. Hear the debut of his new quintet featuring his sons Chris & Kevin along with Piero Tucci & Phil Johnson.

PROCEEDS FROM THIS EVENT TO RESTORATION OF THE ABBEYDALE

Northern Soul - March 13th. BAR ABBEY Abbcom Comedy Night - March 25th. BAR ABBEY Burlesque - March 27th. BAR ABBEY Keith Peter's Big Band - March 30th. BAR ABBEY Jazz at the Picture House - April 5th. BAR ABBEY Alice Coulam

After touring with the Nick Ross Orchestra & the Len Phillips Big Band, Alice who now lives & works in London comes back to her Sheffield roots for a very welcome return appearance at the good old Picture House Jazz Club !

PROCEEDS FROM THIS EVENT TO RESTORATION OF THE ABBEYDALE

BUGSY MALONE. Performed by the PHYT. TBC OPEN WEEKEND – September 11th and 12. Join us to experience the magic behind the Abbeydale. Delve into the past and look towards the future of this magnificent building. Our highly experienced tour guides be with you every step of the way. FREE

BOX OFFICE 07775966106. WEBSITE: www.abbeydalepicturehouse.co.uk Ben Miller



ADULT LEARNING CLASSES FOR TOTLEY

In January, adult learning classes in Art, Yoga, Computers, Spanish, Digital Imaging and Local History

started in Totley. This is the first time that Totley has got such services, so it was a welcome development. However, the bad snow and unavoidably short notice for the start of the courses meant these classes were poorly attended, and so Art, and Digital Imaging have had to close.

But the good news is that all the classes, except Digital Imaging, will recommence for 10 weeks in the week beginning Monday April 19th.

So, if you are interested, please come along to the April classes, which will be as follows:

<u>Art</u> Mondays from 12-2pm (beginners) and 2-4 (intermediate) in the Heatherfield Club from Monday 19th April

Pa

Yoga Tuesdays 6.30pm at Abbeydale Sports Club from April 20th

Wednesdays 1pm at Abbeydale Sports Club from April 21st

Wednesdays 6.30pm from April 21st venue to be confirmed

<u>I.T.</u> Thursdays 5-7pm (beginners) at King Ecgbert School from April 22nd Thursdays 7-9pm (intermediate) at King Ecgbert School from April 22nd

<u>Spanish</u> Thursdays 6-8pm at King Ecgbert School from April 22nd <u>Local History</u> Fridays 10-12am at Totley Primary School from April 23rd

King Ecgbert School are keeping a list for the courses to be run there - number is 0114-235-3855. All others are bookable through Glynn Stones via glynn.stones@sheffield.gov.uk or phone 07764661181

If you have any queries, or want courses that are not listed here, please contact your voluntary Learning Advocates Jennifer Burns Tel. 235-0071 jburnstotley@supanet.com

or Jennie Street Tel. 236-2302 jennie@hadish.f9.co.uk



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(*selected menu)

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SLIMMING WORLD

10 WAYS TO MAKE SURE IT WILL BE THE LAST TIME LOSING WEIGHT IS YOUR NEW YEAR RESOLUTION. THIS TIME MAKE IT LAST FOREVER

- Focus on your weight loss goal and prioritise it.
- 2. Be sure you really want to lose weight for yourself. Doing it to please someone else may only lead to short term weight loss.
- Take advantage of all the group support at your local Slimming З. World class. Even if you are not a 'joining in' person, you'll be surprised how motivating it is.
- 4. Accept that you will have ups and downs in your weight loss journey, and be forgiving of yourself if you hit a difficult patch.
- 5. Listen to your 'inner script' and make a conscious effort to talk to
- yourself in a positive, encouraging way. Keep up your interest in your healthy eating plan by trying new foods, new recipes, and new ways of using your Sins. This will help you avoid getting in to a dieting rut which can be boring and 6. demotivating.
- Be honest with yourself about what you are expecting from your 7. weight less and how you are getting -on with Food Optimising week by week. People who set unrealistic targets for weight loss or body shape are more likely to give up than those who set achievable targets and share their ups and downs.
- Go back to your class even after (especially after) you've had a weight gain. You will not be judged, just helped and supported. 8.
- 9 Keep setting new goals and rewarding yourself for milestones until you reach your target weight, and afterwards!
- 10 Don't put your life on hold until you've lost weight. You can still enjoy life and lose weight. Think of your dreams and ambitions and bring them to the fore. The positive feelings you get from starting to `live a little' can only help your motivation and your weight loss.

Group details:

Bradway Annexe, Thu 5pm & 7pm Dore Old School, Tues 5.30pm Tel: Alison Murphy 01246 410145 for further details

Transport Club, Greenhill Main Road - Tues 7pm The Michael Church, Lowedges - Wed 10am Norton Oaks Cricket Club, Mon 7pm Tel: Wendy 07773 095179 for further details

Pedometer Challenge

'Are you ready to step up to the pedometer challenge and see a big improvement in your health and fitness?'

At Totley Library you can loan a Pedometer and Walk card to record the amount of steps you complete on a daily basis. The Pedometer's are really easy to use, and should be worn over the hip for a true recording.

If you want any more information or help regarding the Pedometer Scheme then please contact Activity Sheffield on 0114 273 4266 and guote the Totley Library Pedometer Scheme.

PhysioFOCUS

at Totley Rise Dental Practice 85 Baslow Road, Sheffield, S17 4DP



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- Sports injuries
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- Joint and muscle pain
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- Whiplash
- Repetitive strain injury
- Headaches

Appointments: 0114 2360333

Also available:

- Pilates classes Pilates 1-2-1
- Golf Fitness Screening (as used by consultants to UK, European and Australian PGAs)

For more information please call: Emer on: 07792 422909 Rachel on: 07956 908454

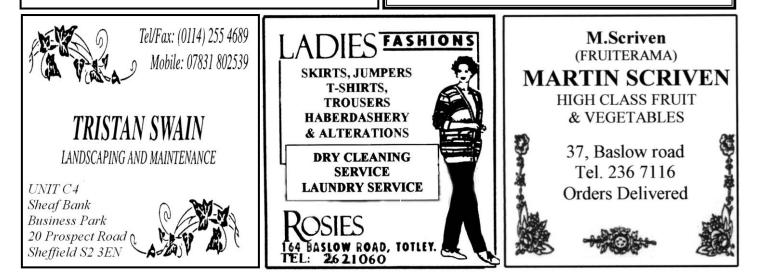
Would you like someone to

Type letters? Pay bills? Help record family memories? Sort and file papers? Prepare an inventory? Anything else ???

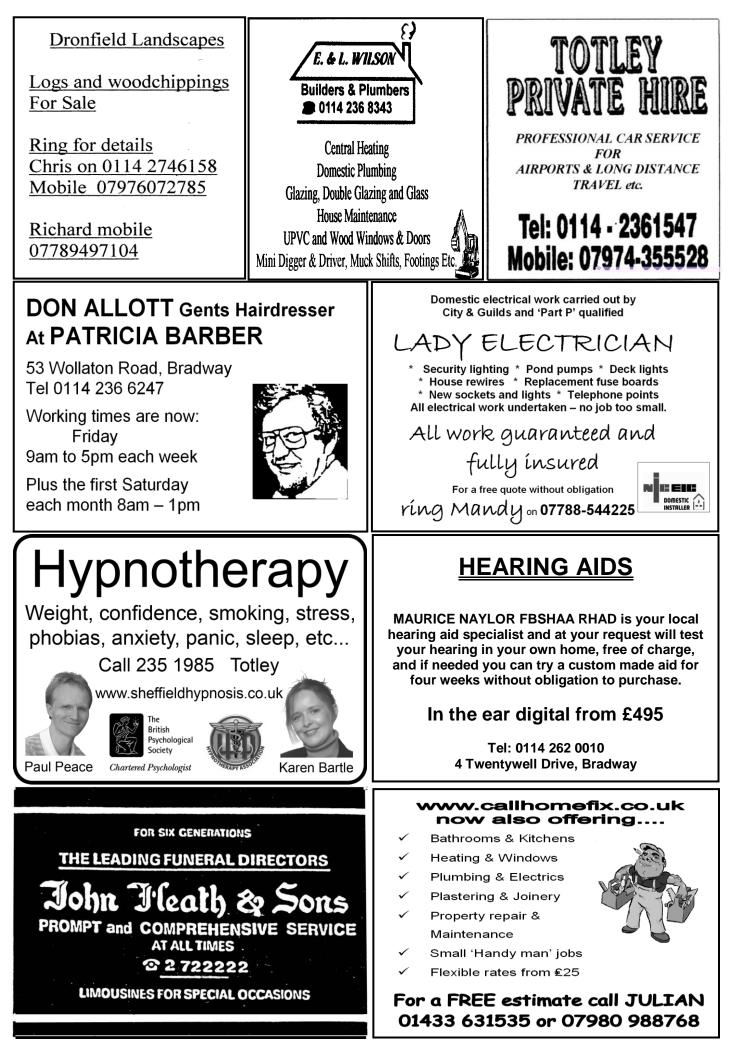
Then you should call

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MONDAYS COFFEE MORNING, All Saints' Church Hall, 10am-noon TAI-CHI, All Saints' Church Hall, 11.30am-12.30pm				
	ANTE NATAL PILATES,	United Reformed Church, 6.30-7.30pm, Phone	e Emer Coffee 07792 422909	
RAINBOWS and GUIDES, All Saints' Church Hall, 5.45pm-9pm TUESDAYS COFFEE MORNING . Totley Rise Methodist Church Hall, 10am-noon WOODSEATS ADVICE CENTRE . Drop in service, free, impartial, and c CRAFT GROUP . Totley Library, 2pm				
			confidential. TR Methodist Church, 10am-noon	
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	MODERN SEQUENCE D	E DANCING. All Saints Church Hall, 8pm-10pm		
THURSDAYS	CHAIROBICS. Totley Lik NCT COFFEE GROUP FO	For mums & babies/toddlers, meeting in		
	various locations, Phone	nail: sally@spearings.me.uk)		
PUSHCHAIR CLUB . Totley Rise Methodist Church Hall. 1.30pm-3pm. T PILATES CLASS , United Reformed Church, Totley Brook Road, 6.15pm			-7.30pm, Phone Emer Coffee 07792 422909	
FRIDAYSPILATES, The Old School, Dore, 10.45-11.45am & 12-1pm. Phone Teresa Tinklin 07906 312372SATURDAYS.MODERN SEQUENCE DANCING. All Saints Church Hall 2 nd . And 4 th . Saturdays 8pm-10pm				
MARCH 2010 MON 1 st ST DAVIDS DAY LUNCH, Cheshire Homes, 12-2pm, £3, 236			TOTLEY INDEPENDENT FOR	
9952 for more information			APRIL 2010	
SAT 6th SATURDAY NIGHT LIVE, Viki France, Heatherfield Club. 8.30pm.			The next issue of the Totley	
Come & play Bingo & Play Your Cards Right. Non-members welcome SUN 7 th CASTLETON FARMERS MARKET, the Village Hall, 10am-3pm			Independent will be available from the	
TUE 9 th FOLK AT THE OAK, Hearts of Oak, Dronfield, 8.30pm, all welcome			usual distribution points on	
THU 11 th SHEFFIELD FARMERS MARKET, 9am-4.30pm, Barkers Pool SUN 14 th MOTHERS DAY LUNCH, Cheshire Homes, 12noon, £4, Afternoon			SATURDAY 3rd April 2010	
tea 3pm, 236 9952 for more information TUES 16 th TOTLEY TOWNSWOMEN'S GUILD, 'What Makes You Laugh?',			COPY CLOSE DATE for this issue	
Canon Trevor Page, Totley Rise Methodist Church Hall, 10am			will be	
WED 17th ST PATRICKS DAY, Cheshire Homes, 7pm, free entry, food £3, 236 9952 for more information			SATURDAY 20th March 2010	
WED 17 th WARD FORUM, Totley Library, 7.30pm. All welcome			Editor: Ian Clarke	
WED 17th HOLMESFIELD FLOWER CLUB AGM Holmesfield Village Hall, 7.30pm, followed by a social evening with light supper at approx 8.15pm.			Email: editor@totley.org.uk	
New prospective members very welcome at the social, a good opportunity to			Tel. No: 235 2526	
find out more about the club. Photos of past work will be on show SAT 20th SATURDAY NIGHT LIVE, Ray David, Heatherfield Club. 8.30pm.			Advertising & Distribution:	
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THU 25 th SHEFFIELD FARMERS MARKET, 9am-4.30pm, Barkers Pool MON 29 th TRANSPORT 17, AGM, Totley Library 7pm			sent to:	
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